

Herefordshire Primary Headlines

	Herefordshire		
	Yr 4	Yr 5	Yr 6
Boys	243	269	273
Girls	216	250	257



Background

ETHNICITY

86% of pupils described themselves as White British.

SPECIAL NEEDS

6% of pupils said they have a disability, long-term illness or health problem (which they have had for a year or more) which stops them doing everyday activities.

FAMILY

67% of pupils responded that they live with their Mum and Dad together.



14% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

LIVING IN HEREFORDSHIRE

85% of pupils said they were either born in Herefordshire or moved here before they were 5 years old.

FREE SCHOOL MEALS

10% of pupils responded that they get free school meals, while 28% said they 'don't know' if they do and 4% said they could get them if they wanted.

Y6 ONLY: YOUNG CARERS



10% of Year 6 pupils said they look after someone in their family at home at least 'every week', while 27% said they 'sometimes' do.

Of the 56 Year 6 pupils who said they look after someone at home at least 'sometimes', 18% said their school knows about the caring they have to do at home and 36% said it doesn't.

2% of Year 6 pupils said they look after family members at home every week because they are ill or have a physical disability.

1% of Year 6 pupils said having to look after family members affects their school work, while 1% said they 'don't know' if it does.

Of the 56 Year 6 pupils who said they look after someone at home at least 'sometimes', 9% said doing so affects their school work and 80% said it doesn't.

2% of Year 6 pupils said having to look after family members stops them doing the things they want to do, while 2% said they 'don't know' if it does.

Of the Year 6 pupils who said they look after someone at home at least 'sometimes', 20% said doing so stops them doing the things they want to do and 63% said it doesn't.

8% of Year 6 pupils said they are happy about the caring they have to do at home, while 0% said they 'really don't want to do it'.

Of the Year 6 pupils who said they look after someone at home at least 'sometimes', 75% said they are happy about it and 0% said they 'really don't want to do it'.

Food and Drink

BREAKFAST

4% of pupils responded that they didn't have anything for breakfast or before lessons on the day of the survey, while 9% said they had a cooked breakfast.



4% of pupils responded that they only had a drink for breakfast or before lessons on the day of the survey.

31% of pupils responded that they had toast or bread for breakfast or before lessons on the day of the survey, while 11% had fruit.

DRINKS

33% of pupils responded that they drank at least one hot drink with sugar on the day before the survey, while 45% said they had at least one (non-hot) sugary drink.

LUNCH

33% of pupils had a school lunch on the day before the survey, while 66% said they ate a packed lunch.

0% of pupils said they didn't have any lunch on the day before the survey.

FOODS

51% of pupils responded that they eat vegetables 'on most days', while 57% said the same of fresh fruit and 37% said they eat crisps 'on most days'.

12% of pupils responded that they 'rarely or never' eat vegetables; 8% said the same of fresh fruit.

5-A-DAY

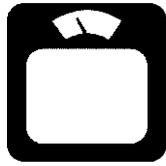
10% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

22% of pupils responded that they ate at least 5 portions of fruit or vegetables on the day before the survey.



69% of Year 6 pupils said they have found information or education in school about healthy eating 'quite' or 'very' useful.

Y6 ONLY: WEIGHT



3% of Year 6 pupils responded that they would like to put on weight.

35% of Year 6 pupils responded that they would like to lose weight.

62% of Year 6 pupils responded that they are happy with their weight as it is.

Dental Health

77% of pupils responded that they cleaned their teeth at least twice the day before the survey.

3% of pupils responded that they did not clean their teeth at all on the day before the survey.

46% of pupils said they have visited the dentist since they went back to school in September.

3% of pupils responded that they have never been to the dentist.

83% of pupils said they had a check-up the last time they visited the dentist, while 23% said they had fillings.

Physical Activity

ACTIVE TRAVEL

37% of pupils responded that they walked/scootered to school on the day of the survey.

59% of pupils responded that they travelled to school by car/van on the day of the survey.

33% of Year 6 pupils said they didn't walk or cycle to school on the day of the survey because they live too far away.

EXERCISE

3% of boys and 3% of girls responded that they didn't do any physical activity in the week before the survey.

58% of boys and 51% of girls responded that they did physical activity on five days or more in the week before the survey.

15% of pupils responded that they didn't do any hard exercise which doing physical activity in the 7 days before the survey.



20% of pupils responded that they did hard exercise while doing physical activity on at least 5 days in the 7 days before the survey.

17% of pupils responded that they didn't do any hard exercise while doing physical activity for an hour or more in the week before the survey.

13% of pupils responded that they did hard exercise while doing physical activity for an hour or more on at least 5 days in the 7 days before the survey.

Leisure Time

72% of pupils responded that they went to parks or open spaces in their free time outside school in the last 4 weeks, while 48% said they went to a

sports club or class (not school lessons or just watching).

15% of pupils said that being too busy with other things stops them from taking part in out of school activities like clubs; 58% said nothing stops them



Y6 ONLY: VIEWS AND OPINIONS

29% of Year 6 pupils think giving their views makes 'quite a lot of' or 'a big' difference to life in school.

29% of Year 6 pupils think giving their views makes 'no difference to what happens' to life in school.

Y6 ONLY: VOLUNTEERING

46% of Year 6 pupils said they have taken part in at least some volunteering outside school over the last six months; 27% said they have done at least 'once a month' (incl. 'at least once a week').

BELONGING



82% of pupils responded that they 'fairly' or 'very' strongly feel that they belong to their school; 73% said the same of belonging to their neighbourhood.

Y6 only: Alcohol, Tobacco & Drugs

SMOKING

1% of Year 6 pupils said they have smoked in the past or smoke now.

0% of Year 6 pupils responded that they at least 'occasionally' smoke.

0% of Year 6 pupils responded that they have smoked cigarettes in the last 7 days.

VAPING

96% of Year 6 pupils responded that they have either never vaped/used e-cigarettes or don't know what they are.

0% of Year 6 pupils responded that they vape/use e-cigarettes at least 'sometimes' (more than once a month).

ALCOHOL

14% of Year 6 pupils responded that they have had a whole alcoholic drink (not just a sip).

2% of Year 6 pupils responded that they had an alcoholic drink (not just a sip) in the last 7 days.

89% of Year 6 pupils responded that they do not drink alcohol (or have never drunk alcohol).

10% of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 0% said their parents 'usually' know.

This works out as 89% of those who drink alcohol responding that their parents 'always' know.

1% of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.



This works out as 8% of those who drink alcohol responding that their parents 'never' or only 'sometimes' know.

53% of Year 6 pupils said they have found information or education in school about drug education (incl. alcohol and tobacco) 'quite' or 'very' useful.

Emotional Health & Wellbeing

HAPPINESS



12% of pupils responded that they are 'not happy at all' or 'not very happy' with their life at the moment.

76% of pupils responded that they are 'quite' or 'very' happy with their life at the moment.

WORRYING

81% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'; 28% of boys and 32% of girls worry about more than 5.

23% of pupils responded that they worry about school-work problems or exams and tests 'quite a lot' or 'a lot', while 27% worry about the way they look.

PROBLEM SOLVING

26% of Year 6 pupils responded that they watch TV, DVDs or online videos when they have a problem, while 63% said they talk to someone about it.

STIRLING CHILDREN'S WELLBEING SCALE

4% of pupils had a low score (6 – 11) on the Stirling Positive Outlook Sub-Scale; 19% had a med-low score (12 – 17).

32% of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

5% of pupils had a low score (6 – 11) on the Stirling Positive Emotional State Sub-Scale; 21% had a med-low score (12 – 17).



28% of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.

17% of pupils had a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

26% of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

4% of pupils had a low score (12 – 23) on the Stirling Children's Wellbeing Scale; 21% had a med-low score (24 – 35).

11% of pupils had a score of 12 – 30; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.

27% of pupils had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

RESILIENCE

19% of pupils had a low measure of resilience (up to 16).

24% of pupils had a high measure of resilience (24+).

61% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 24% said they get upset and feel bad for ages.

67% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 51% ask for help and 10% give up.

48% of pupils said they 'never' give up if at first they don't succeed.

Y6 ONLY: WORRY AND ANXIETY

13% of Year 6 pupils said worry and anxiety don't affect their life 'at all', while 55% said it doesn't affect them much and they can 'usually deal with any feelings of worry'.

31% of Year 6 pupils said worry and anxiety affects their life at least 'quite a lot' and stops them from doing things.

37% of Year 6 pupils said any feelings of worry or anxiety have got worse since the coronavirus happened.

10% of Year 6 pupils said any feelings of worry or anxiety have got better since the coronavirus happened.

TRUSTED ADULTS

79% of pupils said that, if they were worried about something, they know an adult they trust who they can talk to, while 6% said they don't.

61% of Year 6 pupils said they have found information or education in school about managing feelings and emotions 'quite' or 'very' useful.

Health and Safety

Y6 ONLY: WORRIES ABOUT SAFETY

25% of Year 6 pupils said they can remember being worried about their home being broken into during the last 12 months and 20% said they remember being worried about being verbally abused or threatened at home or in their local area.

16% of Year 6 pupils said they can remember being worried about someone damaging their belongings on purpose at school during the last 12 months and 20% said they remember being worried about being verbally abused or threatened at school.

FEELING SAFE

77% of boys and 62% of girls said they 'usually' or 'always' feel safe when socialising or playing games online; 83% said the same about being at school.

33% of pupils 'never' feel safe when doing out after dark in their local area.

82% of Year 6 pupils said they have found information or education in school about safety 'quite' or 'very' useful.

help from family and friends might help them to do better.

Bullying

36% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

9% of pupils responded that they 'quite' or 'very' often feel afraid of going to school because of bullying.



19% of pupils responded that they have been bullied at or near school in the last 12 months; 17% said they 'don't know' if they have been.

4% of pupils who completed the paper survey responded that they have bullied someone else in the last 12 months.

6% of pupils who completed the online survey responded that they have bullied someone else at school in the last 12 months.

8% of pupils responded that their school deals with bullying either 'not at all' or 'badly', while 18% said they 'don't know'.

52% of pupils responded that their school deals with bullying 'quite' or 'very' well, while 23% said that bullying is not a problem in their school.

14% of pupils think they have been bullied at or near school because of the way they look.

4% of Year 6 pupils think they have been bullied at or near school because of their sexuality; 1% think they have been because of their gender identity.

66% of Year 6 pupils said they have found information or education in school about bullying 'quite' or 'very' useful.

Internet Safety



85% of pupils said they go online to play games and 73% go online to watch videos, YouTube etc.

40% of pupils said they go online to chat/talk on social media; 53% said they go online to video chat.

96% of pupils said they have been taught how to keep themselves safe online (using the internet).

30% of Year 6 pupils said they have seen/received something online that was offensive, worried them or made them feel upset.

School

Y6 ONLY: SCHOOL LESSONS

66% of pupils said they have found information or education at school about PSHE (Personal, Social and Health Education) 'quite' or 'very' useful.

IMPROVEMENT

32% of pupils said more help from teachers might help them to do better in school; 22% said more