

The Herefordshire Wellbeing Survey 2021

A report for
SEND

The Schools Health Education Unit

www.sheu.org.uk

SHEU

School Survey Report 2021

SEND compared with Non-SEND

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.


SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
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Dr. David Regis
Research Manager
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Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your Survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits			
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	SEND					Non-SEND				
	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11
Boys	38	44	28	27	3	349	411	305	292	53
Girls	34	31	34	31	3	284	405	251	237	61

Please note that 26 (144) pupil(s) didn't specify whether they are male or female or preferred not to say/described themselves in some other way and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Please note that if the proportions of younger and older pupils, or boys and girls, are very different in your school sample compared with the wider sample, then you may need to consider this as a cause when looking at any differences between your school and the wider data. Many of the headline figures are broken down by age and gender in the main body of the report, which will give more context for interpretation. Please contact SHEU if you would like to discuss.

In the report, you may see '-' in the tables or text (e.g. '-%').

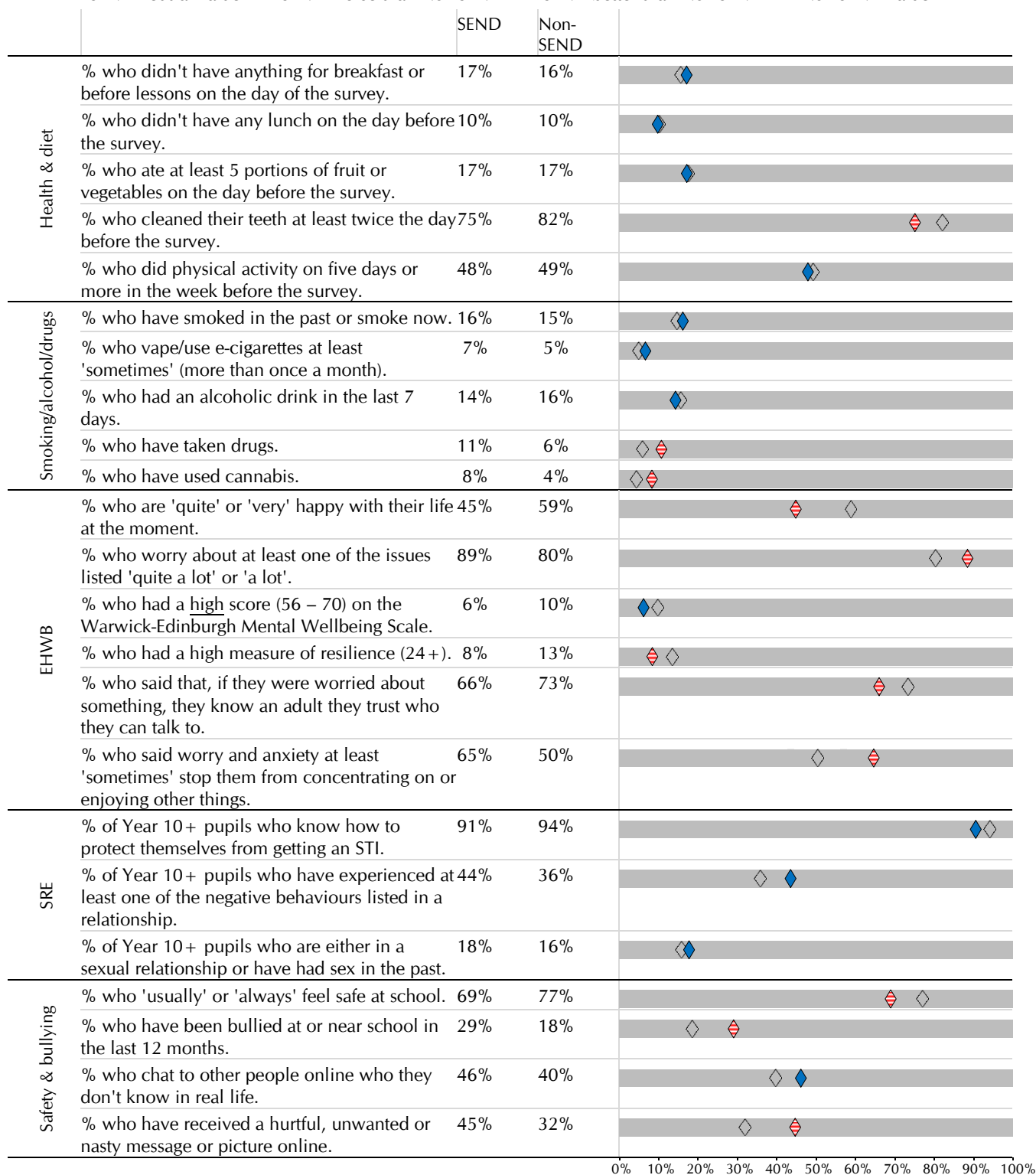
This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

Spine Charts

Key Findings

In the chart below a coloured diamond represents SEND's result, while the hollow diamond represents the figure for Non-SEND. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue).

◆ SEND neutral value ◆ SEND worse than Non-SEND ◆ SEND better than Non-SEND ◇ Non-SEND value



0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Top Differences

◆ School neutral value ◆ School worse than Borough ◆ School better than Borough ◇ Herefordshire Borough value

Top ten most positive results for SEND:

	School	Herefords hire	
% who had an alcoholic drink in the last 7 days.	14%	16%	
% who didn't have any lunch on the day before the survey.	10%	10%	
% who have never been to the dentist.	1%	2%	
% who ate at least 5 portions of fruit or vegetables on the day before the survey.	17%	17%	
% of Year 10+ pupils who are either in a sexual relationship or have had sex in the past.	18%	16%	
% of Year 10+ pupils who said they have had enough information and guidance about their options after Year 11, including apprenticeships.	29%	32%	
% who eat vegetables 'on most days'.	48%	49%	
% who did physical activity on five days or more in the week before the survey.	48%	49%	
% of Year 10+ pupils who have taken risks with sex after drinking alcohol or using drugs.	8%	6%	
% who have smoked in the past or smoke now.	16%	15%	

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Top ten least positive results for SEND:

	School	Herefords hire	
% who at least 'sometimes' feel afraid of going to school because of bullying.	48%	29%	
% who said any feelings of worry or anxiety have got <u>worse</u> since the coronavirus happened.	54%	38%	
% who are 'quite' or 'very' happy with their life at the moment.	45%	59%	
% who have been physically attacked at school in the last month.	14%	6%	
% who said worry and anxiety at least 'sometimes' stop them from concentrating on or enjoying other things.	65%	50%	
% who have been bullied at or near school in the last 12 months.	29%	18%	
% who have received a hurtful, unwanted or nasty message or picture online.	45%	32%	
% who said they have experienced at least three of the stressful/upsetting events either 'this year' or 'last year'.	19%	11%	
% who worry about at least one of the issues listed 'quite a lot' or 'a lot'.	89%	80%	
% who worry about school-work problems or exams and tests 'quite a lot' or 'a lot'.	53%	43%	

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

SEND Headlines

	SEND					Non-SEND				
	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11
Boys	38	44	28	27	3	349	411	305	292	53
Girls	34	31	34	31	3	284	405	251	237	61

Non-SEND data in brackets; see notes on interpreting differences.

Background

ETHNICITY

- 82% (83%) of pupils described themselves as White British.

SPECIAL NEEDS

- 100% (0%) of pupils said they have a disability, long-term illness or health problem (12 months or more) which stops them doing everyday activities.

FAMILY

- 53% (61%) of pupils responded that they live with their mum and dad together.
- 16% (14%) of pupils responded that they live 'mainly or only' with their mum, while 4% (2%) said they live 'mainly or only' with their dad.

LIVING IN HEREFORDSHIRE

- 86% (82%) of pupils said they were either born in Herefordshire or moved here before they were 5 years old.

FREE SCHOOL MEALS

- 17% (9%) of pupils responded that they get free school meals, while 8% (9%) said they 'don't know' if they do and 7% (2%) said they could get them if they wanted.

YOUNG CARERS

- 13% (10%) of pupils said they look after someone in their family at home at least 'every week', while 36% (34%) said they 'sometimes' do.
- Of the 144 (1202) pupils who said they look after family members at home, 6% (5%) said their school knows about the caring they have to do at home and 53% (56%) said it doesn't.
- 11% (5%) of pupils said they look after family members at home because they are ill or have a physical disability.
- 4% (2%) of pupils said having to look after family members affects their school work, while 8% (5%) said they 'don't know' if it does.
- Of the 144 (1202) pupils who said they look after family members at home, 9% (4%) said doing so affects their school work and 70% (81%) said it doesn't.
- 8% (5%) of pupils said having to look after family members stops them doing the things they want to do, while 9% (4%) said they 'don't know' if it does.
- Of the pupils who said they look after family members at home, 15% (12%) said doing so stops them doing the things they want to do and 63% (75%) said it doesn't.
- 29% (32%) of pupils said they are happy about the caring they have to do at home, while 4% (1%) said they 'really don't want to do it'.
- Of the pupils who said they look after family members at home, 58% (73%) said they are happy about it and 8% (2%) said they 'really don't want to do it'.

Healthy Lifestyles

BREAKFAST

- 17% (16%) of pupils responded that they didn't have anything for breakfast or before lessons on the day of the survey, while 5% (7%) said they had a cooked breakfast.
- 13% (12%) of pupils responded that they only had a drink for breakfast or before lessons on the day of the survey.
- 24% (24%) of pupils responded that they had toast or bread for breakfast or before lessons on the day of the survey, while 12% (10%) had fruit.

DRINKS

- 37% (37%) of pupils responded that they drank at least one hot drink with sugar on the day before the survey, while 59% (49%) said they had at least one sugary drink.

LUNCH

- 42% (38%) of pupils had a school lunch on the day before the survey, while 43% (47%) said they ate a packed lunch and 5% (3%) bought lunch from a takeaway or shop.
- 10% (10%) of pupils said they didn't have any lunch on the day before the survey.

FOODS

- 48% (49%) of pupils responded that they eat vegetables 'on most days', while 37% (44%) said the same of fresh fruit. 30% (26%) said that they eat crisps 'on most days'.
- 7% (8%) of pupils responded that they 'rarely or never' eat any meat; 10% (8%) said the same of fresh fruit.

5-A-DAY

- 15% (10%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 17% (17%) of pupils responded that they ate at least 5 portions of fruit or vegetables on the day before the survey.
- 44% (49%) of pupils said they have found information or education at school about how to cook or prepare a meal 'quite' or 'very' useful, while 10% (10%) have found it 'not at all useful' and 20% (15%) couldn't remember any.

WEIGHT

- 11% (8%) of pupils responded that they would like to put on weight.
- 53% (44%) of pupils responded that they would like to lose weight.
- 36% (48%) of pupils responded that they are happy with their weight as it is.

HEALTHY CHOICES

- 76% (75%) of pupils said they 'quite often' or 'very often/always' consider at least one of the things listed when choosing what to eat or drink.
- 47% (48%) of pupils said they at least 'quite often' consider how healthy the food/drink is for them when choosing what to eat or drink.

DENTAL HEALTH

- ❑ 75% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 3% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 49% (55%) of pupils said they have visited the dentist since they went back to school in September.
- ❑ 1% (2%) of pupils responded that they have never been to the dentist.
- ❑ 89% (89%) of pupils said they had a check-up the last time they visited the dentist, while 18% (14%) said they had fillings.

ACTIVE TRAVEL

- ❑ 39% (36%) of pupils responded that they walked/scootered to school on the day of the survey.
- ❑ 40% (39%) of pupils responded that they travelled to school by car/van on the day of the survey.

EXERCISE

- ❑ 2% (3%) of boys and 5% (3%) of girls responded that they didn't do any physical activity in the week before the survey.
- ❑ 55% (55%) of boys and 43% (45%) of girls responded that they did physical activity on five days or more in the week before the survey.
- ❑ 21% (14%) of pupils responded that they didn't do any hard exercise which doing physical activity in the 7 days before the survey.
- ❑ 10% (14%) of pupils responded that they did hard exercise while doing physical activity on at least 5 days in the 7 days before the survey.
- ❑ 19% (16%) of pupils responded that they didn't do any hard exercise while doing physical activity for an hour or more in the week before the survey.
- ❑ 7% (11%) of pupils responded that they did hard exercise while doing physical activity for an hour or more on at least 5 days in the 7 days before the survey.
- ❑ 47% (55%) of pupils said they have found information or education at school about physical activity 'quite' or 'very' useful, while 8% (8%) have found it 'not at all useful' and 14% (10%) couldn't remember any.

Be Part of the Community

LEISURE TIME

- ❑ 69% (73%) of pupils responded that they went to parks or open spaces in their free time outside school in the last 4 weeks, while 42% (45%) said they went to a sports club or class (not school lessons or just watching).
- ❑ 34% (57%) of pupils said nothing stops them taking part in out of school activities like clubs.
- ❑ 22% (18%) of pupils said they're too busy doing other things to take part in out of school activities like clubs, while 15% (15%) said none of their friends go.

VOLUNTEERING

- ❑ 35% (34%) of pupils said they have taken part in at least some volunteering outside school over the last six months; 21% (20%) said they have done at least 'once a month' (incl. 'at least once a week').

BELONGING

- ❑ 55% (63%) of pupils responded that they 'fairly' or 'very' strongly feel that they belong to their school; 56% (63%) said the same of belonging to their neighbourhood.

Tobacco, Alcohol & Drugs

SMOKING

- ❑ 16% (15%) of pupils said they have smoked in the past or smoke now.
- ❑ 7% (4%) of pupils responded that they at least 'occasionally' smoke.
- ❑ 4% (2%) of pupils responded that they have smoked cigarettes in the last 7 days.
- ❑ 8% (5%) of Year 10+ pupils said they would like to cut down on smoking, while 11% (4%) said they don't want to.

VAPING

- ❑ 79% (81%) of pupils responded that they have never vaped/used e-cigarettes.
- ❑ 7% (5%) of pupils responded that they vape/use e-cigarettes at least 'sometimes' (more than once a month).
- ❑ 6% (3%) of Year 10+ pupils said they would like to cut down on vaping, while 9% (5%) said they don't want to.

ALCOHOL

- ❑ 47% (45%) of pupils responded that they have had a whole alcoholic drink (not just a sip).
- ❑ 14% (16%) of pupils responded that they had an alcoholic drink in the last 7 days.
- ❑ 3% (4%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 2% (3%) drank spirits.
- ❑ 8% (9%) of pupils said their parents/guardians bought/gave them alcohol in the last 7 days, while 4% (4%) said friends/family over 18 bought it/gave it to them.
- ❑ 17% (15%) of pupils said they have been drunk at some point; 7% (5%) said they have been within the last four weeks.
- ❑ Of the 134 (1217) pupils who said they have had a whole alcoholic drink, 36% (34%) said they have been drunk at some point; 14% (12%) said they have been within the last four weeks.
- ❑ 59% (61%) of pupils responded that they do not drink alcohol (or have never drunk alcohol).
- ❑ 26% (26%) of pupils responded that they do drink alcohol and their parents 'always' know, while 7% (6%) said their parents 'usually' know.
- ❑ This works out as 63% (66%) of those who drink alcohol responding that their parents 'always' know.
- ❑ 6% (6%) of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.
- ❑ This works out as 16% (15%) of those who drink alcohol responding that their parents 'never' or only 'sometimes' know.
- ❑ 6% (6%) of Year 10+ pupils said they would like to cut down on drinking alcohol, while 34% (35%) said they don't want to.

DRUGS

- ❑ 11% (6%) of pupils said they have taken drugs, while 5% (4%) said they are 'not sure' if they have. 6% (2%) said they have taken drugs in the last month.
- ❑ 8% (4%) of pupils said they have used cannabis and 3% (1%) said they have used nitrous oxide.
- ❑ 4% (2%) of pupils said they have taken drugs listed in Q39 and alcohol on the same occasion, while 1% (1%) said they 'don't know' if they have.
- ❑ 2% (1%) of pupils said they have taken two or more of the drugs listed in Q39 on the same occasion, while 0% (1%) said they 'don't know' if they have.

- ❑ 5% (3%) of Year 10+ pupils said they would like to cut down on using illegal drugs, while 9% (4%) said they don't want to.
- ❑ 33% (37%) of pupils said they have found information or education at school about drugs education (incl. alcohol and tobacco) 'quite' or 'very' useful, while 17% (13%) have found it 'not at all useful' and 23% (19%) couldn't remember any.

Emotional Health & Wellbeing

HAPPINESS

- ❑ 35% (20%) of pupils responded that they are 'not happy at all' or 'not very happy' with their life at the moment.
- ❑ 45% (59%) of pupils responded that they are 'quite' or 'very' happy with their life at the moment.

HELP AND SUPPORT

- ❑ 40% (25%) of pupils said they or their family have asked for help with their mental health, while 20% (19%) said they 'don't know' if they have.
- ❑ 21% (11%) of pupils said they/their family have asked for support from school with their mental health; 18% (10%) said they have asked for support from a therapist/counsellor.
- ❑ 40% (26%) of pupils said they have used 1-1 support at school, while 12% (6%) said they would like to use it but it hasn't been offered to them.
- ❑ Of the 106 (686) pupils who have used 1-1 support at school, 51% (57%) said it helped them.
- ❑ 12% (7%) of pupils said they have used self-esteem sessions at school, while 10% (6%) said they would like to use them but they haven't been offered to them.
- ❑ Of the 32 (186) pupils who have used self-esteem sessions at school, 28% (38%) said they helped them.
- ❑ 14% (7%) of pupils said they have used mentoring sessions at school, while 6% (4%) said they would like to use them but they haven't been offered to them.
- ❑ Of the 37 (178) pupils who have used mentoring sessions at school, 51% (55%) said they helped them.
- ❑ 21% (12%) of pupils said they have used quiet spaces outside of normal classrooms at school, while 19% (12%) said they would like to use them but they haven't been offered to them.
- ❑ Of the 54 (312) pupils who have used quiet spaces outside of normal classrooms at school, 65% (68%) said they helped them.

WORRYING

- ❑ 89% (80%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'; 30% (18%) of boys and 56% (41%) of girls worry about more than 5.
- ❑ 53% (43%) of pupils responded that they worry about school-work problems or exams and tests 'quite a lot' or 'a lot', while 48% (44%) worry about the way they look.

PROBLEM SOLVING

- ❑ 37% (32%) of pupils responded that they watch TV, DVDs or online videos when they have a problem, while 41% (45%) said they talk to someone about it and 17% (9%) said they cut or hurt themselves.

WEMWBS

- ❑ 16% (12%) of pupils had a low score (14 – 27) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).
- ❑ 6% (10%) of pupils had a high score (56 – 70) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).

- ❑ 54% (58%) of pupils responded that they have been feeling loved 'often' or 'all of the time' over the last two weeks, while 52% (47%) said they have been feeling optimistic about the future 'rarely' or 'none of the time'.

RESILIENCE

- ❑ 50% (36%) of pupils had a low measure of resilience (up to 16).
- ❑ 8% (13%) of pupils had a high measure of resilience (24+).
- ❑ 32% (44%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 40% (27%) said they get upset and feel bad for ages.
- ❑ 41% (52%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 30% (31%) ask for help and 27% (17%) give up.

WORRY AND ANXIETY

- ❑ 66% (73%) of pupils said that, if they were worried about something, they know an adult they trust who they can talk to, while 14% (11%) said they don't.
- ❑ 15% (21%) of pupils said worry and anxiety don't affect their life 'at all', while 20% (28%) said they can 'usually deal with any feelings of worry'.
- ❑ 50% (33%) of boys and 75% (66%) of girls said worry and anxiety at least 'sometimes' stop them from concentrating on or enjoying other things.
- ❑ 54% (38%) of pupils said any feelings of worry or anxiety have got worse since the coronavirus happened.
- ❑ 10% (8%) of pupils said any feelings of worry or anxiety have got better since the coronavirus happened.
- ❑ 25% (28%) of pupils said they have found information or education at school about emotional health and wellbeing 'quite' or 'very' useful, while 21% (21%) have found it 'not at all useful' and 22% (19%) couldn't remember any.

UPSETTING OR STRESSFUL EVENTS

- ❑ 48% (40%) of pupils said there has been shouting and arguing at home between adults and children at some point; 15% (10%) said there has been punching, slapping or other physically hurtful behaviour at home between adults and children.
- ❑ 7% (6%) of pupils responded that they have had a new family member (baby/adopted/new partner for mum/dad) in the last year, while 15% (12%) said they have experienced the death of someone important to them.
- ❑ 99% (99%) of pupils said they have experienced at least one of the stressful/upsetting events listed in Q65 at some point; 75% (64%) said they have experienced them 'this year'.
- ❑ 19% (11%) of pupils said they have experienced at least three of the stressful/upsetting events either 'this year' or 'last year'.

Year 10+: Relationships & Sexual Health

CONTRACEPTION AND ADVICE

- ❑ 91% (94%) of Year 10+ pupils said they know how to protect themselves from getting a sexually transmitted infection.
- ❑ 88% (92%) of Year 10+ pupils said they know how to prevent an unplanned pregnancy.
- ❑ 71% (72%) of Year 10+ pupils said that, if they needed more advice about sexual health, they know where to go.

NEGATIVE RELATIONSHIPS

- ❑ 42% (28%) of boys and 42% (44%) of girls in Year 10+ responded that they have experienced at least one of the

negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

CONSENT

- ❑ 95% (93%) of Year 10+ pupils said that, to them, consent means 'agreeing to do something of your own free will'.
- ❑ 89% (93%) of Year 10+ pupils said it is important to get your partner's consent before engaging in sexual activity.
- ❑ 92% (92%) of Year 10+ pupils said that, once consent has been given, someone can change their mind and withdraw consent at the time of sexual activity, while 0% (1%) said you can't.

SEXUAL RELATIONSHIPS

- ❑ 18% (16%) of Year 10+ pupils responded that they are either in a sexual relationship or have had sex in the past.
- ❑ 6% (3%) of Year 10+ pupils responded that they have had sex and 'never' used a method of protection or contraception, while 6% (3%) said they only 'sometimes' did.
- ❑ 5% (6%) of Year 10+ pupils responded that they have had sex and 'always' used a method of protection or contraception.
- ❑ 8% (6%) of Year 10+ pupils responded that they have taken risks with sex after drinking alcohol or using drugs, while 2% (1%) said they are 'not sure' if they have.
- ❑ 33% (33%) of pupils said they have found information or education at school about sex and relationships education 'quite' or 'very' useful, while 18% (19%) have found it 'not at all useful' and 20% (19%) couldn't remember any.

Safety and Bullying

FEELING SAFE

- ❑ 69% (77%) of pupils said they 'usually' or 'always' feel safe at school and 31% (42%) said the same of going out after dark in their local area.
- ❑ 38% (24%) of pupils 'never' feel safe when doing out after dark in their local area.
- ❑ 48% (51%) of pupils said they have found information or education at school about safety 'quite' or 'very' useful, while 11% (9%) have found it 'not at all useful' and 12% (12%) couldn't remember any.

BULLYING AND HARASSMENT

- ❑ 48% (29%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 15% (7%) of pupils responded that they 'quite' or 'very' often feel afraid of going to school because of bullying.
- ❑ 29% (18%) of pupils responded that they have been bullied at or near school in the last 12 months; 14% (13%) said they 'don't know' if they have been.
- ❑ 4% (3%) of pupils responded that they have bullied someone else at school in the last 12 months; 14% (9%) said they 'don't know' if they have.
- ❑ 31% (26%) of pupils responded that their school deals with bullying either 'not at all' or 'badly', while 31% (35%) said they 'don't know'.
- ❑ 28% (31%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 9% (8%) said that bullying is not a problem in their school.
- ❑ 25% (30%) of pupils said they have found information or education at school about bullying 'quite' or 'very' useful, while 24% (22%) have found it 'not at all useful' and 18% (18%) couldn't remember any.

CRIME AND HARASSMENT

- ❑ 10% (6%) of pupils said they have been physically attacked at home/in their local area in the last month and

16% (9%) said they have been verbally abused or threatened.

- ❑ 14% (6%) of pupils said they have been physically attacked at school in the last month and 17% (10%) said they have been verbally abused or threatened.
- ❑ 42% (27%) of pupils said they have been the victim of at least one of the behaviours listed in Q73a/b; 13% (8%) said they have been the victim of such behaviour both at school and at home/local area.
- ❑ 7% (7%) of pupils said they have been a victim of crime in the last 12 months and didn't report it to the police, teachers or anyone in authority, while 6% (5%) said they have been a victim and did report it.
- ❑ Of the 32 (290) pupils who indicated that they have been a victim of crime in the last 12 months, 53% (60%) said they didn't report it to the police, teachers or anyone in authority.

INTERNET SAFETY

- ❑ 46% (43%) of boys and 48% (33%) of girls said they chat to other people who they don't know in real life and 13% (10%) of boys and 46% (28%) of girls said they have got a chat message or picture that scared them or made them upset.
- ❑ 30% (22%) of boys and 56% (41%) of girls said they have received a hurtful, unwanted or nasty message or picture online and 9% (5%) of boys and 14% (8%) of girls said someone has posted private information about them (incl. pictures).
- ❑ 23% (17%) of boys and 48% (38%) of girls said someone they didn't know has asked to see pictures of them.
- ❑ 4% (4%) of boys and 16% (13%) of girls said someone (online or in person) threatened or pressured them to send a picture of video of themselves or show themselves on webcam.
- ❑ 64% (58%) of boys and 83% (74%) of girls said they have blocked someone because of something upsetting that happened online.

School and Your Future

SCHOOL LESSONS

- ❑ 21% (23%) of pupils said they have found information or education at school about PSHE 'quite' or 'very' useful.
- ❑ 14% (15%) of pupils responded that they have found information or education at school about citizenship 'quite' or 'very' useful.
- ❑ 16% (14%) of pupils said they have found information or education at school about careers education 'not at all useful'.
- ❑ 16% (17%) of pupils responded that they have found information or education at school about managing money 'not at all useful'.

FUTURE PLANS

- ❑ 29% (32%) of Year 10+ pupils said they have had enough information and guidance about their options after Year 11, including apprenticeships, while 38% (34%) said they haven't.

IMPROVEMENT

- ❑ 76% (75%) of pupils said more fun/interesting lessons might help them to do better in school.
- ❑ 46% (35%) of pupils said a quieter/better behaved class or group might help them to do better in school.

Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

- When the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%).
- Even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your Year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

Standard errors of proportion:

	Percentage seen in sample				
	10%	20%	30%	40%	50%
20	6.7	8.9	10.2	11.0	11.2
30	5.5	7.3	8.4	8.9	9.1
40	4.7	6.3	7.2	7.7	7.9
50	4.2	5.7	6.5	6.9	7.1
60	3.9	5.2	5.9	6.3	6.5
80	3.4	4.5	5.1	5.5	5.6
100	3.0	4.0	4.6	4.9	5.0
150	2.4	3.3	3.7	4.0	4.1
200	2.1	2.8	3.2	3.5	3.5
300	1.7	2.3	2.6	2.8	2.9
500	1.3	1.8	2.0	2.2	2.2

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of significant differences

Below we have listed some statistically significant differences between SEND and Non-SEND.

Sig	SEND	Non-SEND	Question
↓***	34%	57%	of pupils said nothing stops them taking part in out of school activities like clubs.
↑***	48%	29%	of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
↑***	40%	25%	of pupils said they or their family have asked for help with their mental health.
↑***	42%	27%	of pupils said they have been the victim of at least one of the behaviours listed in Q73a/b.
↑***	38%	24%	of pupils 'never' feel safe when doing out after dark in their local area.
↑***	21%	11%	of pupils said they/their family have asked for support from school with their mental health.
↑***	54%	38%	of pupils said any feelings of worry or anxiety have got worse since the coronavirus happened.
↑***	40%	26%	of pupils said they have used 1-1 support at school.
↓***	45%	59%	of pupils responded that they are 'quite' or 'very' happy with their life at the moment.
↑***	11%	5%	of pupils said they look after family members at home because they are ill or have a physical disability.
↑***	14%	6%	of pupils said they have been physically attacked at school in the last month.
↑***	65%	50%	of pupils said worry and anxiety at least 'sometimes' stop them from concentrating on or enjoying other things.
↑***	17%	9%	of pupils responded that they get free school meals.
↑***	14%	7%	of pupils said they have used mentoring sessions at school.
↑***	29%	18%	of pupils responded that they have been bullied at or near school in the last 12 months.
↑***	45%	32%	of pupils said they have received a hurtful, unwanted or nasty message or picture online
↓***	36%	48%	of pupils responded that they are happy with their weight as it is.
↑***	21%	12%	of pupils said they have used quiet spaces outside of normal classrooms at school.
↓***	41%	52%	of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do.
↑***	19%	11%	of pupils said they have experienced at least three of the stressful/upsetting events either 'this year' or 'last year'.
↓***	32%	44%	of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time.
↑***	46%	35%	of pupils said a quieter/better behaved class or group might help them to do better in school.
↑***	89%	80%	of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
↑***	53%	43%	of pupils responded that they worry about school-work problems or exams and tests 'quite a lot' or 'a lot'.
↑***	11%	6%	of pupils said they have taken drugs.
↑***	53%	44%	of pupils responded that they would like to lose weight.
↑***	4%	2%	of pupils said having to look after family members affects their school work.
↓***	53%	61%	of pupils responded that they live with their mum and dad together.
↑***	8%	4%	of pupils said they have used cannabis.
↓***	75%	82%	of pupils responded that they cleaned their teeth at least twice the day before the survey.
↓***	69%	77%	of pupils said they 'usually' or 'always' feel safe at school.
↑***	12%	7%	of pupils said they have used self-esteem sessions at school.
↓***	55%	63%	of pupils responded that they 'fairly' or 'very' strongly feel that they belong to their school.
↑**	48%	40%	of pupils said there has been shouting and arguing at home between adults and children at some point.
↓**	66%	73%	of pupils said that, if they were worried about something, they know an adult they trust who they can talk to.
↑**	74%	66%	of pupils said they have blocked someone because of something upsetting that happened online.
↑**	10%	6%	of pupils said they have been physically attacked at home/in their local area in the last month.
↓**	15%	21%	of pupils said worry and anxiety don't affect their life 'at all'.
↑**	35%	28%	of pupils said someone they didn't know has asked to see pictures of them.
↓*	47%	55%	of pupils said they have found information or education at school about physical activity 'quite' or 'very' useful.
↓*	8%	13%	of pupils had a high measure of resilience (24+).
↑*	4%	2%	of pupils said they have taken drugs listed in Q39 and alcohol on the same occasion.

↓*

7%

11%

of pupils responded that they did hard exercise while doing physical activity for an hour or more on at least 5 days in the 7 days before the survey.

Tests: Chi-squared (χ^2).

KEY:

* = $p < 0.05$ (5%)

** = $p < 0.01$ (1%)

*** = $p < 0.001$ (0.1%).

Background

Ethnicity

82% (83%) of pupils described themselves as White British.

QD. Percentage describing themselves as White British.

	SEND	Non-SEND
	All Years	All Years
Boys	83	83
Girls	84	84

Special needs

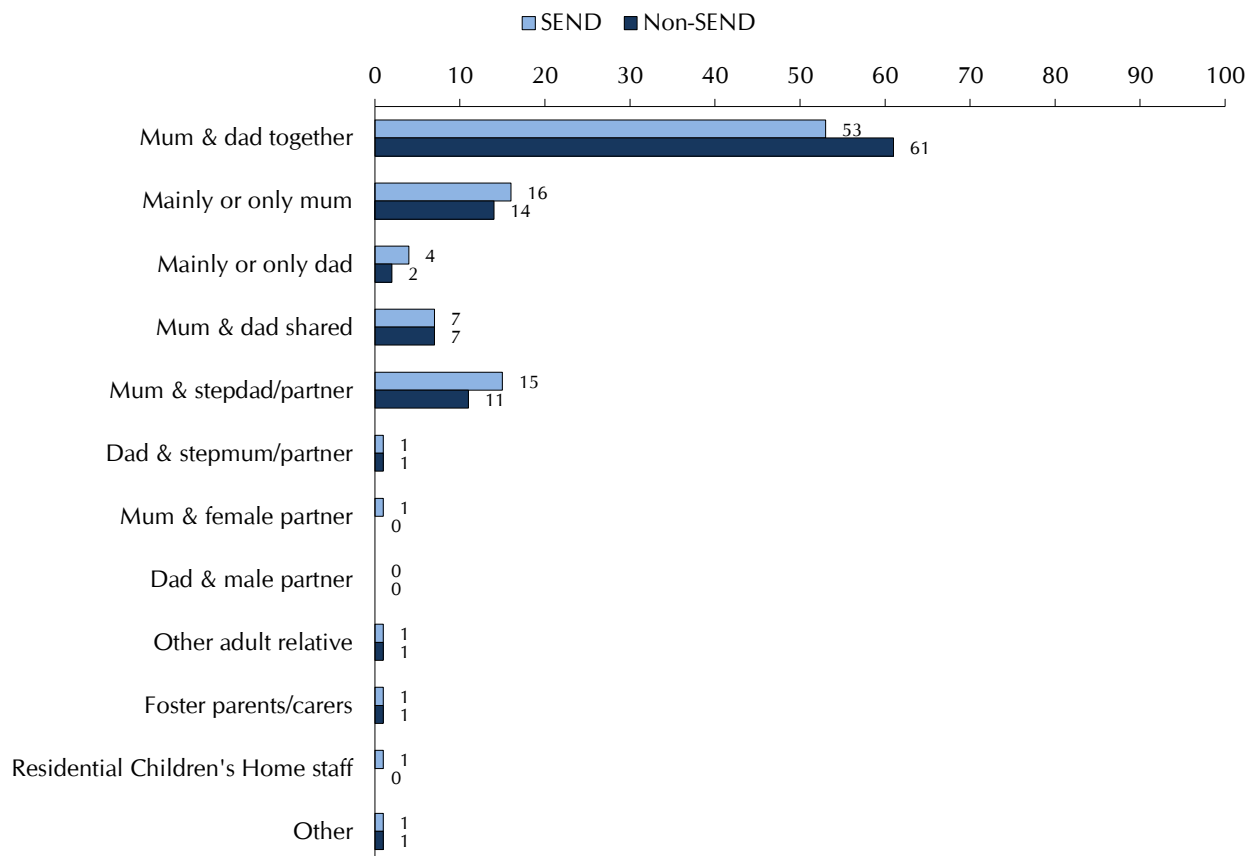
100% (0%) of pupils said they have a disability, long-term illness or health problem (12 months or more) which stops them doing everyday activities.

QE. Percentage answering that they have a disability, long-term illness or health problem.

	SEND	Non-SEND
	All Years	All Years
Boys	100	0
Girls	100	0

Family

Q2. Which adults do you live with?



53% (61%) of pupils responded that they live with their mum and dad together.

Q2. Percentage answering that they live with their mum and dad together.

	SEND	Non-SEND
	All Years	All Years
Boys	49	63
Girls	57	60

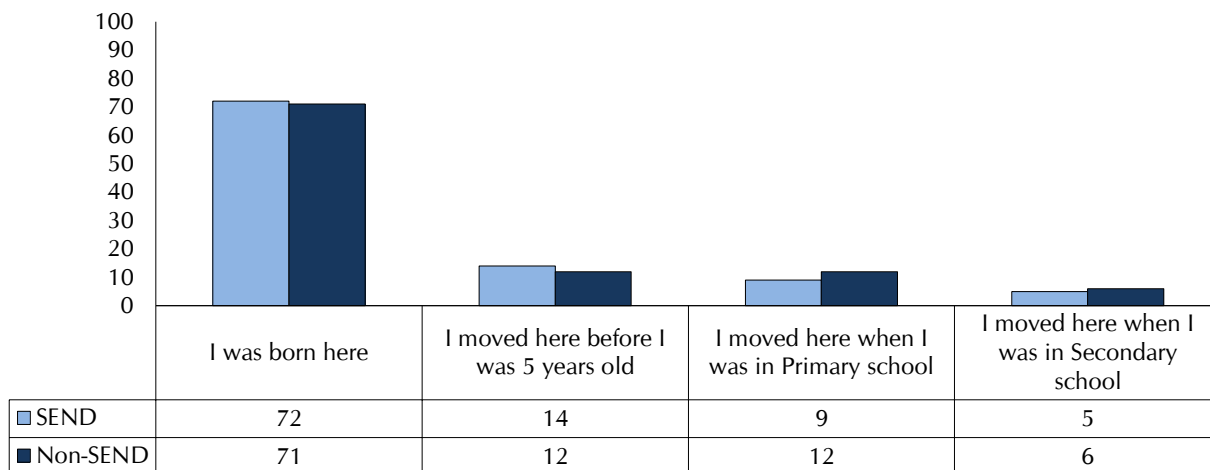
16% (14%) of pupils responded that they live 'mainly or only' with their mum, while 4% (2%) said they live 'mainly or only' with their dad.

Q2. Percentage answering that they live 'mainly or only' with their mum.

	SEND	Non-SEND
	All Years	All Years
Boys	18	13
Girls	14	14

Living in Herefordshire

Q3. How long have you lived in Herefordshire?



86% (82%) of pupils said they were either born in Herefordshire or moved here before they were 5 years old.

Q3. Percentage answering that they were either born in Herefordshire or moved here before they were 5 years old.

	SEND	Non-SEND
	All Years	All Years
Boys	90	84
Girls	85	81

Free school meals

17% (9%) of pupils responded that they get free school meals, while 8% (9%) said they 'don't know' if they do and 7% (2%) said they could get them if they wanted.

Q4. Percentage answering that they get free school meals.

	SEND	Non-SEND
	All Years	All Years
Boys	20	10
Girls	17	9

Young carers

13% (10%) of pupils said they look after someone in their family at home at least 'every week', while 36% (34%) said they 'sometimes' do.

Of the 144 (1202) pupils who said they look after family members at home, 6% (5%) said their school knows about the caring they have to do at home and 53% (56%) said it doesn't.

Q5a. Percentage answering that they look after someone in their family at home at least 'every week'.

	SEND	Non-SEND
	All Years	All Years
Boys	13	10
Girls	11	9

Q5a. Percentage of pupils responding that they look after the following people in their family at home (Non-SEND data in brackets):

	Never	Sometimes	Every week	Every day
Children my own age or older	82 (85)	7 (7)	0 (1)	2 (1)
Children younger than me	59 (61)	29 (29)	5 (3)	4 (4)
Adults	73 (80)	15 (10)	3 (1)	2 (3)

11% (5%) of pupils said they look after family members at home because they are ill or have a physical disability.

Q5b. Percentage of pupils responding that they have to look after family members at home every week because of the following (Non-SEND data in brackets):

	All Years	Girls	Total
They are ill or have a physical disability	7 (4)	14 (5)	11 (5)
They have a mental health illness	4 (2)	7 (2)	5 (2)
Someone else is ill or disabled	4 (1)	4 (2)	4 (2)
There is no one else to look after them	9 (8)	11 (9)	12 (9)

4% (2%) of pupils said having to look after family members affects their school work, while 8% (5%) said they 'don't know' if it does.

Of the 144 (1202) pupils who said they look after family members at home, 9% (4%) said doing so affects their school work and 70% (81%) said it doesn't.

Q5c. Percentage answering that having to look after family members affects their school work.

	SEND	Non-SEND
	All Years	All Years
Boys	4	1
Girls	5	2

8% (5%) of pupils said having to look after family members stops them doing the things they want to do, while 9% (4%) said they 'don't know' if it does.

Of the pupils who said they look after family members at home, 15% (12%) said doing so stops them doing the things they want to do and 63% (75%) said it doesn't.

Q5d. Percentage answering that having to look after family members affects their school work.

	SEND	Non-SEND
	All Years	All Years
Boys	6	4
Girls	8	5

29% (32%) of pupils said they are happy about the caring they have to do at home, while 4% (1%) said they 'really don't want to do it'.

Of the pupils who said they look after family members at home, 58% (73%) said they are happy about it and 8% (2%) said they 'really don't want to do it'.

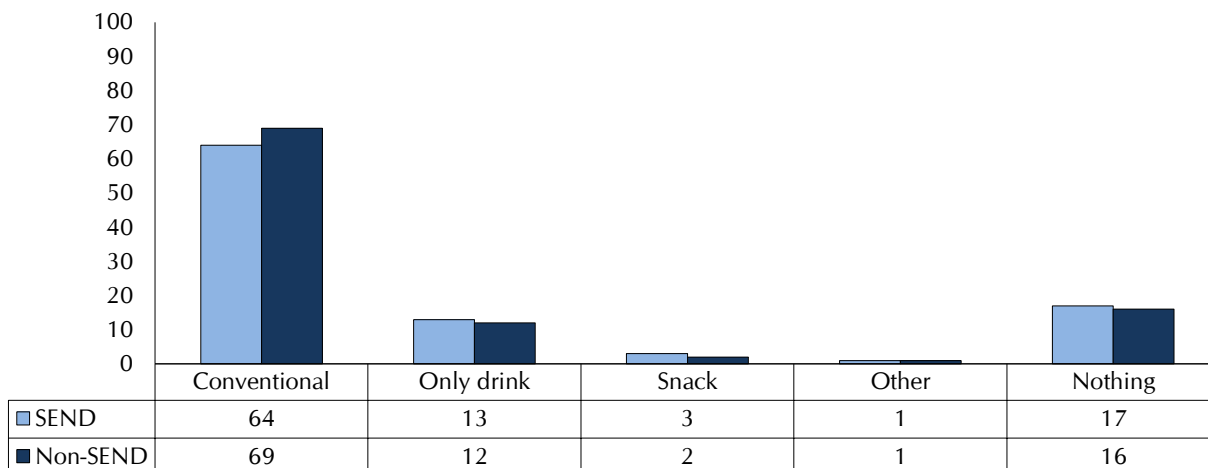
Q5f. Percentage answering that they have to look after family members at home and 'really don't want to have to do it'.

	SEND	Non-SEND
	All Years	All Years
Boys	7	1
Girls	1	1

Food and Drink

Breakfast

Q6. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



17% (16%) of pupils responded that they didn't have anything for breakfast or before lessons on the day of the survey, while 5% (7%) said they had a cooked breakfast.

Q6. Percentage answering that they had nothing to eat or drink for breakfast.

	SEND	Non-SEND
	All Years	All Years
Boys	13	12
Girls	23	19

13% (12%) of pupils responded that they only had a drink for breakfast or before lessons on the day of the survey.

Q6. Percentage answering that they only had a drink for breakfast.

	SEND	Non-SEND
	All Years	All Years
Boys	12	9
Girls	16	15

24% (24%) of pupils responded that they had toast or bread for breakfast or before lessons on the day of the survey, while 12% (10%) had fruit.

Q6. Top 5 breakfast items pupils reported having on the day of the survey (Non-SEND data in brackets):

Boys				Girls			
1	Something to drink	45	(42)	1	Something to drink	51	(46)
2	Cereal	39	(47)	2	Cereal	29	(29)
3	Toast, bread, bagel, croissant	23	(24)	3	Toast, bread, bagel, croissant	21	(25)
4	Fruit	10	(8)	4	Fruit	14	(11)
5	Breakfast bar	6	(5)	5	Cooked breakfast	6	(5)

Drinks

37% (37%) of pupils responded that they drank at least one hot drink with sugar on the day before the survey, while 59% (49%) said they had at least one sugary drink.

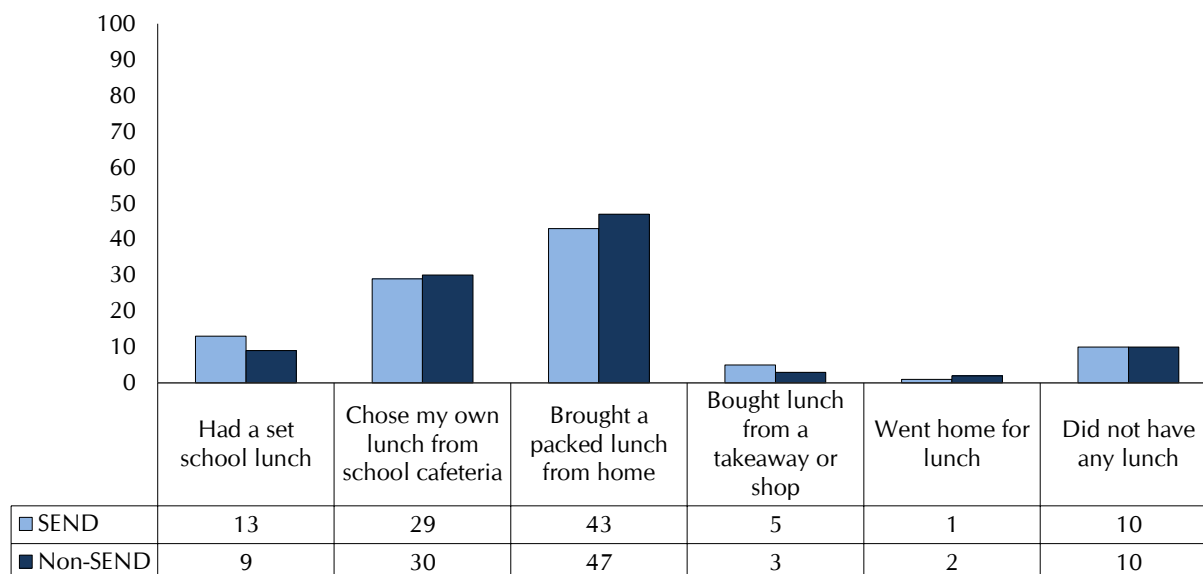
Q7. Percentage of pupils responding that they drank the following drinks on the day before the survey (Non-SEND data in brackets):

Boys	<u>Number of drinks</u>			
	None	One	2-3	4+
Hot drink with sugar (tea, coffee, hot chocolate etc.)	58 (57)	16 (24)	13 (11)	4 (2)
Water or low sugar squash-type drinks	13 (8)	19 (21)	44 (41)	22 (27)
Plain milk	47 (49)	27 (31)	7 (10)	10 (3)
Sugary drink (can of fizzy drink, sugary squash, fruit juice etc.)	36 (43)	40 (37)	16 (13)	5 (2)
'Energy' drinks (e.g. Monster, Red Bull, Lucozade Energy etc.)	68 (76)	17 (12)	6 (3)	2 (1)
Other drinks (sugar-free drinks [fizzy or hot], milkshake etc.)	64 (66)	17 (20)	8 (6)	6 (1)

Girls	<u>Number of drinks</u>			
	None	One	2-3	4+
Hot drink with sugar (tea, coffee, hot chocolate etc.)	50 (57)	20 (26)	16 (8)	4 (1)
Water or low sugar squash-type drinks	7 (8)	20 (21)	40 (43)	28 (27)
Plain milk	59 (62)	20 (25)	6 (5)	5 (1)
Sugary drink (can of fizzy drink, sugary squash, fruit juice etc.)	31 (49)	46 (34)	11 (10)	5 (1)
'Energy' drinks (e.g. Monster, Red Bull, Lucozade Energy etc.)	70 (76)	14 (13)	5 (2)	2 (1)
Other drinks (sugar-free drinks [fizzy or hot], milkshake etc.)	54 (67)	24 (19)	8 (4)	5 (1)

Lunch

Q8. What did you do for lunch yesterday?



42% (38%) of pupils had a school lunch on the day before the survey, while 43% (47%) said they ate a packed lunch and 5% (3%) bought lunch from a takeaway or shop.

Q8. Percentage answering that they had a school lunch on the day before the survey.

	SEND	Non-SEND
	All Years	All Years
Boys	47	41
Girls	38	36

10% (10%) of pupils said they didn't have any lunch on the day before the survey.

Q8. Percentage answering that they did not have any lunch on the day before the survey.

	SEND	Non-SEND
	All Years	All Years
Boys	6	7
Girls	14	13

Foods

48% (49%) of pupils responded that they eat vegetables 'on most days', while 37% (44%) said the same of fresh fruit. 30% (26%) said that they eat crisps 'on most days'.

Q9. Percentage of pupils responding that they eat the following 'on most days' (top 10 – Non-SEND data in brackets):

Boys				Girls			
1	Any meat	54	(53)	1	Vegetables	53	(54)
2	Vegetables	44	(46)	2	Any dairy produce	48	(46)
3	Any bread	43	(53)	3	Any meat	46	(37)
4	Any dairy produce	43	(49)	4	Any bread	43	(48)
5	Fresh fruit	33	(38)	5	Fresh fruit	41	(51)
6	Crisps	28	(27)	6	Crisps	34	(25)
7	Sweets, chocolate, choc bars	25	(20)	7	Sweets, chocolate, choc bars	30	(23)
8	Chips or roast potatoes	19	(15)	8	Rice or pasta	23	(14)
9	Whole-grain or high-fibre cereals	15	(21)	9	Salads	20	(23)
10	Rice or pasta	14	(14)	10	Whole-grain or high-fibre cereals	19	(11)

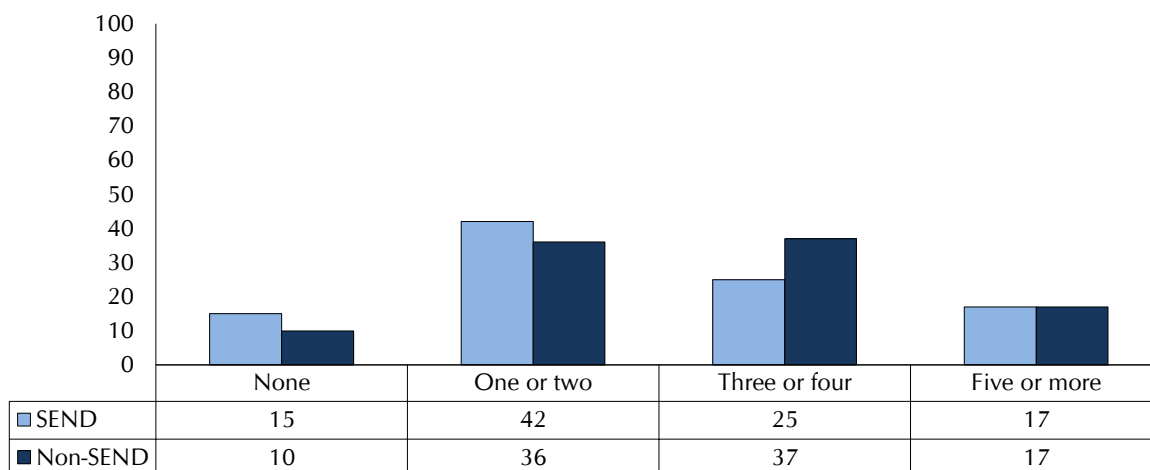
7% (8%) of pupils responded that they 'rarely or never' eat any meat; 10% (8%) said the same of fresh fruit.

Q9. Percentage of pupils responding that they eat the following 'rarely or never' (top 10 – Non-SEND data in brackets):

Boys				Girls			
1	Vegetarian main meal	69	(67)	1	Sugar-coated cereals	61	(65)
2	Sugar-coated cereals	63	(54)	2	Vegetarian main meal	60	(58)
3	Any oily fish	60	(54)	3	Any oily fish	59	(60)
4	Any other fish/fish fingers	55	(45)	4	Whole-grain or high-fibre cereals	46	(45)
5	Whole-grain or high-fibre cereals	43	(35)	5	Any other fish/fish fingers	42	(52)
6	Salads	40	(37)	6	Fast food/take-away meal	36	(41)
7	Fast food/take-away meal	32	(40)	7	Salads	24	(21)
8	Vegetables	15	(9)	8	Chips or roast potatoes	11	(5)
9	Crisps	14	(12)	9	Rice or pasta	11	(6)
10	Fresh fruit	12	(10)	10	Any meat	9	(10)

5-a-day

Q10. How many portions of fruit and vegetables did you eat yesterday?



15% (10%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q10. Percentage answering that they didn't eat any portions of fruit and vegetables on the day before the survey.

	SEND	Non-SEND
All Years		
Boys	17	10
Girls	14	9

17% (17%) of pupils responded that they ate at least 5 portions of fruit or vegetables on the day before the survey.

Q10. Percentage answering that they ate at least 5 portions of fruit or vegetables on the day before the survey.

	SEND	Non-SEND
All Years		
Boys	20	17
Girls	15	19

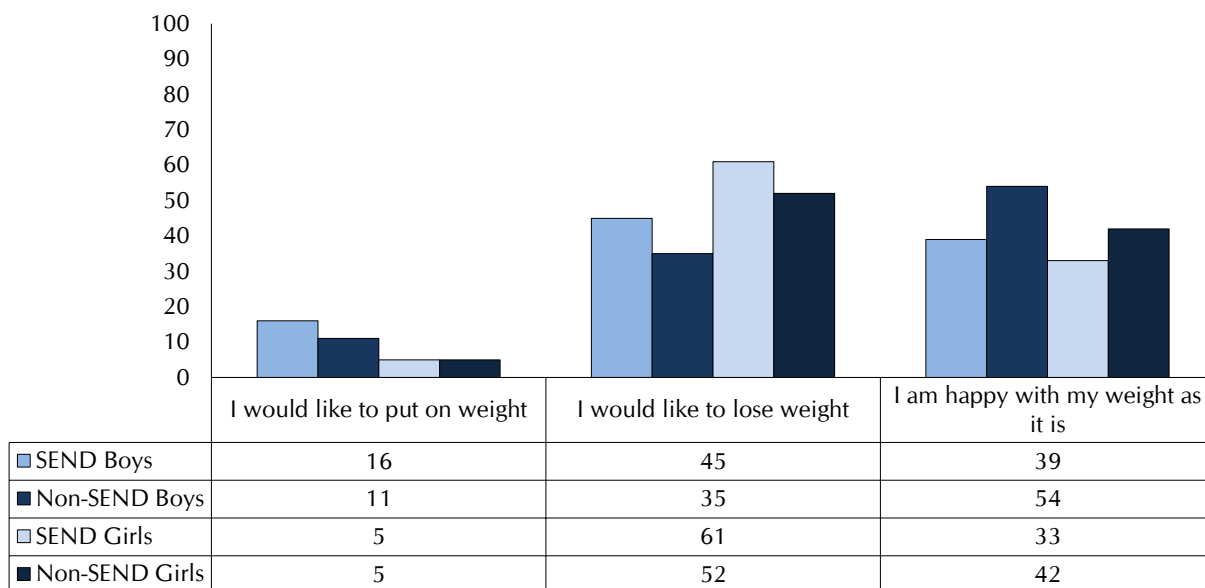
44% (49%) of pupils said they have found information or education at school about how to cook or prepare a meal 'quite' or 'very' useful, while 10% (10%) have found it 'not at all useful' and 20% (15%) couldn't remember any.

Q76. Percentage answering that they have found information or education at school about how to cook or prepare a meal 'quite' or 'very' useful.

	SEND	Non-SEND
All Years		
Boys	18	21
Girls	23	22

Weight

Q11. Weight: Which statement describes you best?



11% (8%) of pupils responded that they would like to put on weight.

Q11. Percentage answering that they would like to put on weight.

	SEND All Years	Non-SEND All Years
Boys	16	11
Girls	5	5

53% (44%) of pupils responded that they would like to lose weight.

Q11. Percentage answering that they would like to lose weight.

	SEND All Years	Non-SEND All Years
Boys	45	35
Girls	61	52

36% (48%) of pupils responded that they are happy with their weight as it is.

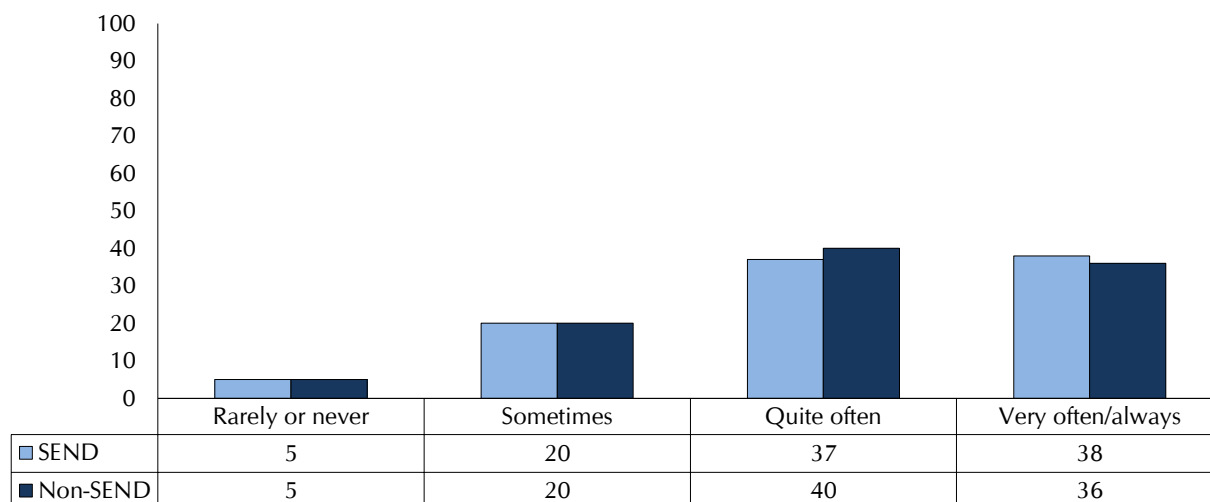
Q11. Percentage answering that they are happy with their weight as it is.

	SEND All Years	Non-SEND All Years
Boys	39	54
Girls	33	42

For comparison, the 2009 Herefordshire survey found 48% of Y8&Y10 pupils said they are happy with their weight as it is, while 43% would like to lose weight.

Healthy choices

Q12. Food/drink choices summary: Percentage of pupils responding that they consider at least one of the things listed when choosing what to eat or drink:



N.B. Highest frequency recorded.

76% (75%) of pupils said they 'quite often' or 'very often/always' consider at least one of the things listed when choosing what to eat or drink.

Q12. Percentage answering that they 'quite often' or 'very often/always' consider at least one of the things listed when choosing what to eat or drink.

	SEND All Years	Non-SEND All Years
Boys	77	71
Girls	73	80

47% (48%) of pupils said they at least 'quite often' consider how healthy the food/drink is for them when choosing what to eat or drink.

Q12. Percentage of pupils responding that they consider the following things when choosing what to eat or drink (Non-SEND data in brackets):

	Rarely or never	Sometimes	Quite often	Very often/always
Boys				
The health of their teeth	20 (20)	38 (41)	31 (27)	11 (12)
How healthy the food/drink is for them	18 (16)	41 (38)	31 (32)	10 (13)
Maintaining a healthy weight	24 (24)	31 (34)	25 (27)	19 (15)
The environment	38 (39)	30 (34)	19 (17)	11 (9)
Ethical issues	66 (67)	21 (20)	7 (7)	4 (4)
Girls				
The health of their teeth	20 (19)	50 (45)	17 (26)	12 (10)
How healthy the food/drink is for them	15 (13)	29 (33)	38 (33)	18 (20)
Maintaining a healthy weight	17 (15)	31 (29)	23 (31)	26 (25)
The environment	43 (35)	34 (36)	13 (18)	9 (9)
Ethical issues	63 (59)	23 (28)	6 (7)	5 (5)

Dental Health

75% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.

For comparison, the 2009 Herefordshire survey found 78% of Y8&Y10 pupils said they cleaned their teeth at least twice the previous day.

3% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.

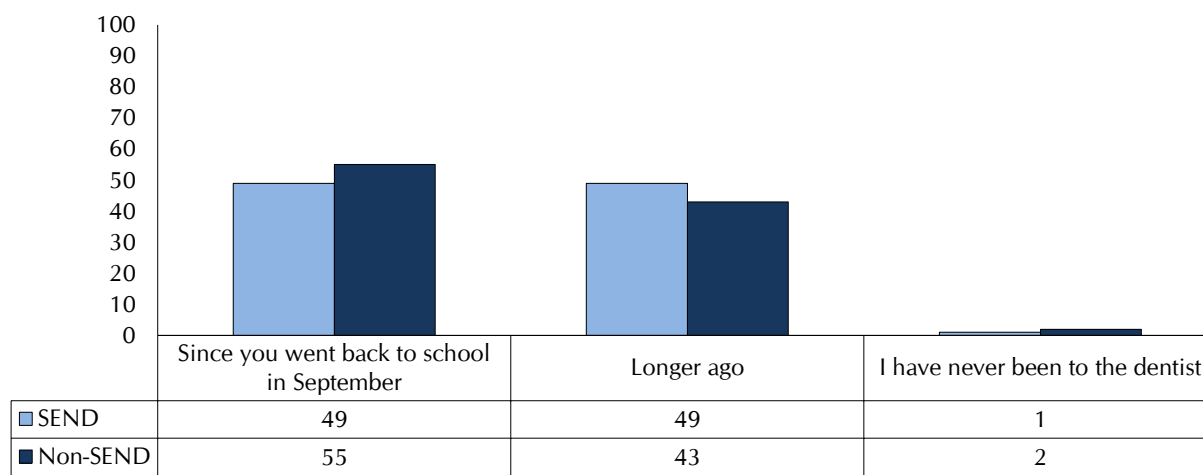
Q13. Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	SEND	Non-SEND
	All Years	All Years
Boys	70	78
Girls	80	88

Q13. Percentage answering that they did not clean their teeth at all on the day before the survey.

	SEND	Non-SEND
	All Years	All Years
Boys	4	2
Girls	2	1

Q14. When did you last visit the dentist?



49% (55%) of pupils said they have visited the dentist since they went back to school in September.

Q14. Percentage answering that they have visited the dentist since they went back to school in September.

	SEND	Non-SEND
	All Years	All Years
Boys	45	53
Girls	53	58

1% (2%) of pupils responded that they have never been to the dentist.

Q14. Percentage answering that they have never been to the dentist.

	SEND	Non-SEND
	All Years	All Years
Boys	1	2
Girls	2	1

89% (89%) of pupils said they had a check-up the last time they visited the dentist, while 18% (14%) said they had fillings.

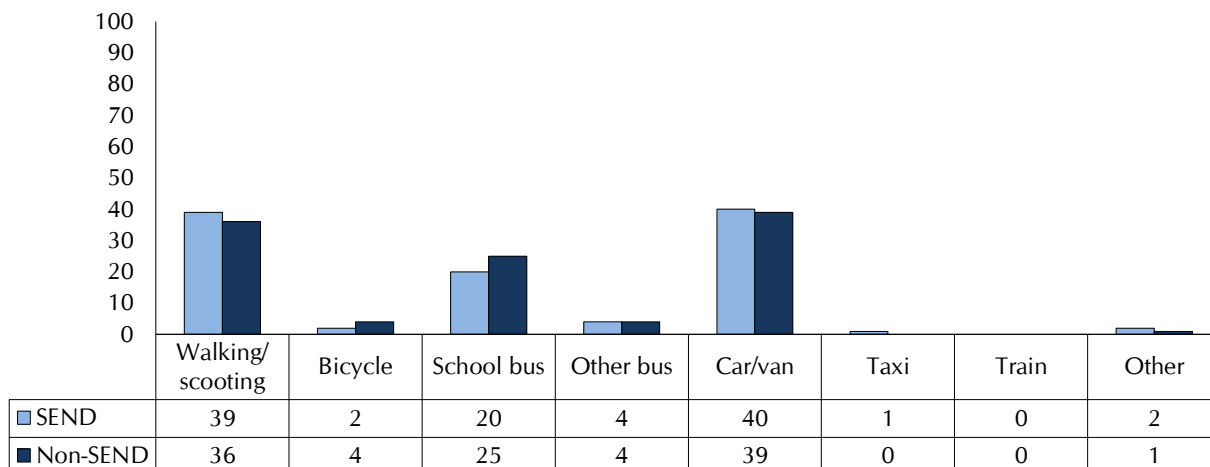
Q15. Percentage of pupils responding that they received the following treatment on their last visit to the dentist (Non-SEND data in brackets):

	Boys		Girls	
1 Check-up	87	(89)	92	(89)
2 Fillings	18	(13)	24	(20)
3 Fluoride varnish treatment	17	(17)	16	(14)
4 Teeth taken out (for other reasons)	9	(6)	13	(16)
5 Brace fitted or checked	4	(11)	13	(9)
6 Tooth taken out (decayed or rotten)	2	(2)	3	(2)

Physical Activity

Active travel

Q16. How did you travel to school today?



39% (36%) of pupils responded that they walked/scootered to school on the day of the survey.

Q16. Percentage answering that they walked/scootered to school on the day of the survey.

	SEND	Non-SEND
	All Years	All Years
Boys	42	35
Girls	36	36

40% (39%) of pupils responded that they travelled to school by car/van on the day of the survey.

Q16. Percentage answering that they travelled to school by car/van on the day of the survey.

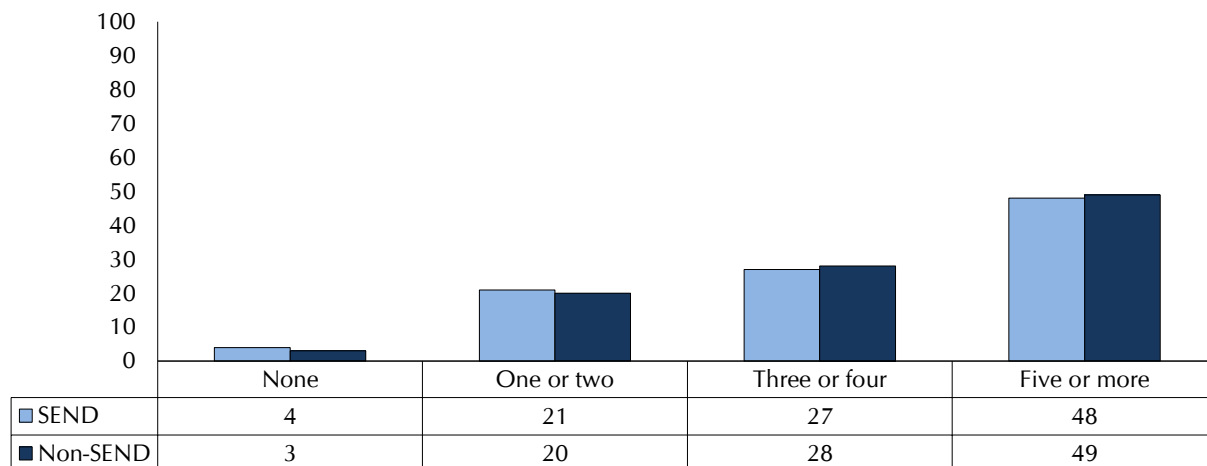
	SEND	Non-SEND
	All Years	All Years
Boys	36	38
Girls	47	40

Q17. Percentage of pupils responding that they didn't walk or cycle to school the day of the survey because of the following (top 5 – Non-SEND data in brackets):

Boys			Girls		
1 I live too far away	36	(41)	1 I live too far away	45	(47)
2 It's not safe to walk or cycle	9	(7)	2 My parents/carers drop me off on their way to work	16	(12)
3 Other ways of travelling are easier/quicker	7	(14)	3 Other ways of travelling are easier/quicker	15	(15)
4 My parents/carers drop me off on their way to work	6	(10)	4 It's not safe to walk or cycle	10	(11)
5 My parents/carers won't let me	6	(3)	5 My parents/carers won't let me	7	(3)

Exercise

Q18. On [how many] days did you do any physical activity in the last 7 days?



2% (3%) of boys and 5% (3%) of girls responded that they didn't do any physical activity in the week before the survey.

Q18. Percentage answering that they didn't do any physical activity in the week before the survey.

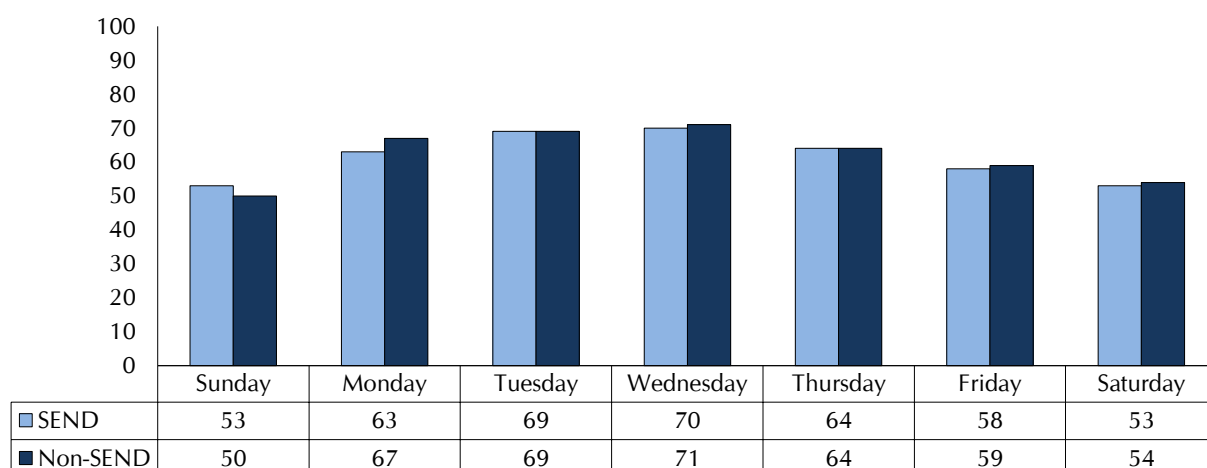
	SEND	Non-SEND
	All Years	All Years
Boys	2	3
Girls	5	3

55% (55%) of boys and 43% (45%) of girls responded that they did physical activity on five days or more in the week before the survey.

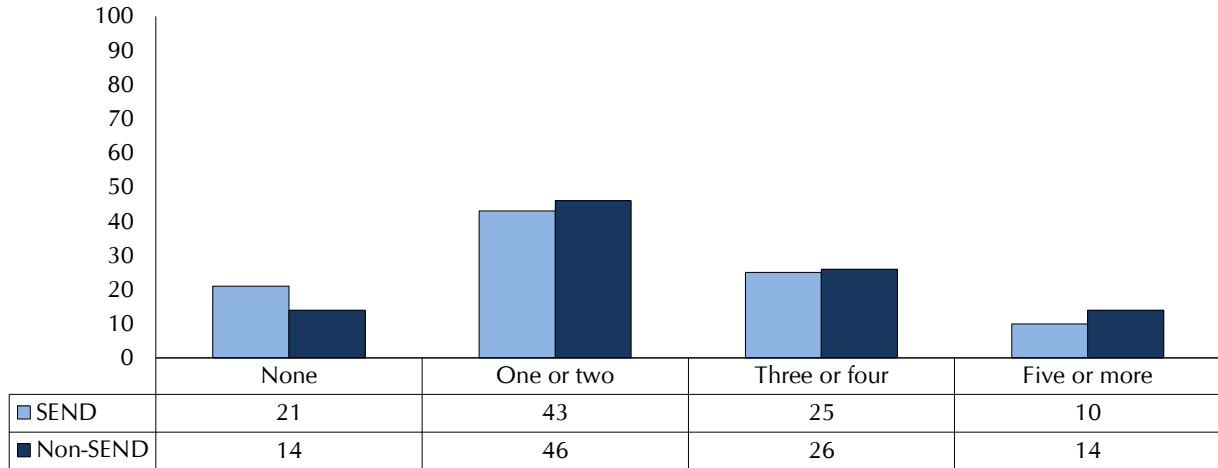
Q18. Percentage answering that they did physical activity on five days or more in the week before the survey.

	SEND	Non-SEND
	All Years	All Years
Boys	55	55
Girls	43	45

Q18. On which days did you do any physical activity in the last 7 days?



Q19. On [how many] days did you do hard exercise while doing physical activity, in the last 7 days?



21% (14%) of pupils responded that they didn't do any hard exercise which doing physical activity in the 7 days before the survey.

Q19. Percentage answering that they didn't do any hard exercise which doing physical activity in the 7 days before the survey.

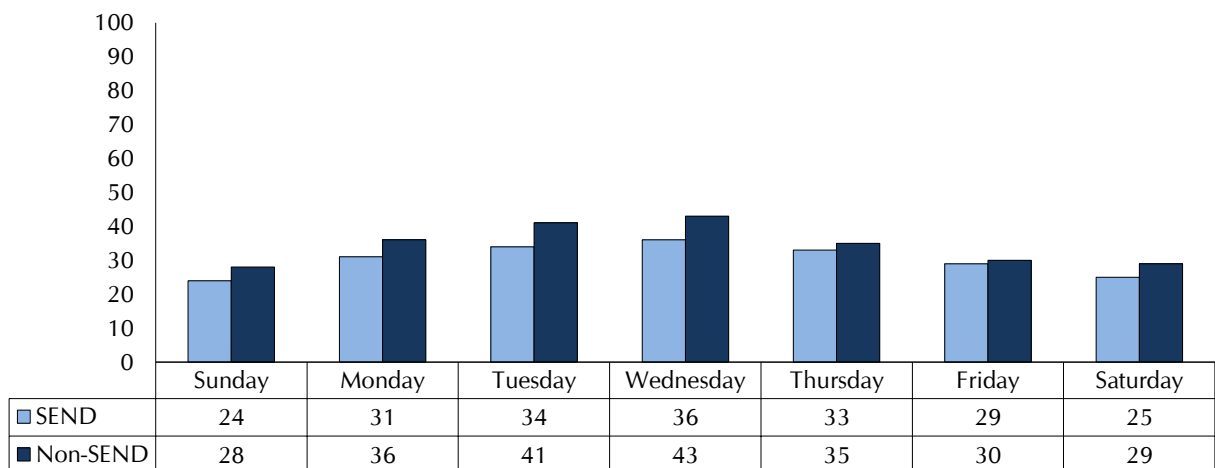
	SEND All Years	Non-SEND All Years
Boys	21	12
Girls	19	15

10% (14%) of pupils responded that they did hard exercise while doing physical activity on at least 5 days in the 7 days before the survey.

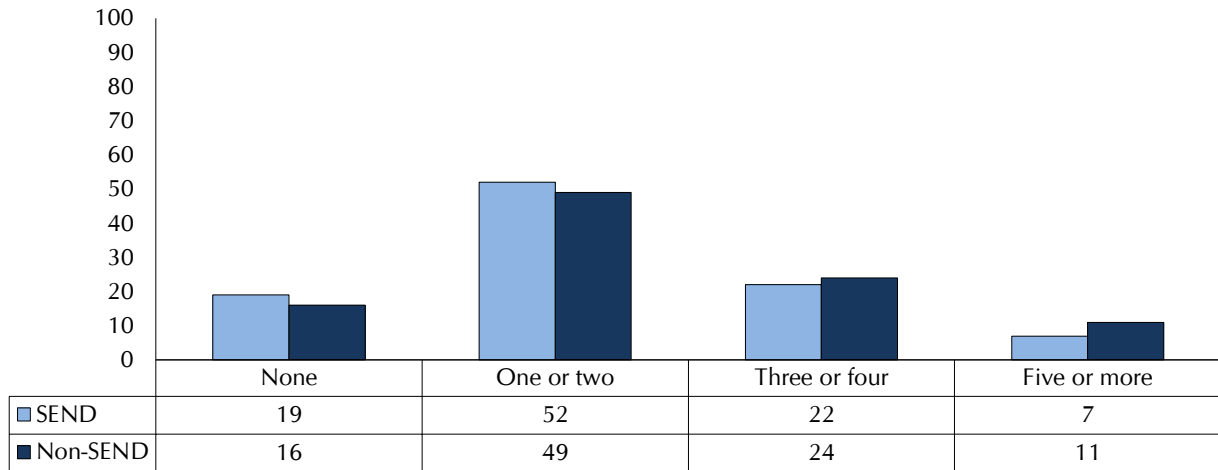
Q19. Percentage answering that they did hard exercise while doing physical activity on at least 5 days in the 7 days before the survey.

	SEND All Years	Non-SEND All Years
Boys	14	18
Girls	7	11

Q19. On which days did you do hard exercise while doing physical activity, in the last 7 days?



Q20. On [how many] days did you do hard exercise for an hour or more in total while doing physical activity, in the last 7 days?



19% (16%) of pupils responded that they didn't do any hard exercise while doing physical activity for an hour or more in the week before the survey.

Q20. Percentage answering that they didn't do any hard exercise while doing physical activity for an hour or more in the week before the survey.

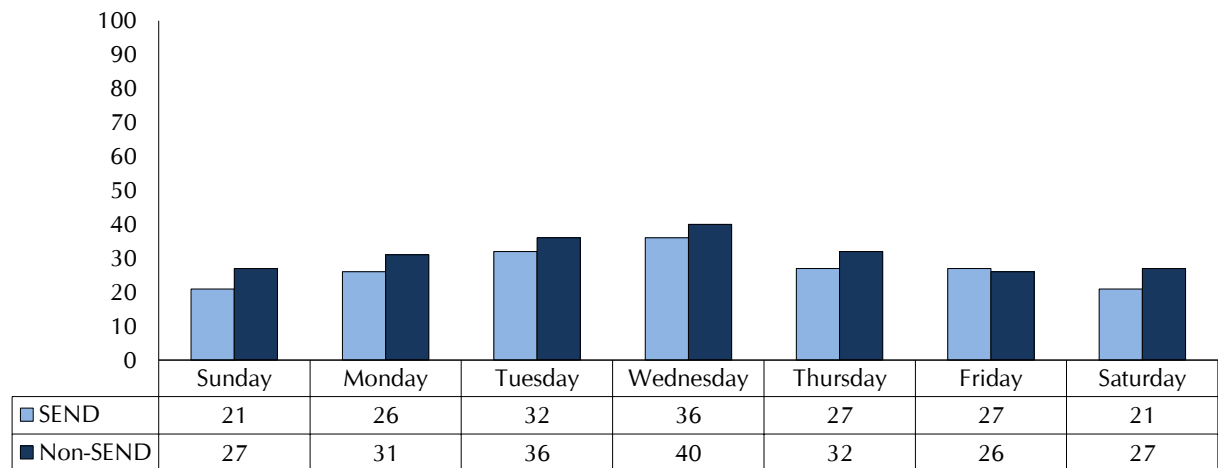
	SEND	Non-SEND
	All Years	All Years
Boys	16	14
Girls	20	18

7% (11%) of pupils responded that they did hard exercise while doing physical activity for an hour or more on at least 5 days in the 7 days before the survey.

Q20. Percentage answering that they did hard exercise while doing physical activity for an hour or more on at least 5 days in the 7 days before the survey.

	SEND	Non-SEND
	All Years	All Years
Boys	13	15
Girls	3	7

Q20. On which days did you do hard exercise for an hour or more in total while doing physical activity, in the last 7 days?



47% (55%) of pupils said they have found information or education at school about physical activity 'quite' or 'very' useful, while 8% (8%) have found it 'not at all useful' and 14% (10%) couldn't remember any.

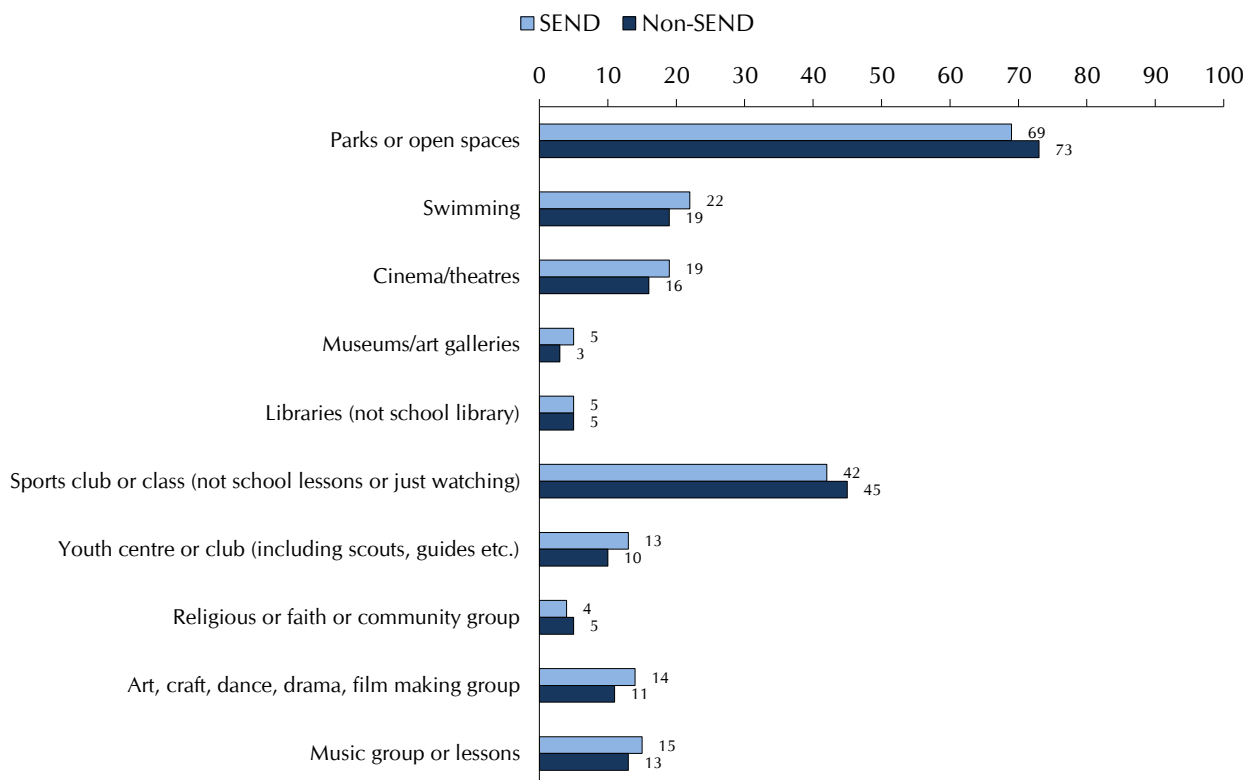
Q76. Percentage answering that they have found information or education at school about physical activity 'quite' or 'very' useful.

	SEND	Non-SEND
	All Years	All Years
Boys	19	19
Girls	27	24

Be Part of the Community

Leisure time

Q21. Percentage of pupils responding that they went to or took part in the following in the 4 weeks before the survey:



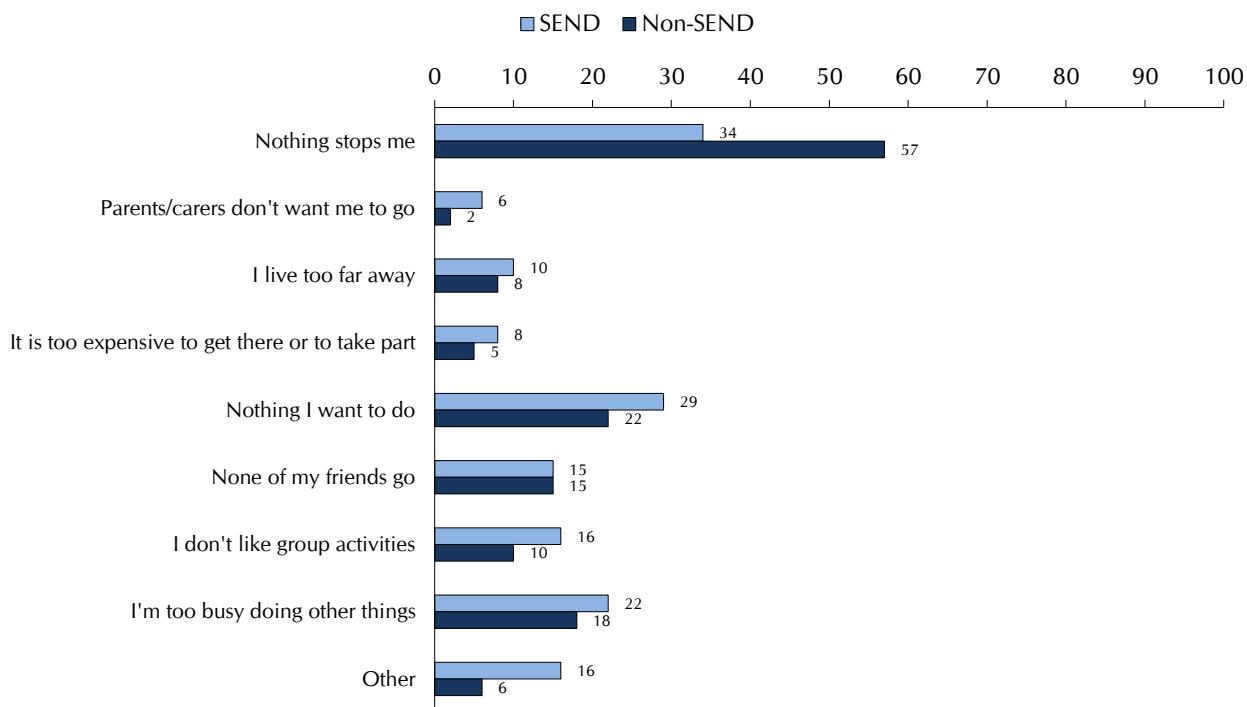
69% (73%) of pupils responded that they went to parks or open spaces in their free time outside school in the last 4 weeks, while 42% (45%) said they went to a sports club or class (not school lessons or just watching).

Q21. Percentage of pupils responding that they went to the following in their free time outside school in the last 4 weeks (top 5 – Non-SEND data in brackets):

Boys				Girls			
1	Parks or open spaces	66	(71)	1	Parks or open spaces	76	(76)
2	Sports club or class (not school lessons or just watching)	42	(48)	2	Sports club or class (not school lessons or just watching)	46	(44)
3	Swimming	20	(19)	3	Swimming	24	(18)
4	Cinema/theatres	17	(15)	4	Cinema/theatres	22	(16)
5	Youth centre or club (including scouts, guides etc.)	14	(10)	5	Art, craft, dance, drama, film making group	20	(17)

34% (57%) of pupils said nothing stops them taking part in out of school activities like clubs.

Q23. Percentage of pupils responding that the following things stop them taking part in out of school activities like clubs:



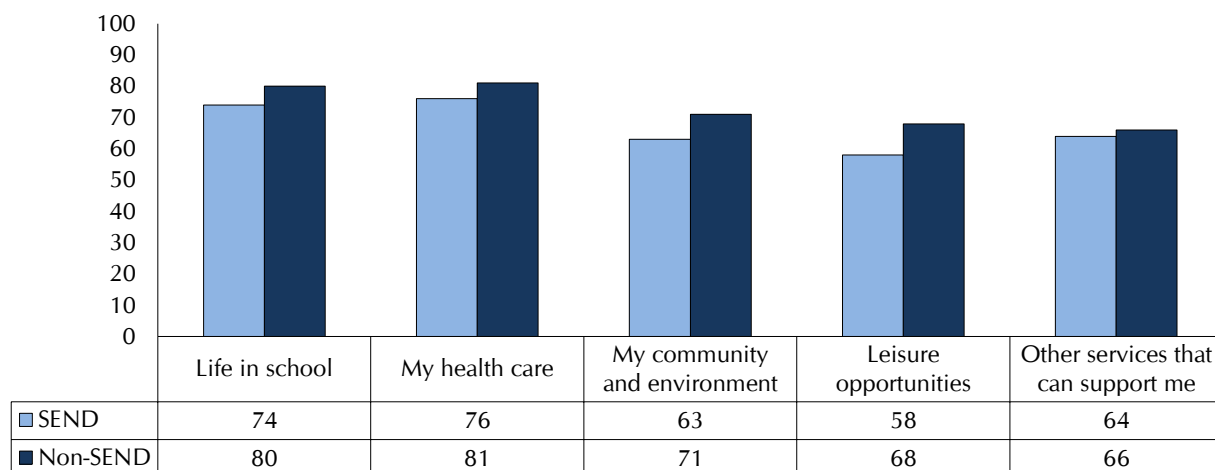
22% (18%) of pupils said they're too busy doing other things to take part in out of school activities like clubs, while 15% (15%) said none of their friends go.

Q23. Percentage of pupils responding that the following things stop them taking part in out of school activities like clubs (top 5 – Non-SEND data in brackets):

Boys				Girls			
1	Nothing stops me	44	(66)	1	Nothing I want to do	31	(23)
2	Nothing I want to do	26	(21)	2	I'm too busy doing other things	27	(21)
3	I'm too busy doing other things	16	(14)	3	Nothing stops me	26	(50)
4	Other	12	(5)	4	None of my friends go	23	(20)
5	I don't like group activities	10	(7)	5	I don't like group activities	20	(12)

Views and opinions

Q24. Percentage of pupils responding that they have the chance to give their views about the following*:

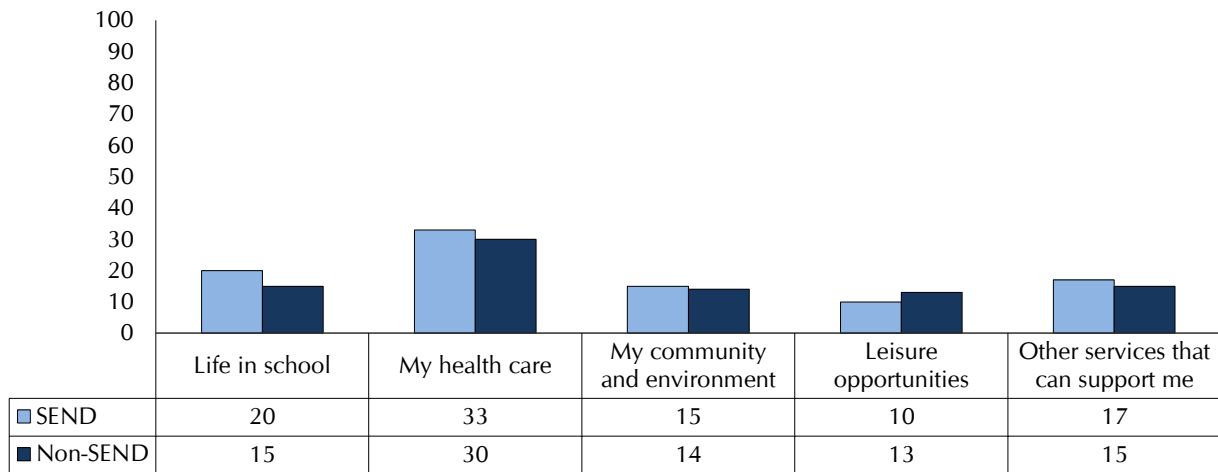


* Irrespective of whether or not they use the chances they have.

Q24. Percentage of pupils responding that they think they have the chance to give their views about the following (Non-SEND data in brackets):

	I have chances and I use them	I have chances but I don't use them	I don't have chances but would like to	I don't have chances and don't want them
Boys				
Life in school	39 (39)	38 (43)	14 (7)	10 (10)
My health care	42 (41)	37 (41)	10 (4)	11 (12)
My community and environment	25 (30)	40 (44)	13 (8)	21 (17)
Leisure opportunities	22 (30)	34 (41)	14 (7)	28 (20)
Other services that can support me	28 (23)	38 (45)	15 (7)	18 (23)
Girls				
Life in school	35 (37)	39 (43)	17 (12)	8 (8)
My health care	39 (40)	38 (40)	16 (8)	6 (10)
My community and environment	24 (26)	38 (42)	15 (13)	19 (19)
Leisure opportunities	16 (25)	44 (41)	15 (10)	20 (23)
Other services that can support me	26 (21)	39 (44)	15 (10)	17 (23)

Q25. Percentage of pupils responding that they think giving their views makes 'quite a lot of' or 'a big' difference about the following:

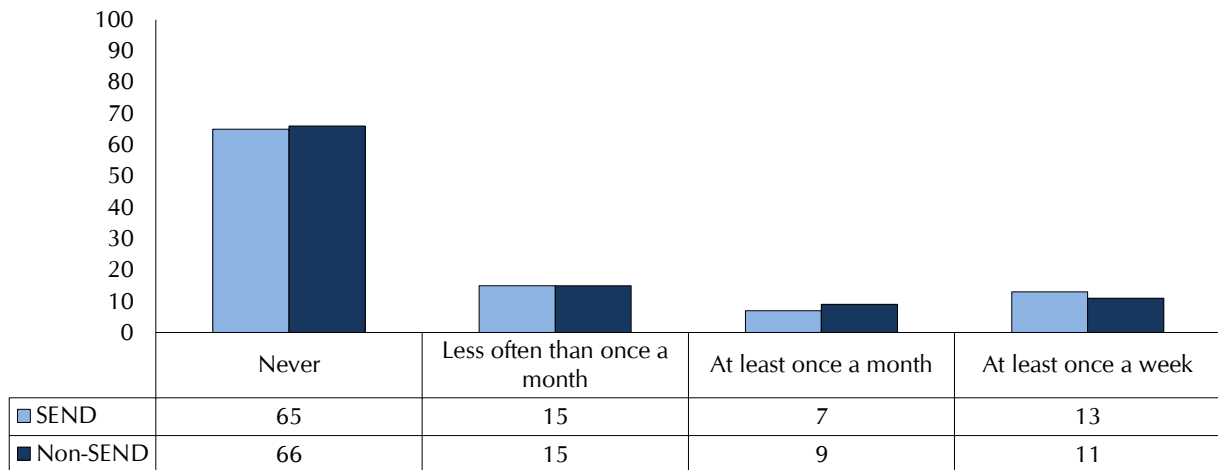


Q25. Percentage of pupils responding that they think giving their views makes a difference about the following (Non-SEND data in brackets):

	Makes no difference to what happens	Makes a little difference	Makes quite a lot of difference	Makes a big difference
Boys				
Life in school	46 (40)	33 (43)	11 (11)	10 (6)
My health care	37 (35)	27 (34)	21 (20)	15 (11)
My community and environment	44 (45)	38 (39)	11 (11)	6 (5)
Leisure opportunities	61 (48)	28 (36)	7 (10)	3 (5)
Other services that can support me	49 (46)	33 (36)	11 (11)	6 (4)
Girls				
Life in school	38 (44)	42 (42)	14 (10)	5 (4)
My health care	28 (33)	41 (36)	22 (23)	8 (8)
My community and environment	45 (52)	40 (35)	9 (8)	4 (4)
Leisure opportunities	58 (55)	32 (31)	7 (10)	2 (2)
Other services that can support me	46 (51)	35 (33)	12 (11)	5 (3)

Volunteering

Q26. Over the last six months, how often have you taken part in volunteering outside of school?



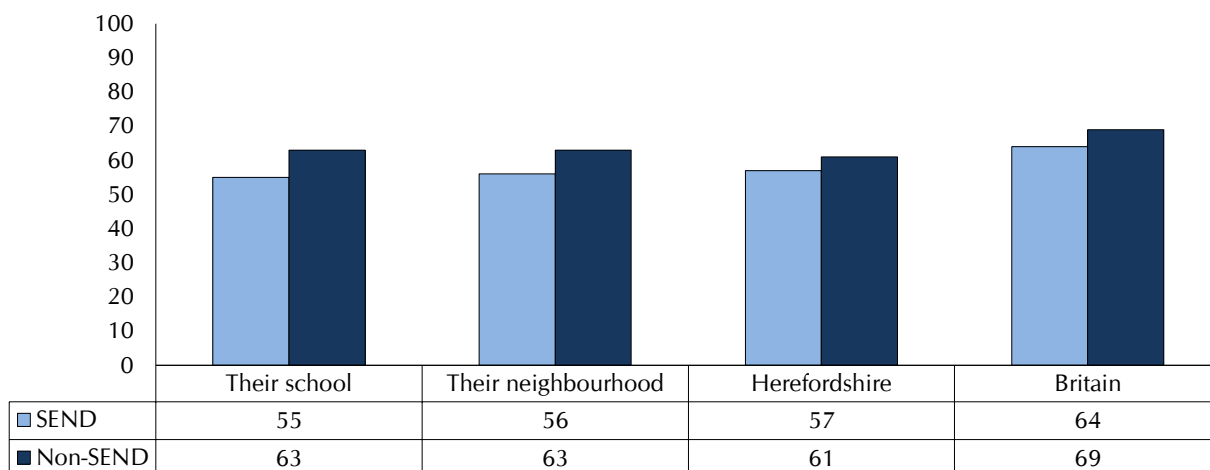
35% (34%) of pupils said they have taken part in at least some volunteering outside school over the last six months; 21% (20%) said they have done at least 'once a month' (incl. 'at least once a week').

Q26. Percentage answering that they have done at least some volunteering outside school over the last six months.

	SEND	Non-SEND
All Years	33	32
Boys	33	32
Girls	38	38

Belonging

Q27. Percentage of pupils responding that they feel 'fairly' or 'very' strongly that they belong to the following:



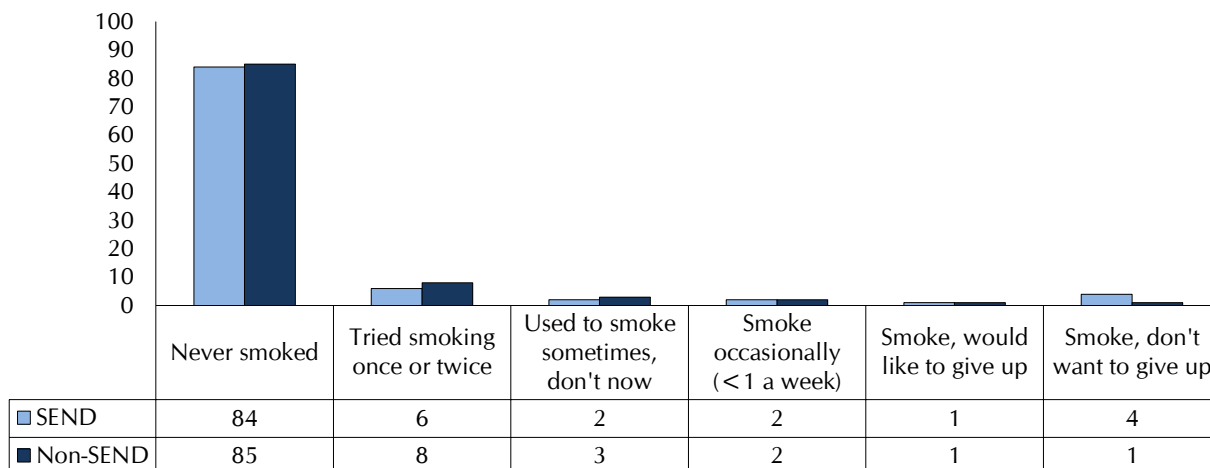
55% (63%) of pupils responded that they 'fairly' or 'very' strongly feel that they belong to their school; 56% (63%) said the same of belonging to their neighbourhood.

Q27. Percentage of pupils responding to: How strongly do you feel that you belong to each of the following? (Non-SEND data in brackets):

	Very strongly	Fairly strongly	Not very strongly	Not at all strongly	Don't know
Boys					
Your school	19 (25)	41 (43)	23 (16)	8 (8)	11 (8)
Your neighbourhood	26 (30)	32 (36)	21 (17)	10 (7)	11 (9)
Herefordshire	35 (33)	24 (33)	14 (15)	15 (9)	11 (9)
Britain	48 (47)	17 (26)	11 (9)	10 (9)	14 (9)
Girls					
Your school	11 (17)	46 (42)	23 (19)	8 (13)	12 (9)
Your neighbourhood	23 (24)	33 (38)	19 (18)	11 (11)	14 (9)
Herefordshire	24 (22)	37 (35)	18 (18)	7 (14)	15 (11)
Britain	30 (33)	38 (32)	12 (12)	8 (10)	12 (13)

Smoking

Q28. Smoking: Which sentence describes you best?



16% (15%) of pupils said they have smoked in the past or smoke now.

For comparison, the 2009 Herefordshire survey found 31% of Y8&Y10 pupils said they had at least tried smoking.

7% (4%) of pupils responded that they at least 'occasionally' smoke.

4% (2%) of pupils responded that they have smoked cigarettes in the last 7 days.

8% (5%) of Year 10+ pupils said they would like to cut down on smoking, while 11% (4%) said they don't want to.

Q28. Percentage answering that they have smoked in the past or smoke now.

	SEND	Non-SEND
	All Years	All Years
Boys	13	13
Girls	20	16

Q28. Percentage answering that they at least 'occasionally' smoke.

	SEND	Non-SEND
	All Years	All Years
Boys	8	3
Girls	9	5

Q29. Percentage answering that they have smoked cigarettes in the last 7 days.

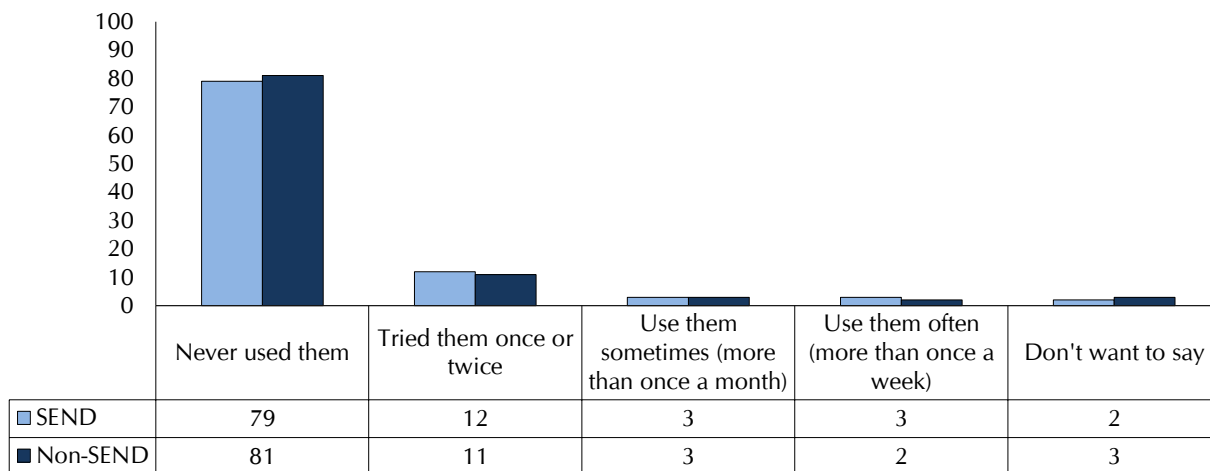
	SEND	Non-SEND
	All Years	All Years
Boys	2	2
Girls	6	3

Q42a. Percentage answering that they would like to cut down on smoking.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	14	3
Girls	3	7

Vaping

Q31. E-cigarettes/vaping: Which of the following is closest to describing your experience of vaping/e-cigarettes?



79% (81%) of pupils responded that they have never vaped/used e-cigarettes.

Q31. Percentage answering that they have never vaped/ used e-cigarettes.

	SEND	Non-SEND
	All Years	All Years
Boys	80	83
Girls	77	79

7% (5%) of pupils responded that they vape/use e-cigarettes at least 'sometimes' (more than once a month).

Q31. Percentage answering that they vape/use e-cigarettes at least 'sometimes'.

	SEND	Non-SEND
	All Years	All Years
Boys	5	5
Girls	9	5

6% (3%) of Year 10+ pupils said they would like to cut down on vaping, while 9% (5%) said they don't want to.

Q42b. Percentage answering that they would like to cut down on vaping.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	7	2
Girls	6	4

Alcohol

47% (45%) of pupils responded that they have had a whole alcoholic drink (not just a sip).

Q32. Percentage answering that they have had a whole alcoholic drink (not just a sip).

	SEND	Non-SEND
	All Years	All Years
Boys	49	44
Girls	46	45

14% (16%) of pupils responded that they had an alcoholic drink in the last 7 days.

Q33. Percentage answering that they had an alcoholic drink in the last 7 days.

	SEND	Non-SEND
	All Years	All Years
Boys	17	16
Girls	15	15

3% (4%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 2% (3%) drank spirits.

Q34. Most popular alcoholic drinks from the 7 days before the survey (top 3 - Non-SEND data in brackets):

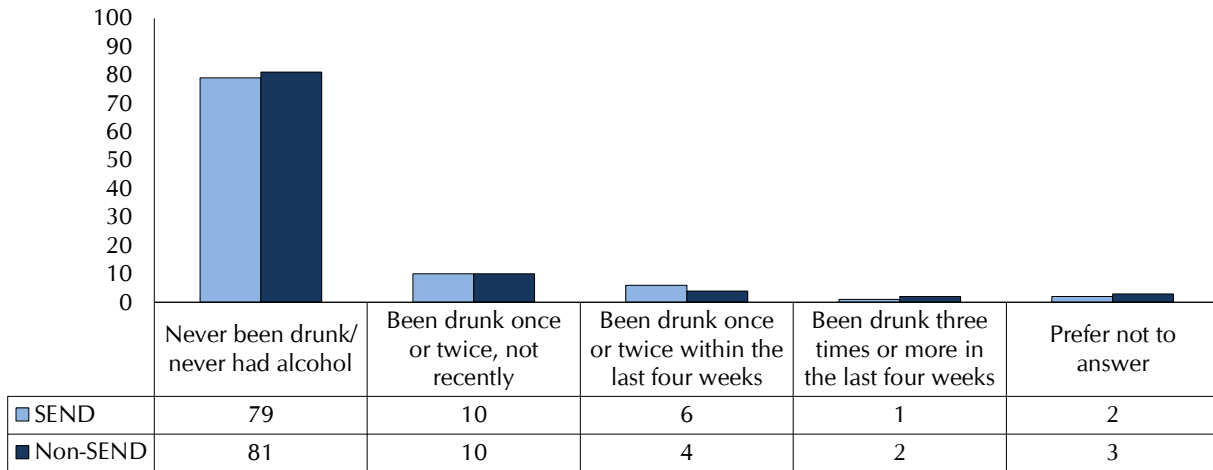
Boys			Girls		
1 Cider or perry	6	(5)	1 Pre-mixed drinks	5	(5)
2 Beer or lager	5	(6)	2 Cider or perry	5	(4)
3 Spirits	2	(2)	3 Spirits	3	(5)

8% (9%) of pupils said their parents/guardians bought/gave them alcohol in the last 7 days, while 4% (4%) said friends/family over 18 bought it/gave it to them.

Q35. Percentage of pupils responding that they obtained alcoholic drink in the following ways during the last 7 days (top 3 – Non-SEND data in brackets):

Boys			Girls		
1 Parents/guardians bought it/gave it to them	9	(9)	1 Parents/guardians bought it/gave it to them	8	(9)
2 Friends/family over 18 bought it/gave it to them	5	(4)	2 Friends/family over 18 bought it/gave it to them	3	(4)
3 Took it from parents/guardians without consent	2	(1)	3 Took it from parents/guardians without consent	2	(2)

Q36. Getting drunk: Which statement describes you best?



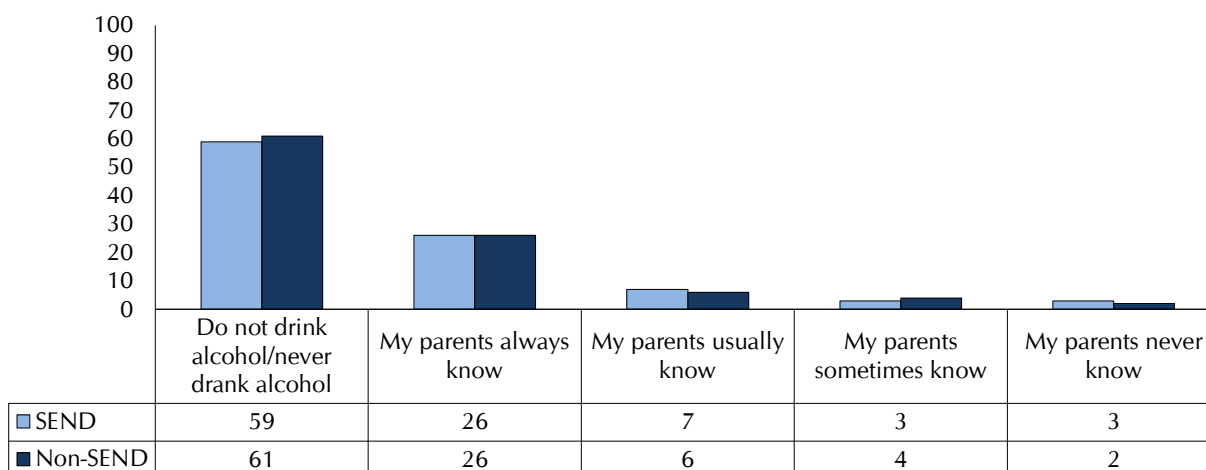
17% (15%) of pupils said they have been drunk at some point; 7% (5%) said they have been within the last four weeks.

Of the 134 (1217) pupils who said they have had a whole alcoholic drink, 36% (34%) said they have been drunk at some point; 14% (12%) said they have been within the last four weeks.

Q36. Percentage answering that they have been drunk at some point.

	SEND	Non-SEND
All Years		
Boys	14	13
Girls	22	18

Q37. Do your parents/carers know if you drink alcohol?



59% (61%) of pupils responded that they do not drink alcohol (or have never drank alcohol).

Q37. Percentage answering that they do not drink alcohol (or have never drank alcohol).

	SEND	Non-SEND
All Years		
Boys	59	63
Girls	58	60

26% (26%) of pupils responded that they do drink alcohol and their parents 'always' know, while 7% (6%) said their parents 'usually' know.

Q37. Percentage answering that they drink alcohol and their parents 'always' know.

	SEND	Non-SEND
All Years		
Boys	27	26
Girls	24	25

This works out as 63% (66%) of those who drink alcohol responding that their parents 'always' know.

6% (6%) of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

Q37. Percentage answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

	SEND	Non-SEND
All Years		
Boys	7	4
Girls	6	7

This works out as 16% (15%) of those who drink alcohol responding that their parents 'never' or only 'sometimes' know.

6% (6%) of Year 10+ pupils said they would like to cut down on drinking alcohol, while 34% (35%) said they don't want to.

Q42c. Percentage answering that they would like to cut down on drinking alcohol.

	SEND	Non-SEND
Yr 10&11		
Boys	11	6
Girls	3	7

Drugs

11% (6%) of pupils said they have taken drugs, while 5% (4%) said they are 'not sure' if they have. 6% (2%) said they have taken drugs in the last month.

Q38. Percentage answering that they have taken drugs.

	SEND	Non-SEND
	All Years	All Years
Boys	10	5
Girls	13	6

8% (4%) of pupils said they have used cannabis and 3% (1%) said they have used nitrous oxide.

Q39. Summary of the more common recreational drugs (Non-SEND data in brackets):

All Years	Taken during the last month	Taken during the last year (incl. last month)	Ever taken
Amphetamines	0 (0)	0 (0)	1 (0)
Cannabis	6 (2)	7 (4)	8 (4)
Ecstasy	0 (0)	1 (0)	2 (1)
Nitrous oxide	1 (0)	3 (1)	3 (1)
NPS	0 (0)	0 (0)	1 (0)
Poppers	0 (0)	0 (0)	0 (0)
Solvents used as drugs	1 (0)	1 (0)	1 (0)
Muscle-building steroids	0 (0)	0 (0)	0 (0)

4% (2%) of pupils said they have taken drugs listed in Q39 and alcohol on the same occasion, while 1% (1%) said they 'don't know' if they have.

2% (1%) of pupils said they have taken two or more of the drugs listed in Q39 on the same occasion, while 0% (1%) said they 'don't know' if they have.

5% (3%) of Year 10+ pupils said they would like to cut down on using illegal drugs, while 9% (4%) said they don't want to.

33% (37%) of pupils said they have found information or education at school about drugs education (incl. alcohol and tobacco) 'quite' or 'very' useful, while 17% (13%) have found it 'not at all useful' and 23% (19%) couldn't remember any.

Q40. Percentage answering that they have taken drugs listed and alcohol on the same occasion.

	SEND		Non-SEND	
	All Years		All Years	
Boys	2		2	
Girls	7		2	

Q41. Percentage answering that they have taken two or more of the drugs listed on the same occasion.

	SEND		Non-SEND	
	All Years		All Years	
Boys	1		1	
Girls	3		1	

Q42d. Percentage answering that they would like to cut down on using illegal drugs.

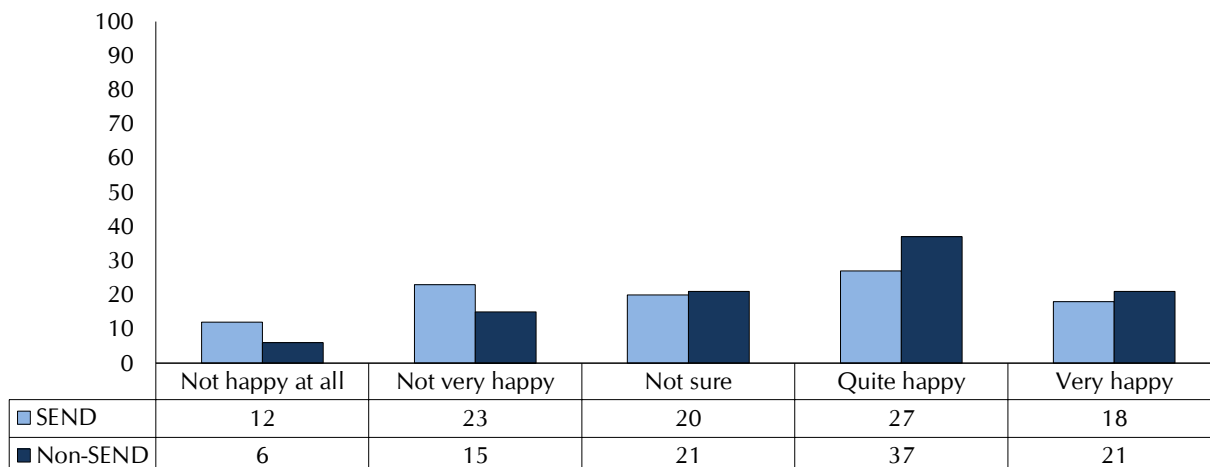
	SEND		Non-SEND	
	Yr 10&11		Yr 10&11	
Boys	7		2	
Girls	3		4	

Q76. Percentage answering that they have found information or education at school about drugs (incl. alcohol and tobacco) 'quite' or 'very' useful.

	SEND		Non-SEND	
	All Years		All Years	
Boys	1		1	
Girls	3		1	

Happiness

Q43. In general, how happy are you with your life at the moment?



35% (20%) of pupils responded that they are 'not happy at all' or 'not very happy' with their life at the moment.

Q43. Percentage answering that they are 'not happy at all' or 'not very happy' with their life at the moment.

	SEND	Non-SEND
	All Years	All Years
Boys	26	12
Girls	37	27

45% (59%) of pupils responded that they are 'quite' or 'very' happy with their life at the moment.

Q43. Percentage answering that they are 'quite' or 'very' happy with their life at the moment.

	SEND	Non-SEND
	All Years	All Years
Boys	57	71
Girls	39	49

Help and support

40% (25%) of pupils said they or their family have asked for help with their mental health, while 20% (19%) said they 'don't know' if they have.

Q44. Percentage answering that they or their family have asked for help with their mental health.

	SEND		Non-SEND	
	All Years		All Years	
Boys	41		18	
Girls	40		30	

21% (11%) of pupils said they/their family have asked for support from school with their mental health; 18% (10%) said they have asked for support from a therapist/counsellor.

Q45. Percentage of pupils responding that they/their family asked for the following support with their mental health (top 5 – Non-SEND data in brackets):

Boys				Girls			
1	Support from school	19	(7)	1	Support from a therapist/counsellor	23	(14)
2	Support from a therapist/counsellor	14	(5)	2	Support from school	22	(15)
3	Child and Adolescent Mental Health Service (CAMHS)	9	(3)	3	Support from a family friend/relative	13	(13)
4	Support from a family friend/relative	8	(7)	4	Help from the GP	12	(8)
5	Help from the GP	7	(3)	5	Child and Adolescent Mental Health Service (CAMHS)	12	(6)

40% (26%) of pupils said they have used 1-1 support at school, while 12% (6%) said they would like to use it but it hasn't been offered to them.

Of the 106 (686) pupils who have used 1-1 support at school, 51% (57%) said it helped them.

Q46. Percentage answering that they have used 1-1 support at school.

	SEND		Non-SEND	
	All Years		All Years	
Boys	40		23	
Girls	36		30	

12% (7%) of pupils said they have used self-esteem sessions at school, while 10% (6%) said they would like to use them but they haven't been offered to them.

Of the 32 (186) pupils who have used self-esteem sessions at school, 28% (38%) said they helped them.

Q46. Percentage answering that they have used self-esteem sessions at school.

	SEND		Non-SEND	
	All Years		All Years	
Boys	11		5	
Girls	12		9	

14% (7%) of pupils said they have used mentoring sessions at school, while 6% (4%) said they would like to use them but they haven't been offered to them.

Of the 37 (178) pupils who have used mentoring sessions at school, 51% (55%) said they helped them.

Q46. Percentage answering that they have used mentoring sessions at school.

	SEND		Non-SEND	
	All Years		All Years	
Boys	13		6	
Girls	14		8	

21% (12%) of pupils said they have used quiet spaces outside of normal classrooms at school, while 19% (12%) said they would like to use them but they haven't been offered to them.

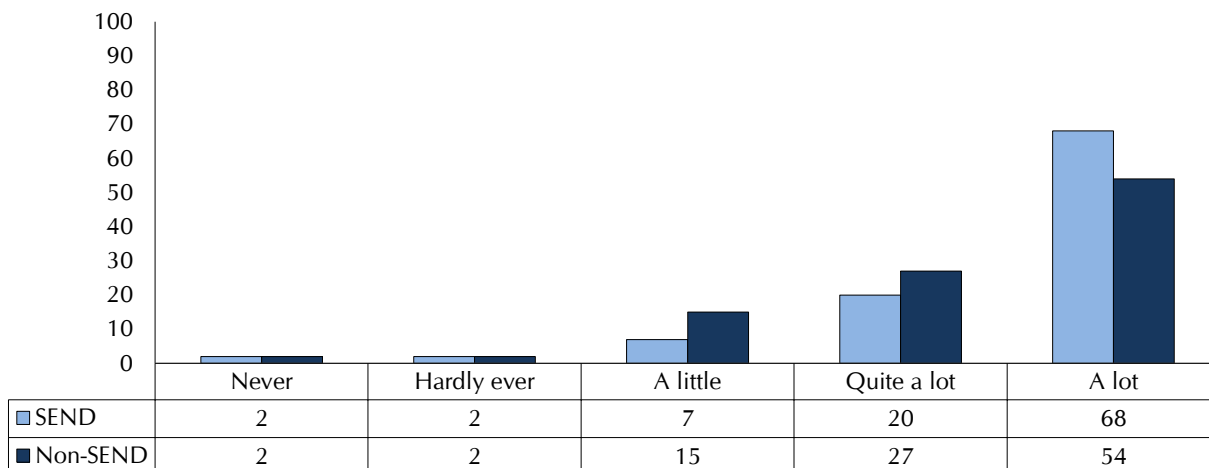
Of the 54 (312) pupils who have used quiet spaces outside of normal classrooms at school, 65% (68%) said they helped them.

Q46. Percentage answering that they have used quiet spaces outside of normal classrooms at school.

	SEND		Non-SEND	
	All Years		All Years	
Boys	20		10	
Girls	20		14	

Worrying

Q47. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...



89% (80%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'; 30% (18%) of boys and 56% (41%) of girls worry about more than 5.

Q47. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

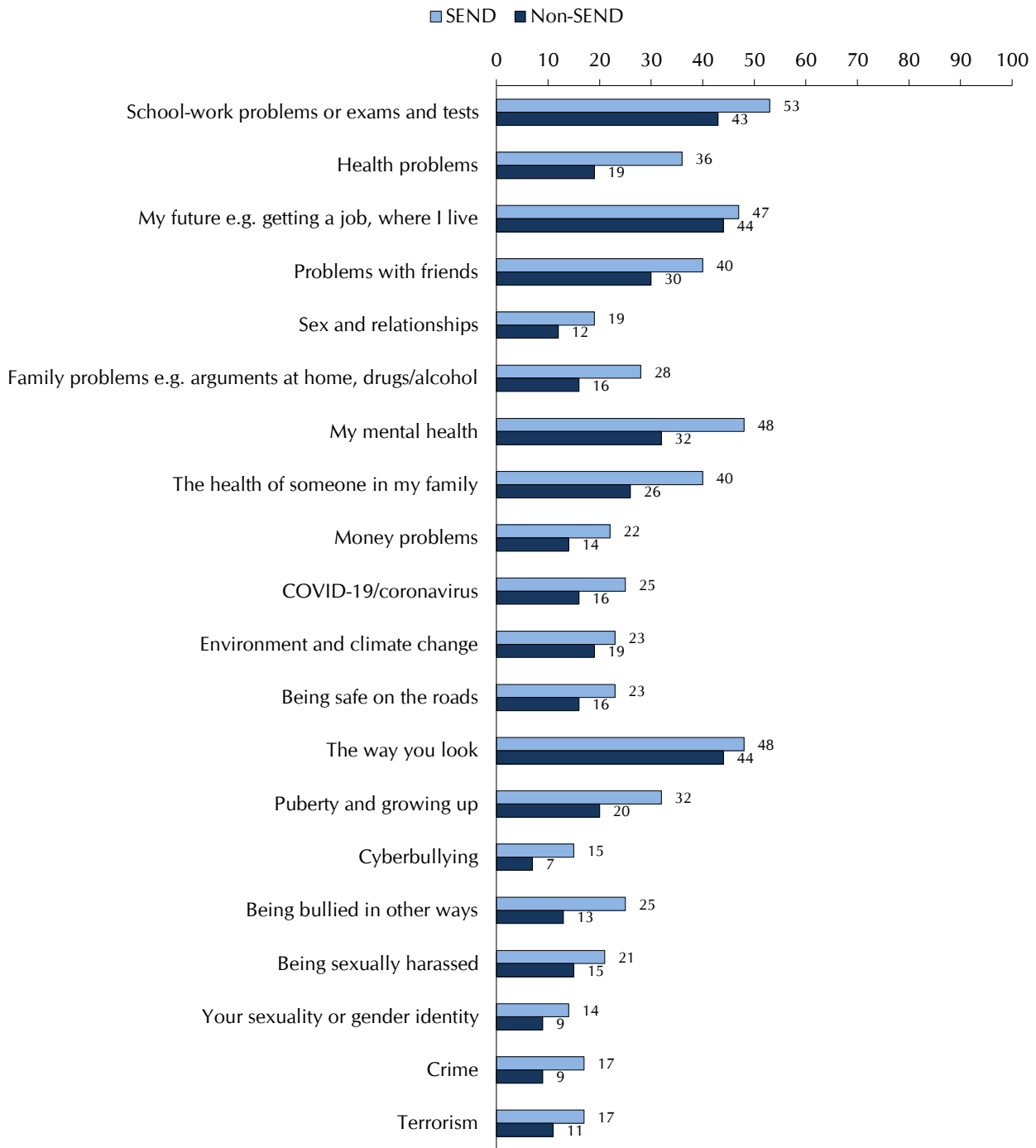
	SEND	Non-SEND
All Years	79	71
Boys	79	71
Girls	95	90

53% (43%) of pupils responded that they worry about school-work problems or exams and tests 'quite a lot' or 'a lot', while 48% (44%) worry about the way they look.

Q47. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 – Non-SEND data in brackets):

Boys				Girls			
1	School-work problems or exams and tests	43	(30)	1	The way you look	63	(59)
2	My future e.g. getting a job, where I live	38	(39)	2	School-work problems or exams and tests	59	(55)
3	My mental health	35	(17)	3	My mental health	57	(46)
4	Health problems	33	(13)	4	My future e.g. getting a job, where I live	55	(49)
5	The way you look	32	(27)	5	Problems with friends	49	(40)
6	The health of someone in my family	25	(21)	6	The health of someone in my family	48	(31)
7	Problems with friends	25	(19)	7	Puberty and growing up	40	(26)
8	Being safe on the roads	20	(14)	8	Health problems	38	(25)
9	Puberty and growing up	18	(12)	9	Family problems e.g. arguments at home, drugs/alcohol	38	(22)
10	Environment and climate change	17	(16)	10	Being sexually harassed	37	(26)

Q47. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



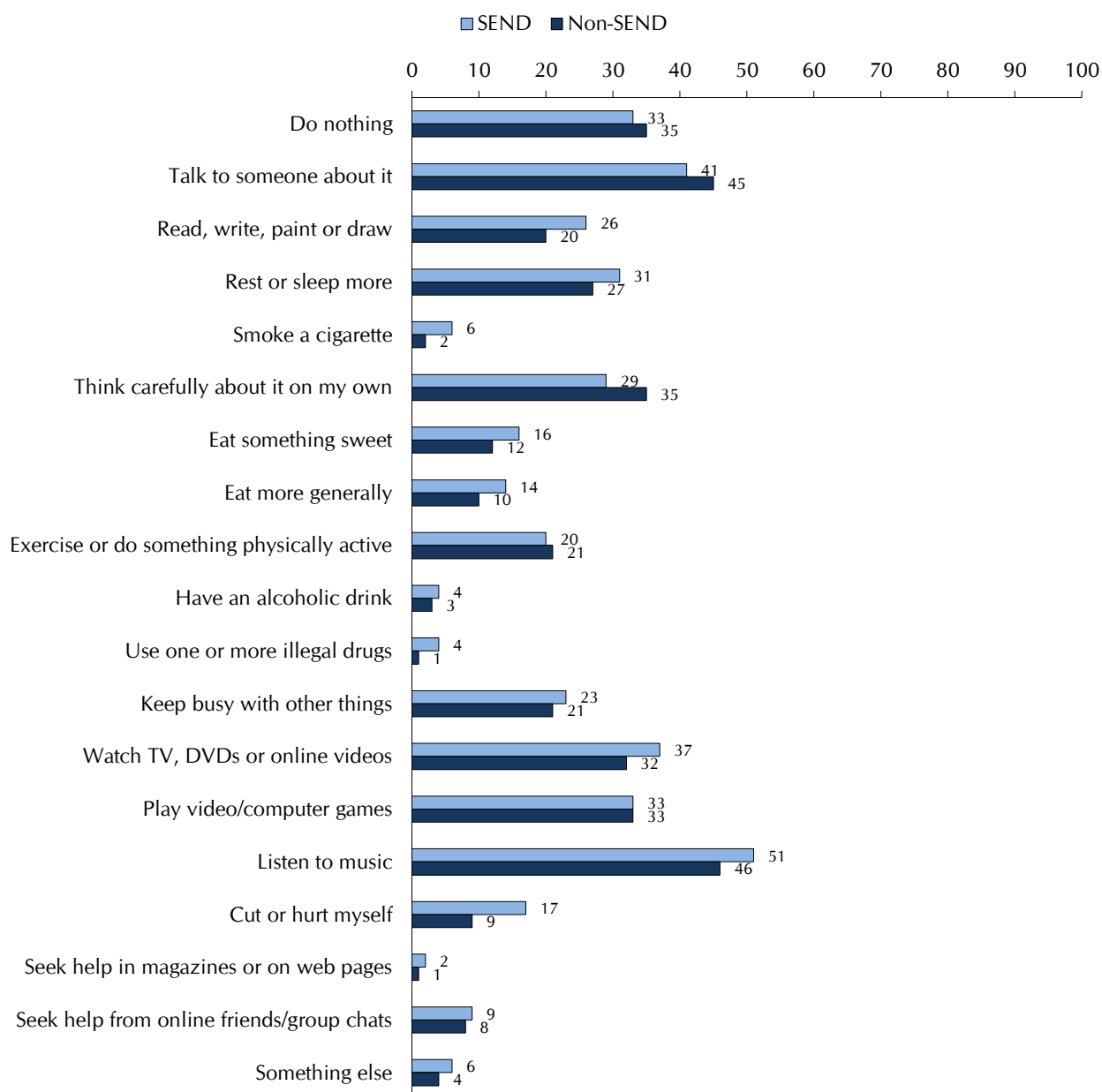
Problem solving

37% (32%) of pupils responded that they watch TV, DVDs or online videos when they have a problem, while 41% (45%) said they talk to someone about it and 17% (9%) said they cut or hurt themselves.

Q48. Percentage of pupils responding that they do the following when they have a problem (top 10 - Non-SEND data in brackets):

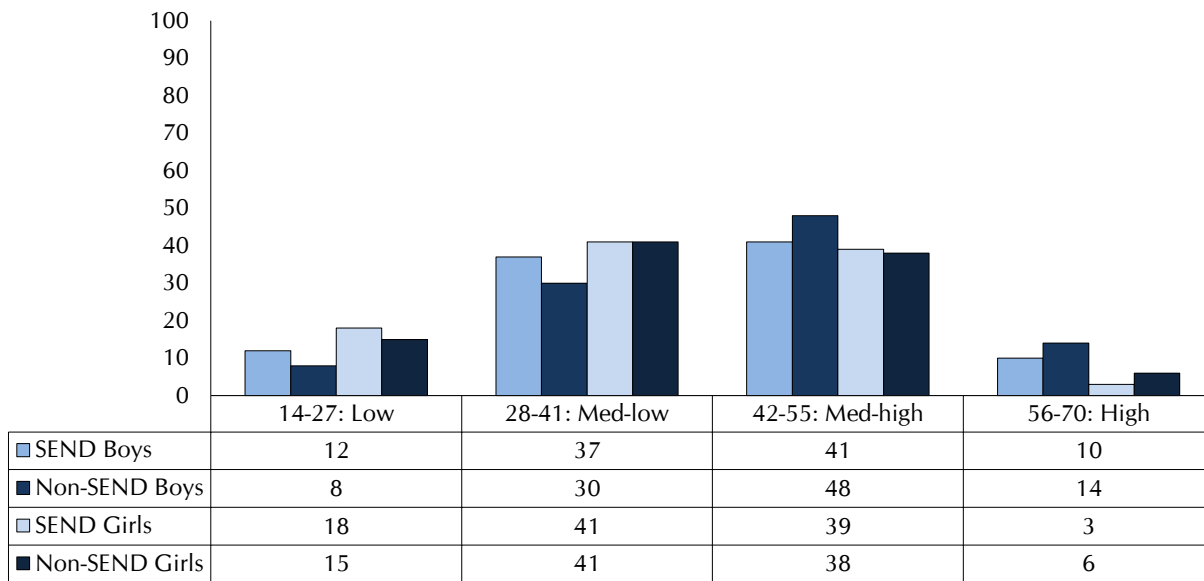
Boys				Girls			
1	Listen to music	41	(34)	1	Listen to music	59	(56)
2	Play video/computer games	40	(46)	2	Talk to someone about it	45	(47)
3	Talk to someone about it	40	(45)	3	Watch TV, DVDs or online videos	41	(35)
4	Watch TV, DVDs or online videos	33	(29)	4	Rest or sleep more	40	(35)
5	Do nothing	32	(34)	5	Read, write, paint or draw	36	(29)
6	Think carefully about it on my own	28	(33)	6	Do nothing	31	(36)
7	Exercise or do something physically active	22	(22)	7	Think carefully about it on my own	30	(37)
8	Rest or sleep more	21	(19)	8	Keep busy with other things	29	(24)
9	Keep busy with other things	17	(18)	9	Play video/computer games	26	(19)
10	Read, write, paint or draw	10	(9)	10	Cut or hurt myself	24	(14)

Q48. Percentage of pupils responding that they do the following when they have a problem:



The Warwick-Edinburgh Mental Wellbeing Composite Score (WEMWBS)

Q49. The Warwick-Edinburgh Mental Wellbeing Composite Score (WEMWBS):



16% (12%) of pupils had a low score (14 – 27) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).

Q49. Percentage of pupils with a low score (14 – 27) on the Warwick-Edinburgh Mental Wellbeing Scale:

	SEND	Non-SEND
	All Years	All Years
Boys	12	8
Girls	18	15

6% (10%) of pupils had a high score (56 – 70) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).

Q49. Percentage of pupils with a high score (56 – 70) on the Warwick-Edinburgh Mental Wellbeing Scale:

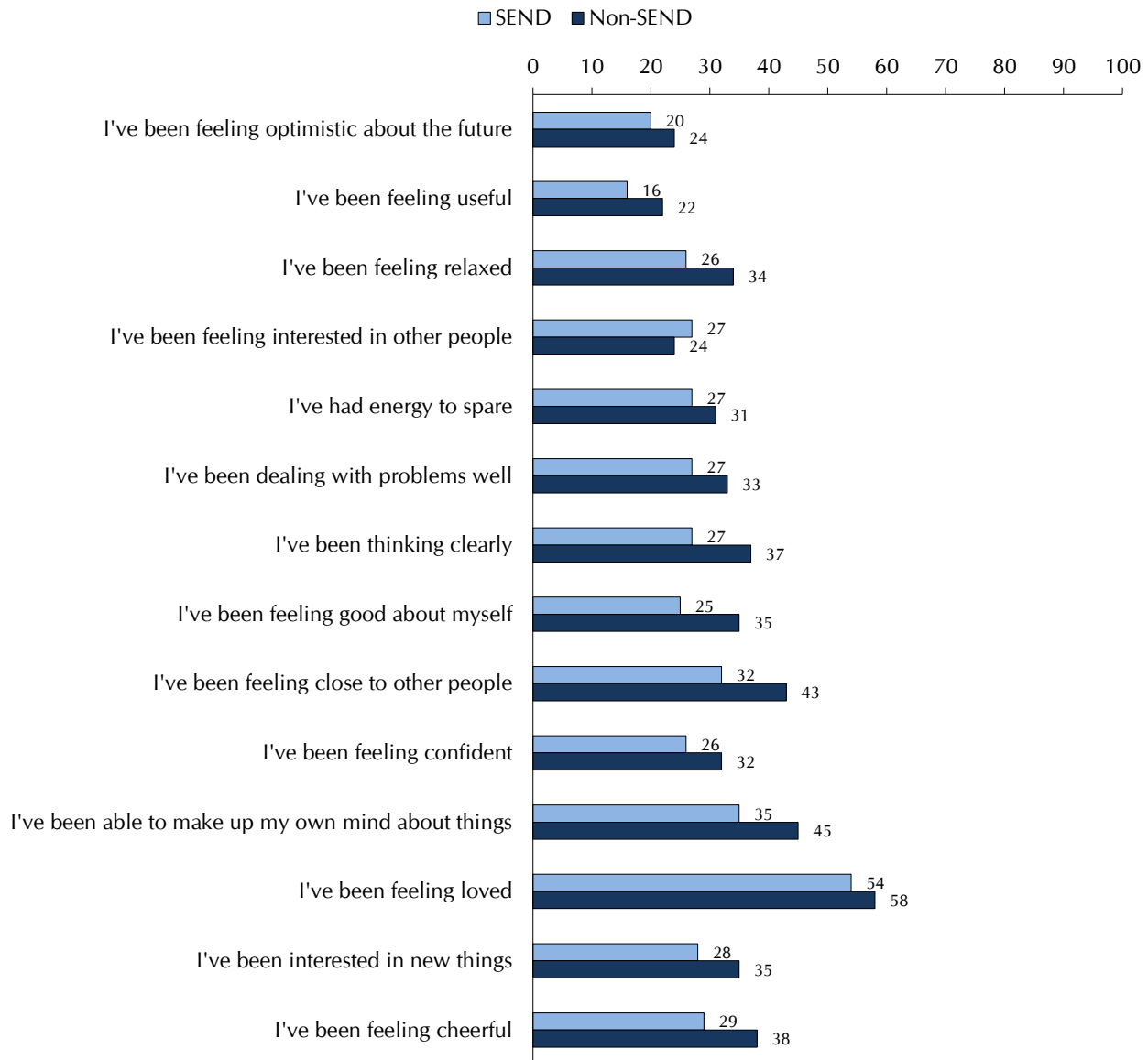
	SEND	Non-SEND
	All Years	All Years
Boys	10	14
Girls	3	6

54% (58%) of pupils responded that they have been feeling loved 'often' or 'all of the time' over the last two weeks, while 52% (47%) said they have been feeling optimistic about the future 'rarely' or 'none of the time'.

Q49. The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS): Percentage of pupils responding to the following statements about the last two weeks (Non-SEND data in brackets):

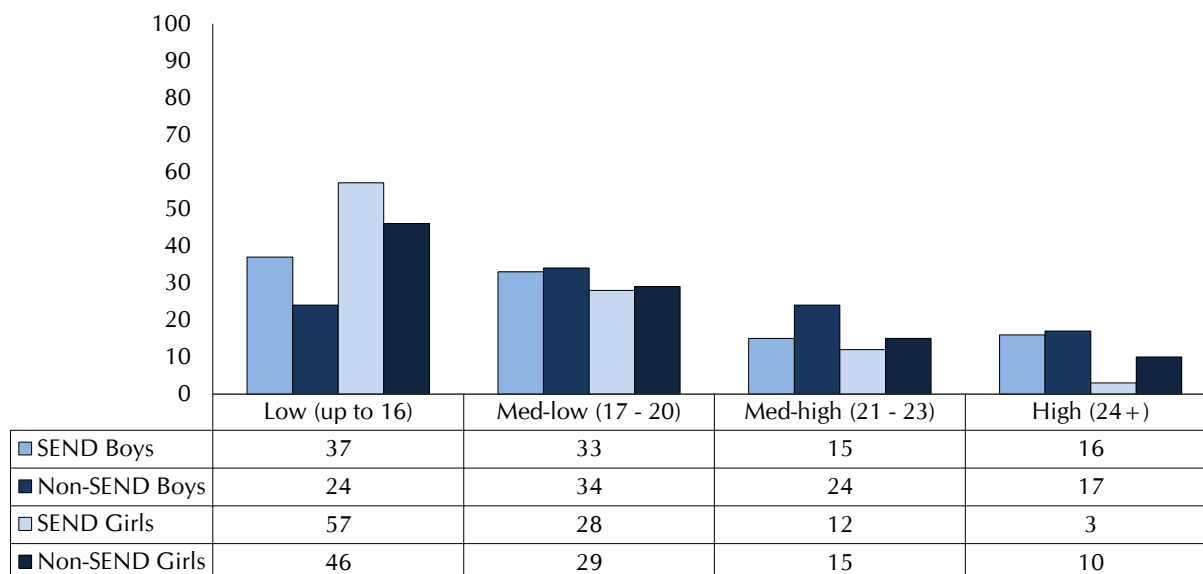
Boys	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about the future	32 (23)	19 (22)	23 (28)	17 (19)	7 (8)
I've been feeling useful	20 (17)	26 (20)	34 (36)	14 (21)	5 (6)
I've been feeling relaxed	13 (8)	20 (14)	27 (33)	27 (33)	10 (11)
I've been feeling interested in other people	25 (23)	19 (24)	23 (26)	19 (18)	10 (7)
I've had energy to spare	16 (12)	22 (19)	25 (30)	22 (25)	13 (13)
I've been dealing with problems well	20 (16)	27 (16)	23 (27)	19 (29)	9 (12)
I've been thinking clearly	13 (11)	28 (13)	23 (30)	22 (30)	14 (16)
I've been feeling good about myself	19 (9)	22 (13)	23 (29)	21 (33)	13 (15)
I've been feeling close to other people	15 (11)	17 (15)	37 (28)	23 (32)	6 (14)
I've been feeling confident	17 (9)	23 (17)	23 (29)	23 (30)	13 (14)
I've been able to make up my own mind about things	12 (7)	19 (12)	23 (27)	25 (33)	17 (20)
I've been feeling loved	10 (9)	19 (9)	17 (20)	23 (30)	29 (31)
I've been interested in new things	19 (10)	16 (18)	30 (28)	20 (27)	14 (16)
I've been feeling cheerful	17 (9)	21 (13)	26 (33)	23 (29)	13 (16)
Girls	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about the future	28 (20)	25 (28)	29 (28)	13 (17)	3 (5)
I've been feeling useful	22 (18)	37 (30)	27 (34)	10 (14)	4 (3)
I've been feeling relaxed	13 (11)	27 (27)	41 (36)	15 (21)	3 (4)
I've been feeling interested in other people	32 (22)	17 (27)	25 (28)	17 (16)	6 (5)
I've had energy to spare	20 (16)	30 (27)	27 (31)	13 (18)	8 (7)
I've been dealing with problems well	21 (19)	22 (26)	26 (29)	20 (21)	9 (5)
I've been thinking clearly	20 (15)	29 (26)	29 (28)	16 (23)	5 (7)
I've been feeling good about myself	23 (19)	31 (26)	27 (30)	9 (18)	9 (6)
I've been feeling close to other people	16 (10)	18 (18)	28 (29)	24 (31)	13 (10)
I've been feeling confident	29 (20)	25 (28)	25 (30)	13 (14)	5 (6)
I've been able to make up my own mind about things	20 (12)	24 (21)	28 (29)	21 (26)	8 (11)
I've been feeling loved	7 (8)	9 (11)	26 (25)	33 (28)	24 (27)
I've been interested in new things	18 (17)	28 (25)	25 (29)	16 (20)	11 (8)
I've been feeling cheerful	17 (13)	23 (20)	34 (34)	19 (23)	7 (9)

Q49. The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS): Percentage of pupils responding 'often' or 'all of the time' to the following statements about the last two weeks:



Resilience

Q50/51. Composite resilience score:



We have used Questions 50 & 51 to form an overall measure of “resilience”. 11 of the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

50% (36%) of pupils had a low measure of resilience (up to 16).

Q50/51. Percentage with a low measure of resilience (up to 16).

	SEND	Non-SEND
	All Years	All Years
Boys	37	24
Girls	57	46

8% (13%) of pupils had a high measure of resilience (24+).

Q50/51. Percentage with a high measure of resilience (24+).

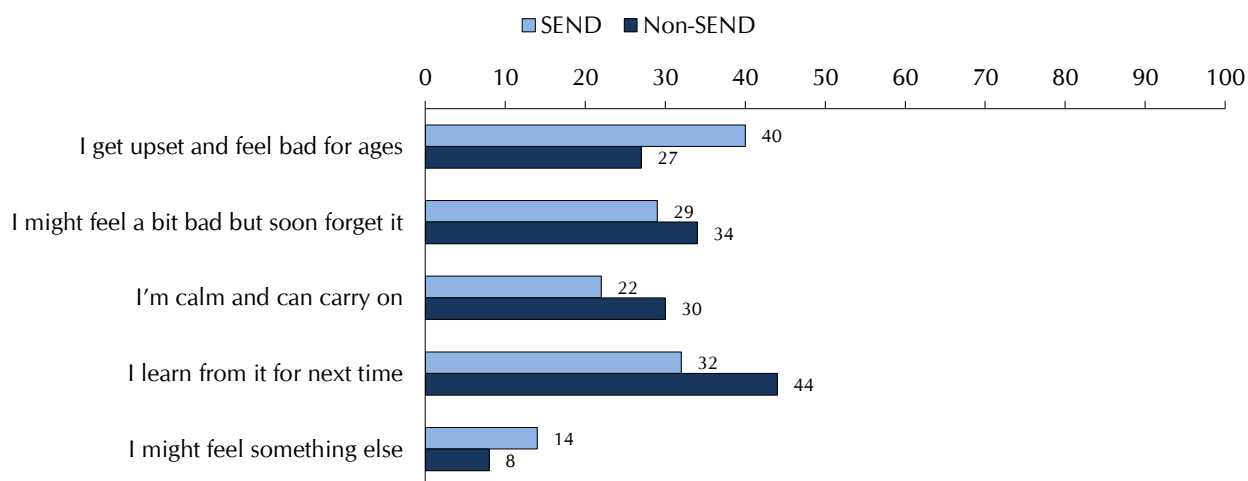
	SEND	Non-SEND
	All Years	All Years
Boys	16	17
Girls	3	10

32% (44%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 40% (27%) said they get upset and feel bad for ages.

Q50. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
I get upset and feel bad for ages	21 (13)	53 (39)	40 (27)
I might feel a bit bad but soon forget it	31 (38)	29 (29)	29 (34)
I'm calm and can carry on	31 (42)	17 (19)	22 (30)
I learn from it for next time	35 (49)	30 (39)	32 (44)
I might feel something else	9 (5)	16 (9)	14 (8)

Q50. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong:

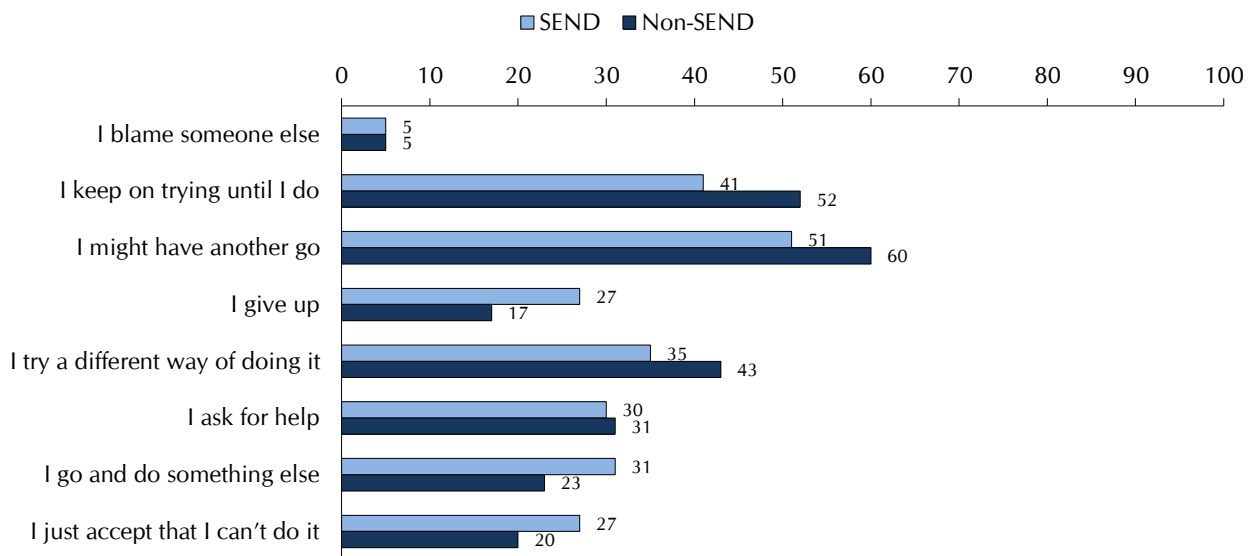


41% (52%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 30% (31%) ask for help and 27% (17%) give up.

Q51. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
I blame someone else	7 (4)	4 (4)	5 (5)
I keep on trying until I do	48 (61)	34 (44)	41 (52)
I might have another go	59 (69)	44 (52)	51 (60)
I give up	18 (11)	33 (22)	27 (17)
I try a different way of doing it	36 (48)	34 (39)	35 (43)
I ask for help	36 (32)	29 (32)	30 (31)
I go and do something else	26 (19)	33 (27)	31 (23)
I just accept that I can't do it	23 (14)	26 (24)	27 (20)

Q51. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:



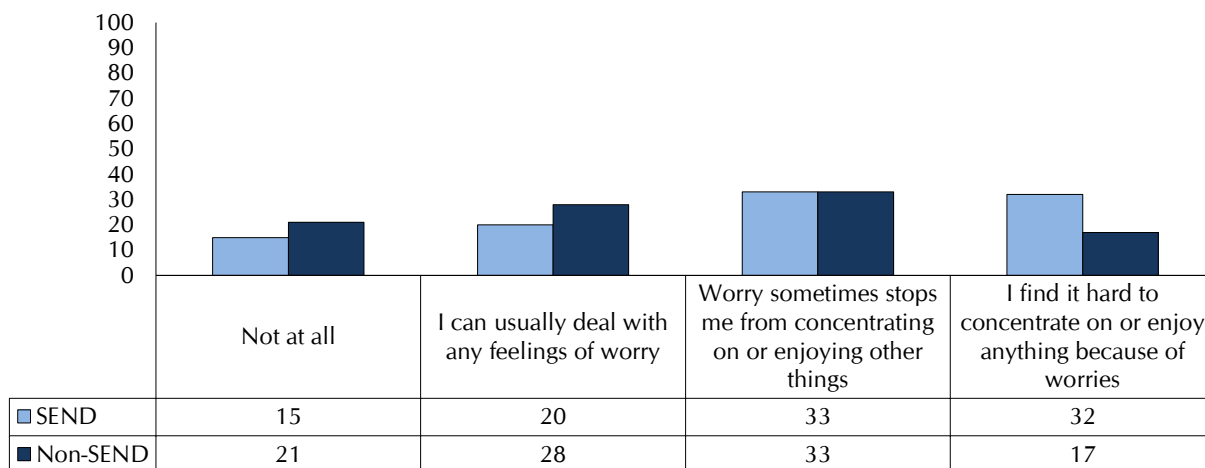
Worry and anxiety

66% (73%) of pupils said that, if they were worried about something, they know an adult they trust who they can talk to, while 14% (11%) said they don't.

Q52. Percentage answering that, if they were worried about something, they know an adult they trust who they can talk to.

	SEND	Non-SEND
	All Years	All Years
Boys	71	80
Girls	67	69

Q53a. How much does worry or anxiety affect your life?



15% (21%) of pupils said worry and anxiety don't affect their life 'at all', while 20% (28%) said they can 'usually deal with any feelings of worry'.

Q53a. Percentage answering that worry and anxiety don't affect their life 'at all'.

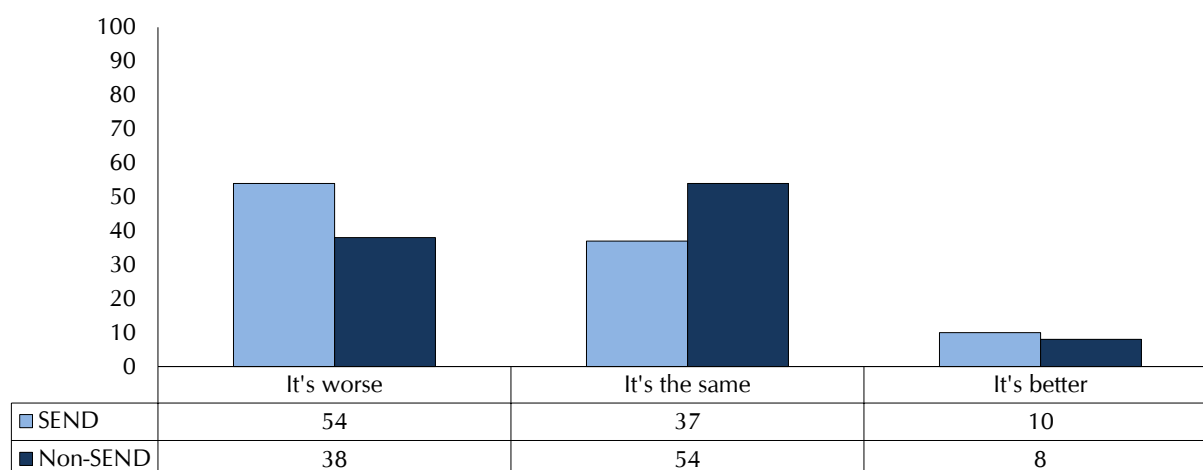
	SEND	Non-SEND
	All Years	All Years
Boys	25	33
Girls	7	10

50% (33%) of boys and 75% (66%) of girls said worry and anxiety at least 'sometimes' stop them from concentrating on or enjoying other things.

Q53a. Percentage answering that worry and anxiety at least 'sometimes' stop them concentrating on or enjoying other things.

	SEND	Non-SEND
	All Years	All Years
Boys	50	33
Girls	75	66

Q53b. Has this got worse or better since the coronavirus happened?



54% (38%) of pupils said any feelings of worry or anxiety have got worse since the coronavirus happened.

Q53b. Percentage answering that any feelings of worry or anxiety have got worse since the coronavirus happened.

	SEND	Non-SEND
	All Years	All Years
Boys	45	28
Girls	60	47

10% (8%) of pupils said any feelings of worry or anxiety have got better since the coronavirus happened.

Q53b. Percentage answering that any feelings of worry or anxiety have got better since the coronavirus happened.

	SEND	Non-SEND
	All Years	All Years
Boys	15	10
Girls	6	6

25% (28%) of pupils said they have found information or education at school about emotional health and wellbeing 'quite' or 'very' useful, while 21% (21%) have found it 'not at all useful' and 22% (19%) couldn't remember any.

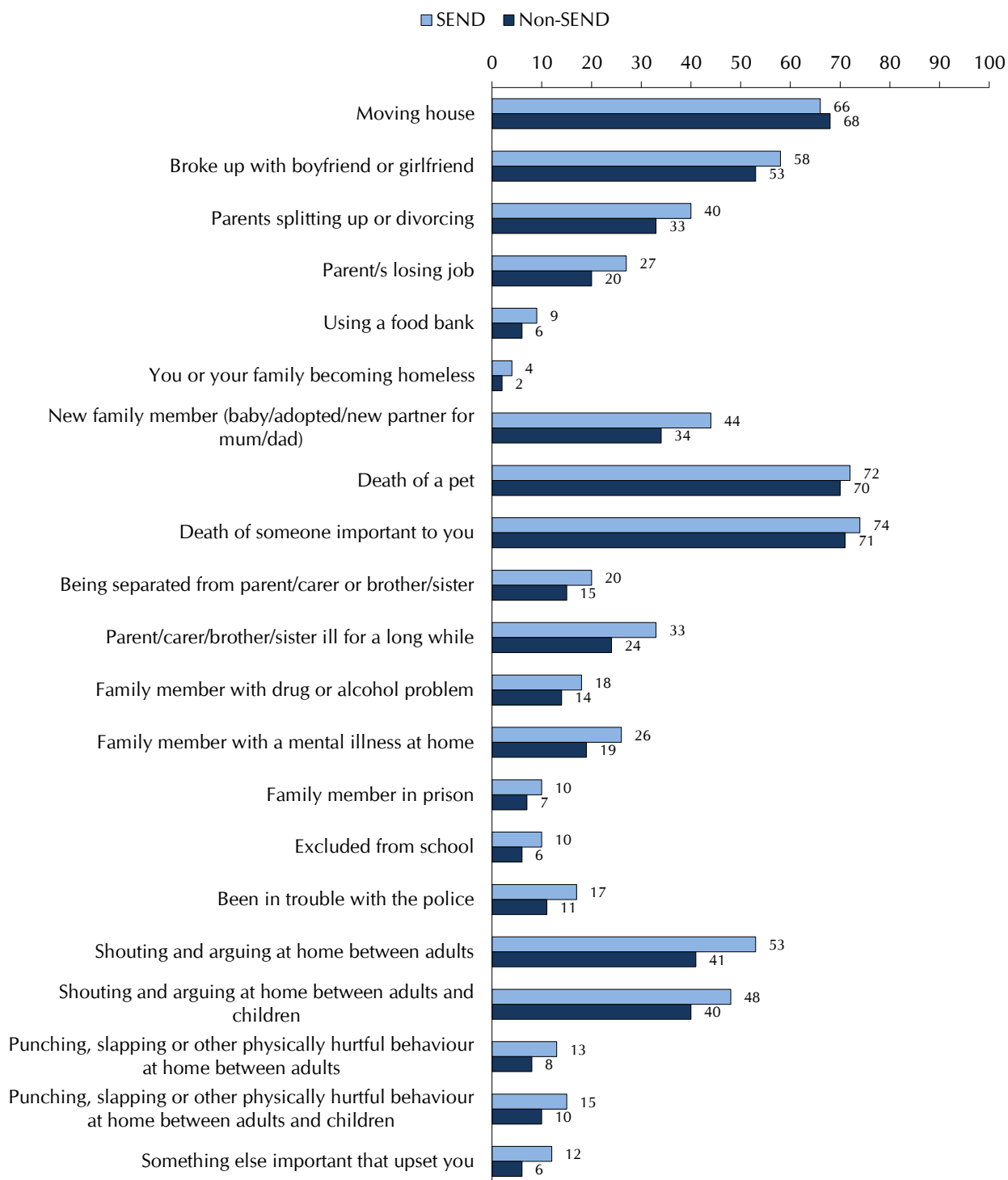
Q76. Percentage answering that they have found information or education at school about emotional health and wellbeing 'quite' or 'very' useful.

	SEND	Non-SEND
	All Years	All Years
Boys	24	23
Girls	29	29

Upsetting or stressful events

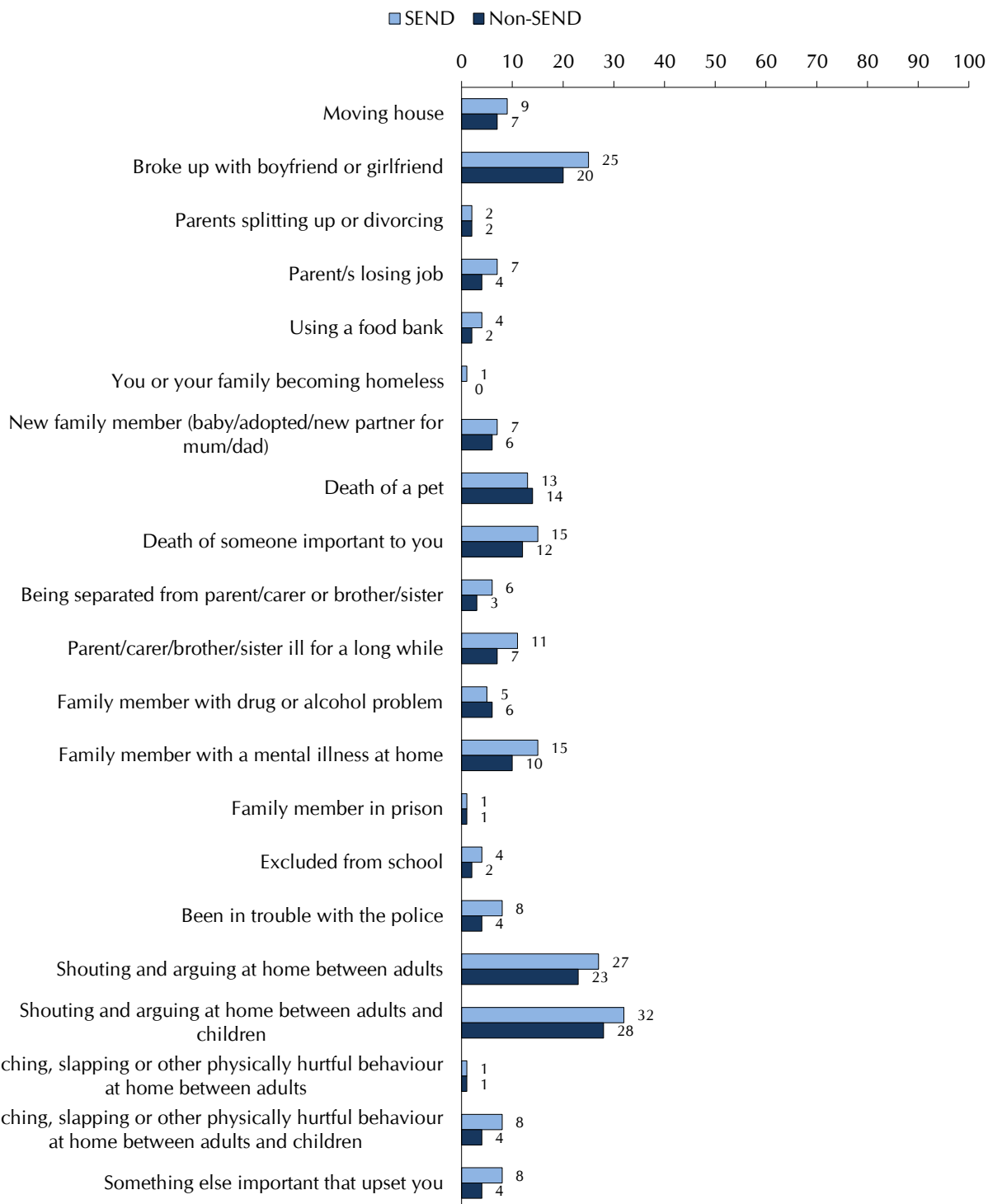
48% (40%) of pupils said there has been shouting and arguing at home between adults and children at some point; 15% (10%) said there has been punching, slapping or other physically hurtful behaviour at home between adults and children.

Q65. Percentage of pupils responding that the following things have happened to them at some point:



7% (6%) of pupils responded that they have had a new family member (baby/adopted/new partner for mum/dad) in the last year, while 15% (12%) said they have experienced the death of someone important to them.

Q65. Percentage of pupils responding that the following things have happened to them in the last year:



99% (99%) of pupils said they have experienced at least one of the stressful/upsetting events listed in Q65 at some point; 75% (64%) said they have experienced them 'this year'.

19% (11%) of pupils said they have experienced at least three of the stressful/upsetting events either 'this year' or 'last year'.

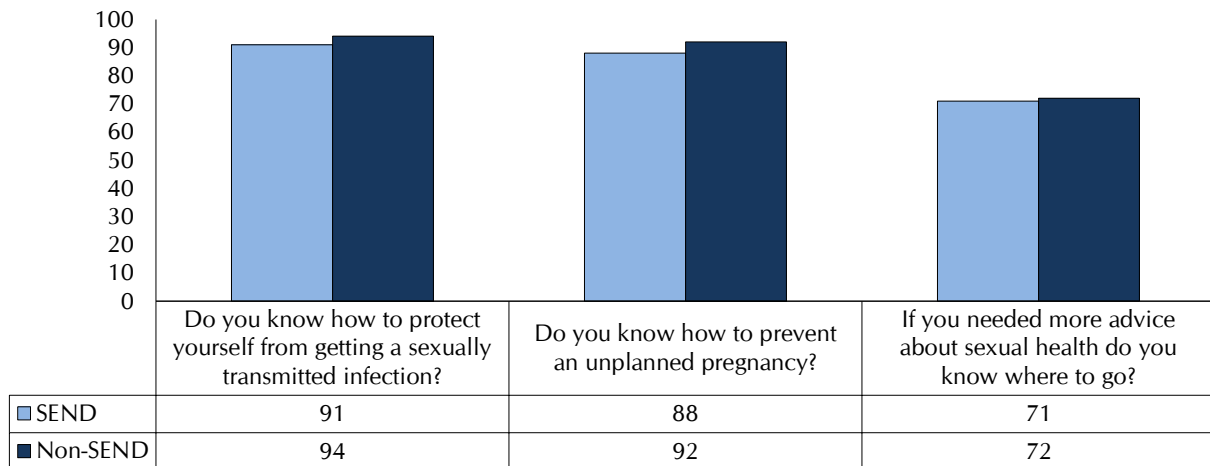
Q65. Percentage answering that they have experienced at least one of the stressful/upsetting events listed.

	SEND	Non-SEND
	All Years	All Years
Boys	98	98
Girls	99	99

Year 10 +: Relationships & Sexual Health

Contraception and advice

Q54-56. Percentage of pupils responding 'yes' to the following questions:



91% (94%) of Year 10+ pupils said they know how to protect themselves from getting a sexually transmitted infection.

Q54. Percentage of Year 10+ pupils answering that they know how to protect themselves from getting a sexually transmitted infection.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	92	94
Girls	88	96

88% (92%) of Year 10+ pupils said they know how to prevent an unplanned pregnancy.

Q55. Percentage of Year 10+ pupils answering that they know how to prevent an unplanned pregnancy.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	85	89
Girls	88	95

71% (72%) of Year 10+ pupils said that, if they needed more advice about sexual health, they know where to go.

Q56. Percentage of Year 10+ pupils answering that, if they needed more advice about sexual health, they know where to go.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	58	73
Girls	81	71

Negative relationships

42% (28%) of boys and 42% (44%) of girls in Year 10+ responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

Q57. Have any of these things happened to you in a relationship with a boyfriend/girlfriend? % of Year 10+ pupils responding 'yes, in the past' or 'yes, with my current boyfriend/girlfriend (Non-SEND data in brackets):

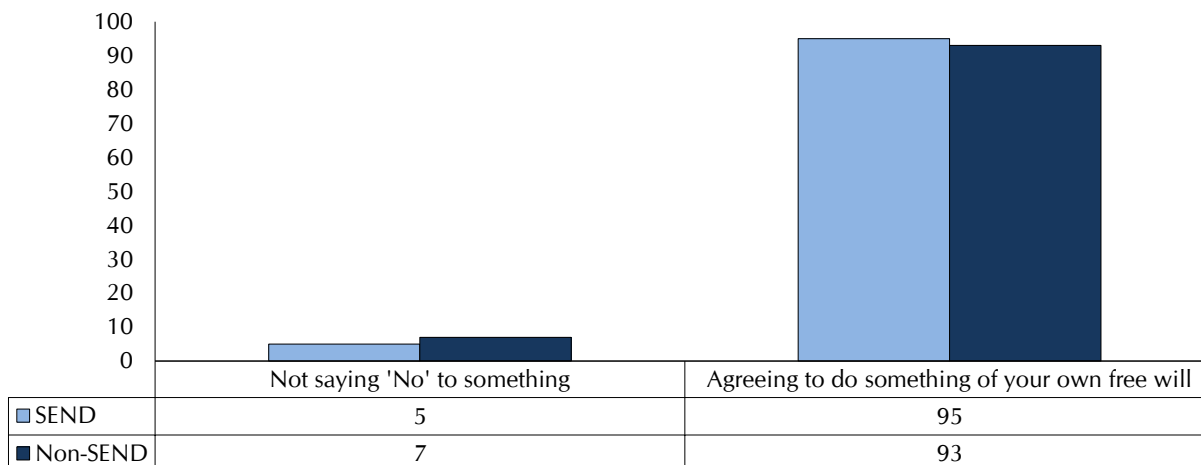
	Year 10&11		Total
	Boys	Girls	
Used hurtful or threatening language to me	29 (14)	30 (24)	27 (19)
Was angry or jealous when I wanted to spend time with friends	33 (20)	27 (30)	31 (25)
Kept checking my phone	25 (9)	18 (18)	21 (13)
Kept asking for my passwords	25 (9)	18 (16)	19 (12)
Threatened to tell people things about me	21 (7)	18 (21)	19 (14)
Threatened to slap/hit me	21 (4)	12 (9)	15 (7)
Slapped/hit me	25 (4)	12 (8)	18 (6)
Put pressure on me to have sex or do other sexual things	13 (3)	21 (20)	18 (11)
Something else that made you feel uncomfortable	0 (2)	3 (7)	2 (5)

Q58. Percentage of Year 10+ pupils responding that, if any of the things in Q57 happened to them, they would do the following (Non-SEND data in brackets):

	Year 10&11		Total
	Boys	Girls	
I would put up with it	32 (16)	15 (10)	20 (13)
I would stand up to them/break up with them	45 (62)	55 (56)	51 (58)
I know where I could get help by telling someone	36 (58)	55 (60)	49 (57)
I would get some help	23 (42)	58 (46)	46 (43)

Consent

Q59. Year 10+: What does consent mean to you?



95% (93%) of Year 10+ pupils said that, to them, consent means 'agreeing to do something of your own free will'.

Q59. Percentage of Year 10+ pupils answering that, to them, consent means 'agreeing to do something of your own free will'.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	100	93
Girls	91	92

89% (93%) of Year 10+ pupils said it is important to get your partner's consent before engaging in sexual activity.

Q60. Percentage of Year 10+ pupils answering that it is important to get your partner's consent before engaging in sexual activity.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	74	93
Girls	97	93

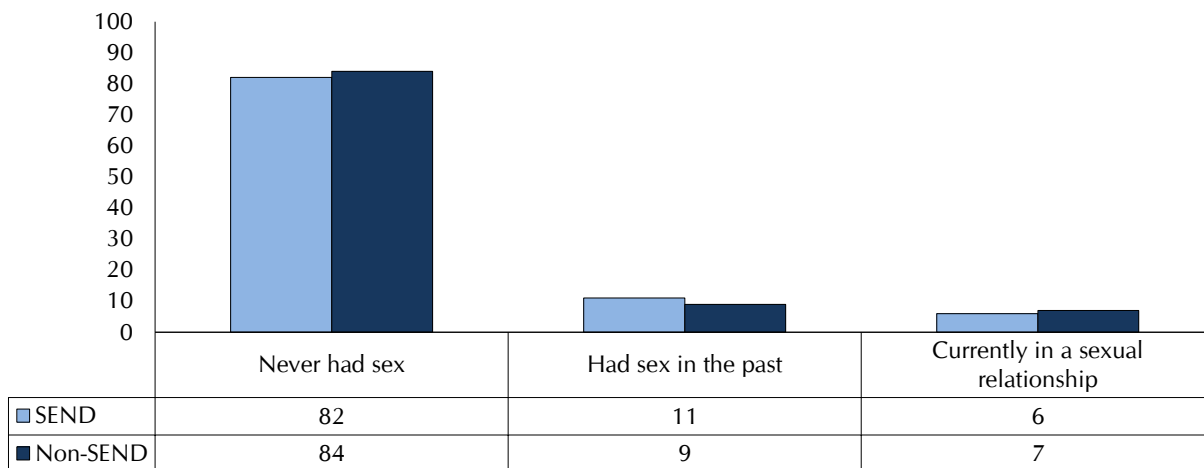
92% (92%) of Year 10+ pupils said that, once consent has been given, someone can change their mind and withdraw consent at the time of sexual activity, while 0% (1%) said you can't.

Q61. Percentage of Year 10+ pupils answering that, once consent has been given, someone can change their mind and withdraw consent at the time of sexual activity.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	92	91
Girls	91	93

Sexual relationships

Q62. Year 10+: Sexual relationships: Which of the following best describes you?

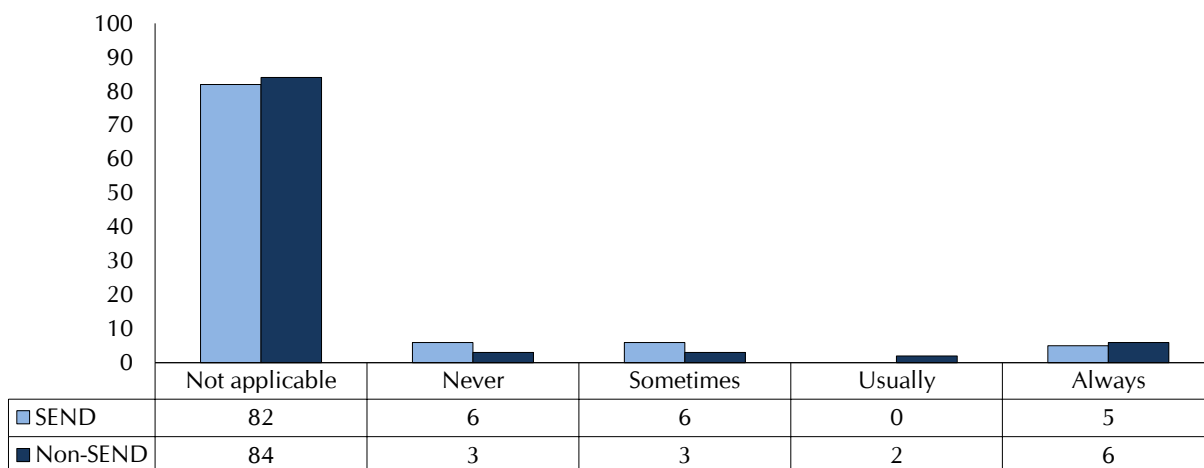


18% (16%) of Year 10+ pupils responded that they are either in a sexual relationship or have had sex in the past.

Q62. Percentage of Year 10+ pupils answering that they are either in a sexual relationship or have had sex in the past.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	25	12
Girls	15	21

Q63. Year 10+: If you have had sex, did you use a method of protection or contraception?



6% (3%) of Year 10+ pupils responded that they have had sex and 'never' used a method of protection or contraception, while 6% (3%) said they only 'sometimes' did.

5% (6%) of Year 10+ pupils responded that they have had sex and 'always' used a method of protection or contraception.

Q63. Percentage of Year 10+ pupils answering that they have had sex and 'never' used a method of protection or contraception.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	8	2
Girls	6	3

8% (6%) of Year 10+ pupils responded that they have taken risks with sex after drinking alcohol or using drugs, while 2% (1%) said they are 'not sure' if they have.

Q64. Percentage of Year 10+ pupils answering that they have taken risks with sex after drinking alcohol or using drugs.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	8	4
Girls	9	8

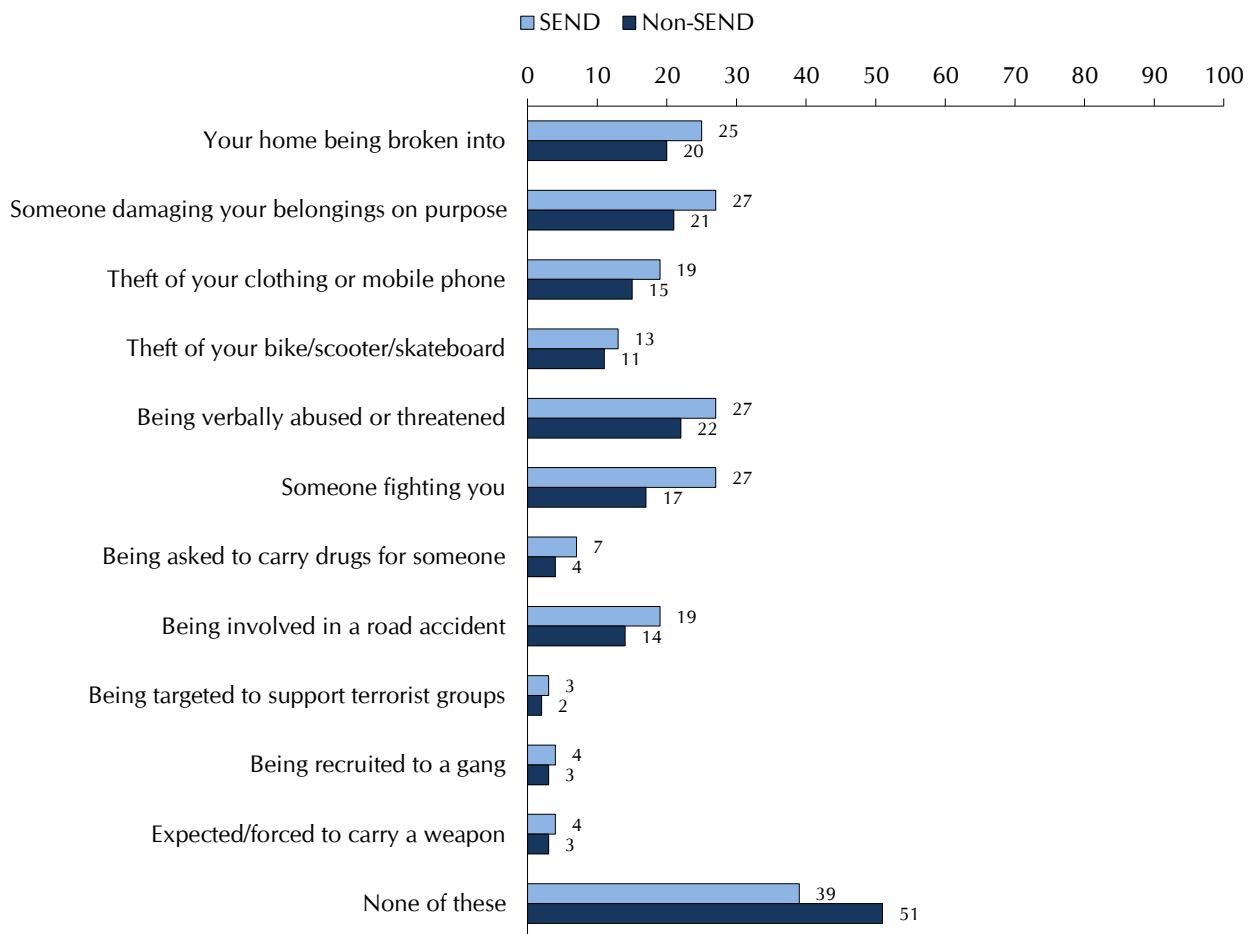
33% (33%) of pupils said they have found information or education at school about sex and relationships education 'quite' or 'very' useful, while 18% (19%) have found it 'not at all useful' and 20% (19%) couldn't remember any.

Q76. Percentage answering that they have found information or education at school about sex and relationships education 'quite' or 'very' useful.

	SEND	Non-SEND
	All Years	All Years
Boys	21	24
Girls	25	24

Safety and Bullying

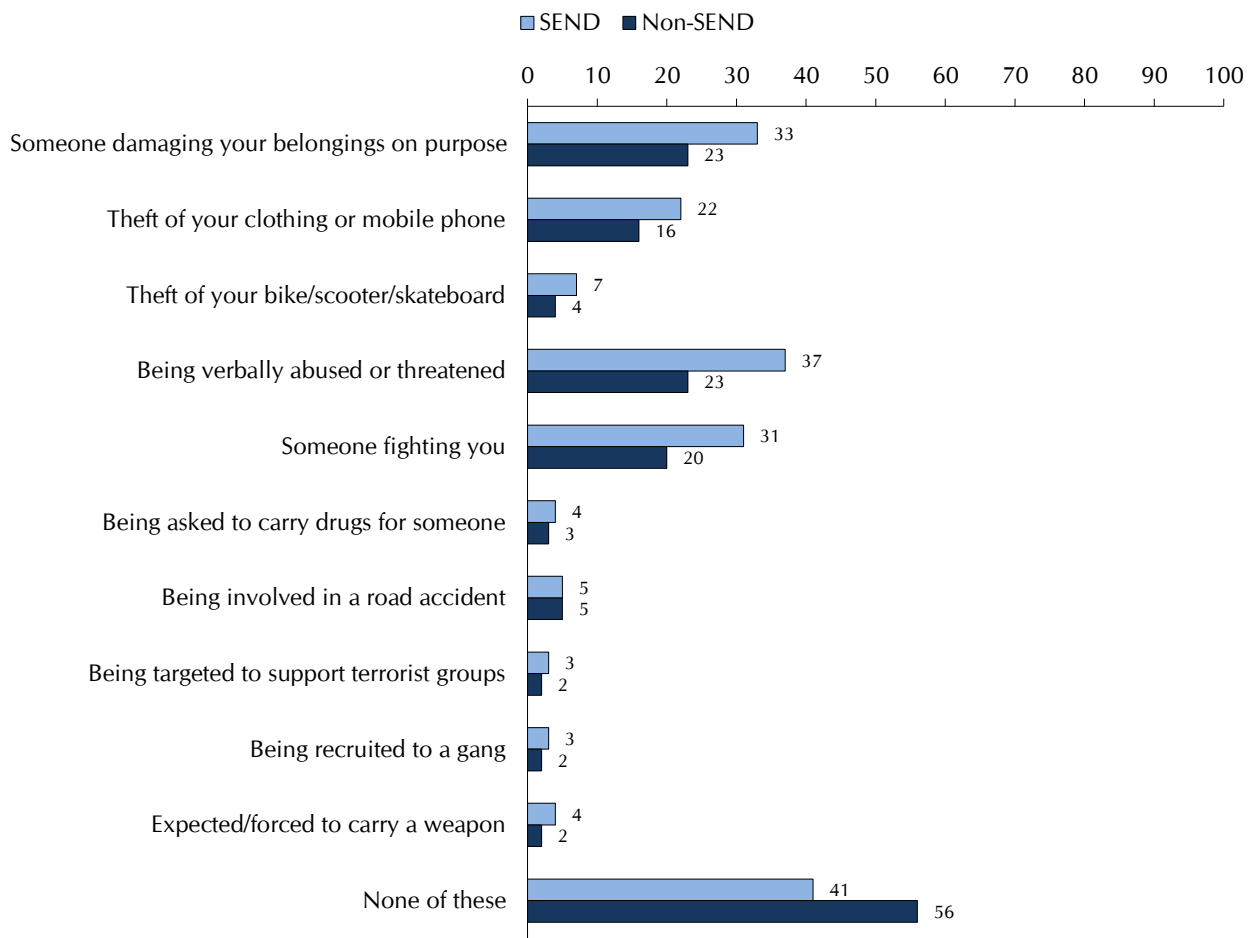
Q66a. Percentage of pupils responding that they can remember being worried about the following happening at home or in their local area during the last 12 months:



Q66a. Percentage of pupils responding that they can remember being worried about the following happening at home or in their local area during the last 12 months (top 5 - Non-SEND data in brackets):

Boys				Girls			
1	Someone fighting you	30	(17)	1	Your home being broken into	31	(23)
2	Being verbally abused or threatened	25	(15)	2	Someone damaging your belongings on purpose	29	(22)
3	Someone damaging your belongings on purpose	23	(19)	3	Being verbally abused or threatened	28	(26)
4	Your home being broken into	19	(16)	4	Someone fighting you	25	(16)
5	Theft of your clothing or mobile phone	13	(11)	5	Theft of your clothing or mobile phone	24	(18)

Q66b. Percentage of pupils responding that they can remember being worried about the following happening at school during the last 12 months:

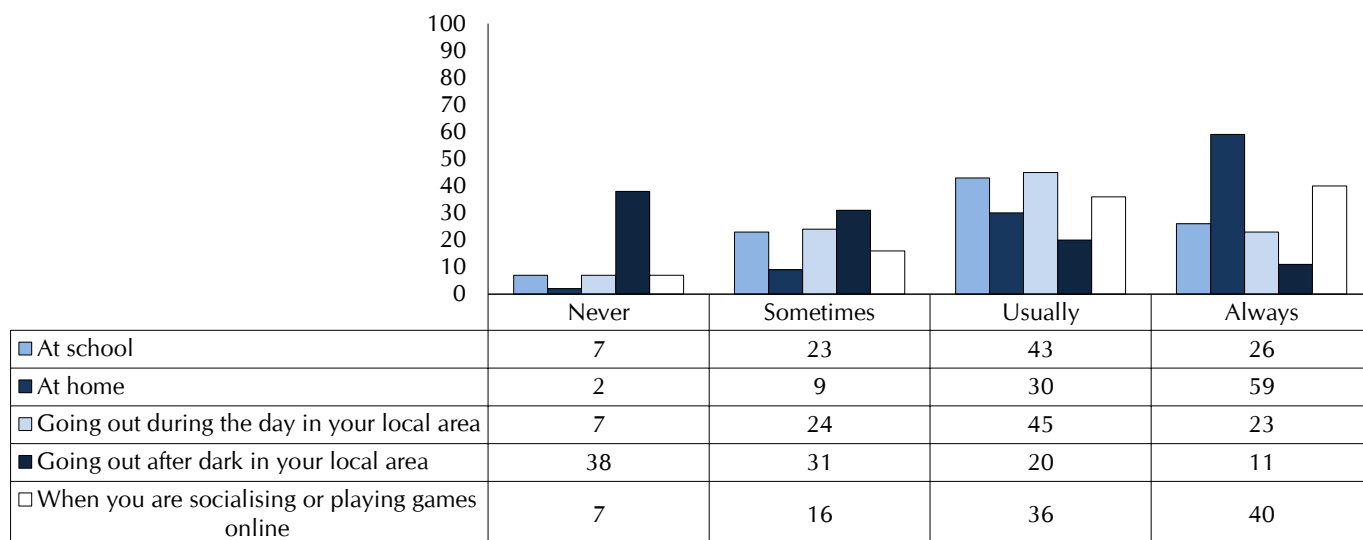


Q66b. Percentage of pupils responding that they can remember being worried about the following happening at school during the last 12 months (top 5 - Non-SEND data in brackets):

Boys				Girls			
1	Someone fighting you	32	(20)	1	Being verbally abused or threatened	40	(27)
2	Being verbally abused or threatened	30	(18)	2	Someone damaging your belongings on purpose	35	(26)
3	Someone damaging your belongings on purpose	24	(19)	3	Someone fighting you	28	(19)
4	Theft of your clothing or mobile phone	19	(12)	4	Theft of your clothing or mobile phone	23	(20)
5	Theft of your bike/scooter/skateboard	8	(6)	5	Being involved in a road accident	5	(6)

Feeling safe

Q67. Do you feel safe?



N.B. Chart above shows data for SEND only.

69% (77%) of pupils said they 'usually' or 'always' feel safe at school and 31% (42%) said the same of going out after dark in their local area.

Q67. Percentage of pupils responding that they 'usually' or 'always' feel safe in the following situations (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
At school	71 (82)	71 (74)	69 (77)
At home	85 (96)	90 (92)	89 (94)
Going out during the day in your local area	72 (84)	66 (70)	68 (76)
Going out after dark in your local area	40 (56)	23 (28)	31 (42)
When you are socialising or playing games online	84 (92)	66 (72)	76 (82)

38% (24%) of pupils 'never' feel safe when doing out after dark in their local area.

Q67. Percentage of pupils responding that they 'never' feel safe in the following situations (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
At school	7 (4)	6 (4)	7 (4)
At home	3 (1)	1 (1)	2 (1)
Going out during the day in your local area	8 (3)	6 (4)	7 (3)
Going out after dark in your local area	30 (13)	45 (32)	38 (24)
When you are socialising or playing games online	6 (3)	8 (6)	7 (4)

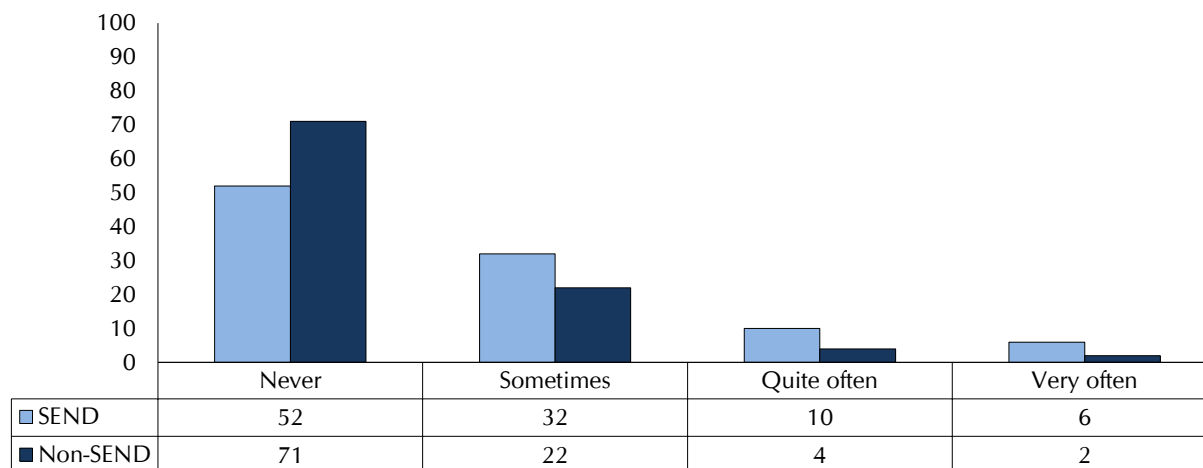
48% (51%) of pupils said they have found information or education at school about safety 'quite' or 'very' useful, while 11% (9%) have found it 'not at all useful' and 12% (12%) couldn't remember any.

Q76. Percentage answering that they have found information or education at school about safety 'quite' or 'very' useful.

	SEND	Non-SEND
	All Years	All Years
Boys	20	23
Girls	22	24

Bullying and Harassment

Q68. Do you ever feel afraid of going to school because of bullying?



48% (29%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

Q68. Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

	SEND	Non-SEND
	All Years	All Years
Boys	35	19
Girls	55	36

15% (7%) of pupils responded that they 'quite' or 'very' often feel afraid of going to school because of bullying.

Q68. Percentage answering that they 'quite' or 'very' often feel afraid of going to school because of bullying.

	SEND	Non-SEND
	All Years	All Years
Boys	8	4
Girls	17	8

29% (18%) of pupils responded that they have been bullied at or near school in the last 12 months; 14% (13%) said they 'don't know' if they have been.

For comparison, the 2009 Herefordshire survey found 25% of Y8&Y10 pupils said they had been bullied at or near school in the last 12 months.

Q69. Percentage answering that they have been bullied at or near school in the last 12 months.

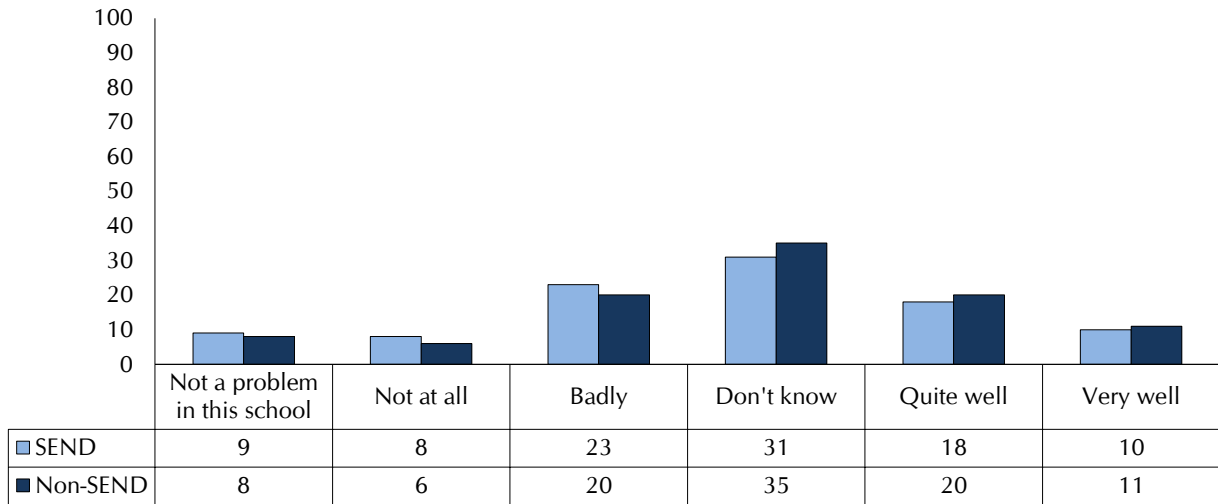
	SEND	Non-SEND
	All Years	All Years
Boys	22	15
Girls	33	20

4% (3%) of pupils responded that they have bullied someone else at school in the last 12 months; 14% (9%) said they 'don't know' if they have.

Q70. Percentage answering that they have bullied someone else at school in the last 12 months.

	SEND	Non-SEND
	All Years	All Years
Boys	5	4
Girls	2	3

Q71. How well does your school deal with bullying?



31% (26%) of pupils responded that their school deals with bullying either 'not at all' or 'badly', while 31% (35%) said they 'don't know'.

Q71. Percentage answering that their school deals with bullying either 'not at all' or 'badly'.

	SEND	Non-SEND
	All Years	All Years
Boys	26	23
Girls	33	29

28% (31%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 9% (8%) said that bullying is not a problem in their school.

Q71. Percentage answering that their school deals with bullying 'quite' or 'very' well, or said that bullying is not a problem in their school.

	SEND	Non-SEND
	All Years	All Years
Boys	46	44
Girls	33	33

Q72. Percentage of pupils responding that they think they have been bullied at or near school for the following reasons (top 5 - Non-SEND data in brackets):

Boys				Girls			
1	Their size or weight	30	(17)	1	The way they look	40	(33)
2	The way they look	22	(17)	2	Their size or weight	35	(23)
3	Being different	16	(8)	3	Being different	21	(12)
4	A disability or learning difficulty	16	(1)	4	A disability or learning difficulty	20	(3)
5	Their name or family background	15	(7)	5	Their name or family background	18	(13)

25% (30%) of pupils said they have found information or education at school about bullying 'quite' or 'very' useful, while 24% (22%) have found it 'not at all useful' and 18% (18%) couldn't remember any.

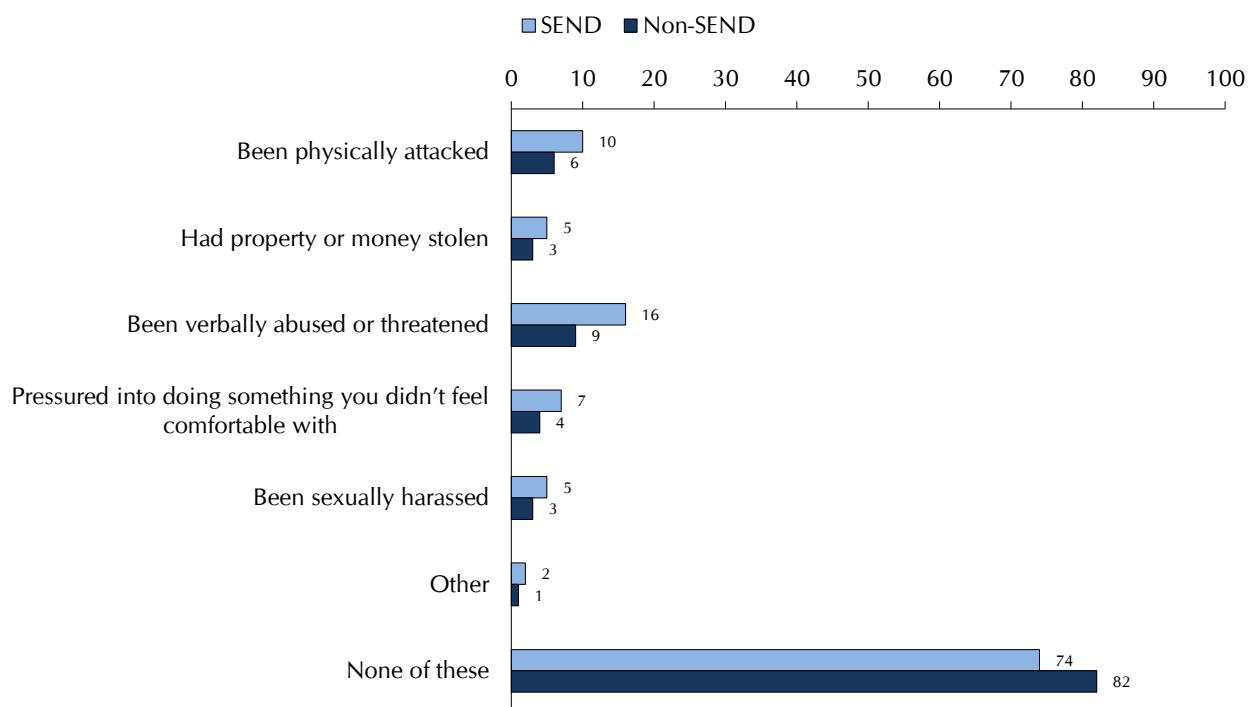
Q76. Percentage answering that they have found information or education at school about bullying 'quite' or 'very' useful.

	SEND	Non-SEND
	All Years	All Years
Boys	24	22
Girls	26	29

Crime and harassment

10% (6%) of pupils said they have been physically attacked at home/in their local area in the last month and 16% (9%) said they have been verbally abused or threatened.

Q73a. Percentage of pupils responding that the following things happened to them at home/in their local area in the last month:



Q73a. Percentage of pupils responding that the following things happened to them at home/in their local area in the last month (Non-SEND data in brackets):

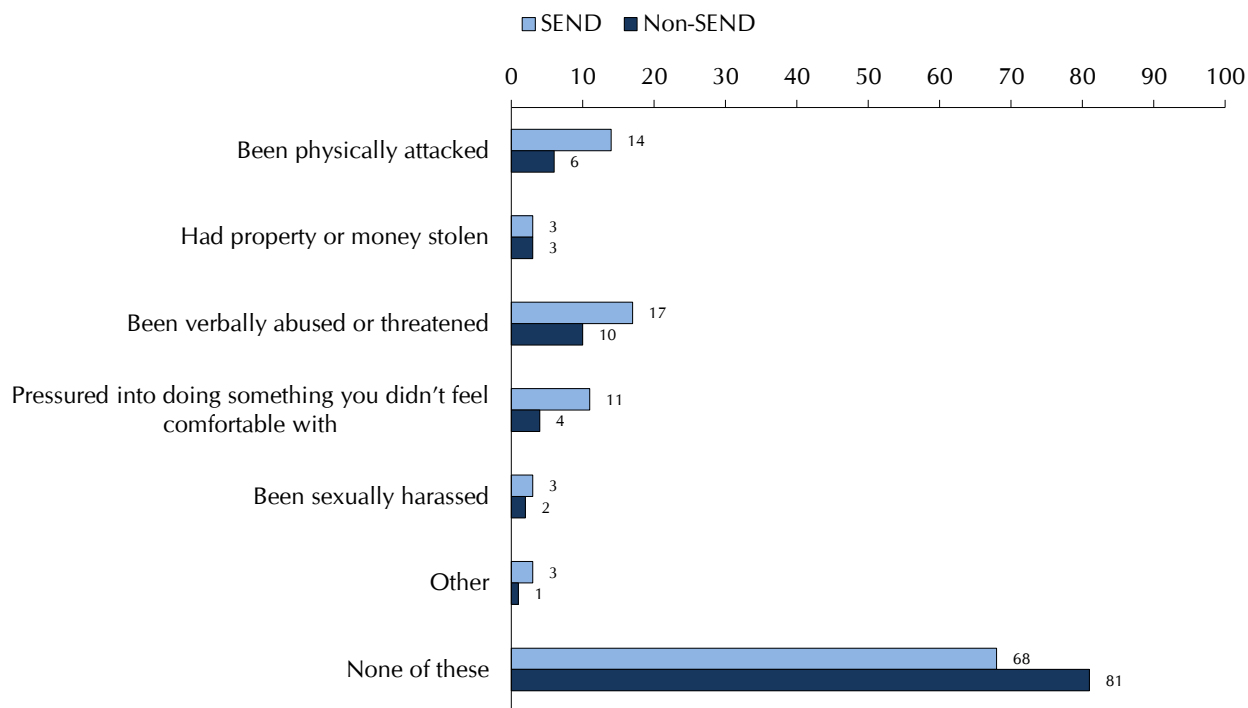
	All Years		Total
	Boys	Girls	
Been physically attacked	13 (6)	8 (4)	10 (6)
Had property or money stolen	5 (3)	6 (3)	5 (3)
Been verbally abused or threatened	17 (8)	16 (10)	16 (9)
Pressured into doing something you didn't feel comfortable with	5 (3)	8 (5)	7 (4)
Been sexually harassed	0 (0)	11 (5)	5 (3)
Other	0 (1)	5 (1)	2 (1)
None of these	74 (86)	71 (80)	74 (82)

How much a pupil worries about being a victim of crime, abuse or harassment at home or in their local area (Q66a) may be influenced by their experience of similar behaviour at home or in their local area (Q73a) (sample size is shown in bold at the top of each column):

	Experienced negative behaviour 59 (399)	Not experienced negative behaviour 180 (1971)	All pupils 299 (2792)
Worried about something happening	83% (83%)	51% (40%)	60% (48%)
Not worried about something happening	17% (17%)	49% (60%)	40% (52%)

14% (6%) of pupils said they have been physically attacked at school in the last month and 17% (10%) said they have been verbally abused or threatened.

Q73b. Percentage of pupils responding that the following things happened to them at school in the last month:



Q73b. Percentage of pupils responding that the following things happened to them at school in the last month (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
Been physically attacked	17 (9)	11 (3)	14 (6)
Had property or money stolen	1 (3)	6 (2)	3 (3)
Been verbally abused or threatened	18 (10)	18 (9)	17 (10)
Pressured into doing something you didn't feel comfortable with	13 (3)	9 (5)	11 (4)
Been sexually harassed	0 (1)	5 (3)	3 (2)
Other	1 (1)	2 (1)	3 (1)
None of these	67 (80)	70 (82)	68 (81)

How much a pupil worries about being a victim of crime, abuse or harassment at school (Q66b) may be influenced by their experience of similar behaviour at school (Q73b) (sample size is shown in bold at the top of each column):

	Experienced negative behaviour 74 (436)	Not experienced negative behaviour 165 (1934)	All pupils 299 (2792)
Worried about something happening	80% (79%)	46% (35%)	58% (43%)
Not worried about something happening	20% (21%)	54% (65%)	42% (57%)

42% (27%) of pupils said they have been the victim of at least one of the behaviours listed in Q73a/b; 13% (8%) said they have been the victim of such behaviour both at school and at home/local area.

7% (7%) of pupils said they have been a victim of crime in the last 12 months and didn't report it to the police, teachers or anyone in authority, while 6% (5%) said they have been a victim and did report it.

Of the 32 (290) pupils who indicated that they have been a victim of crime in the last 12 months, 53% (60%) said they didn't report it to the police, teachers or anyone in authority.

Q73a/b. Percentage answering that they have been a victim of at least one of the behaviours listed in Q73a/b.

	SEND	Non-SEND
	All Years	All Years
Boys	38	25
Girls	45	27

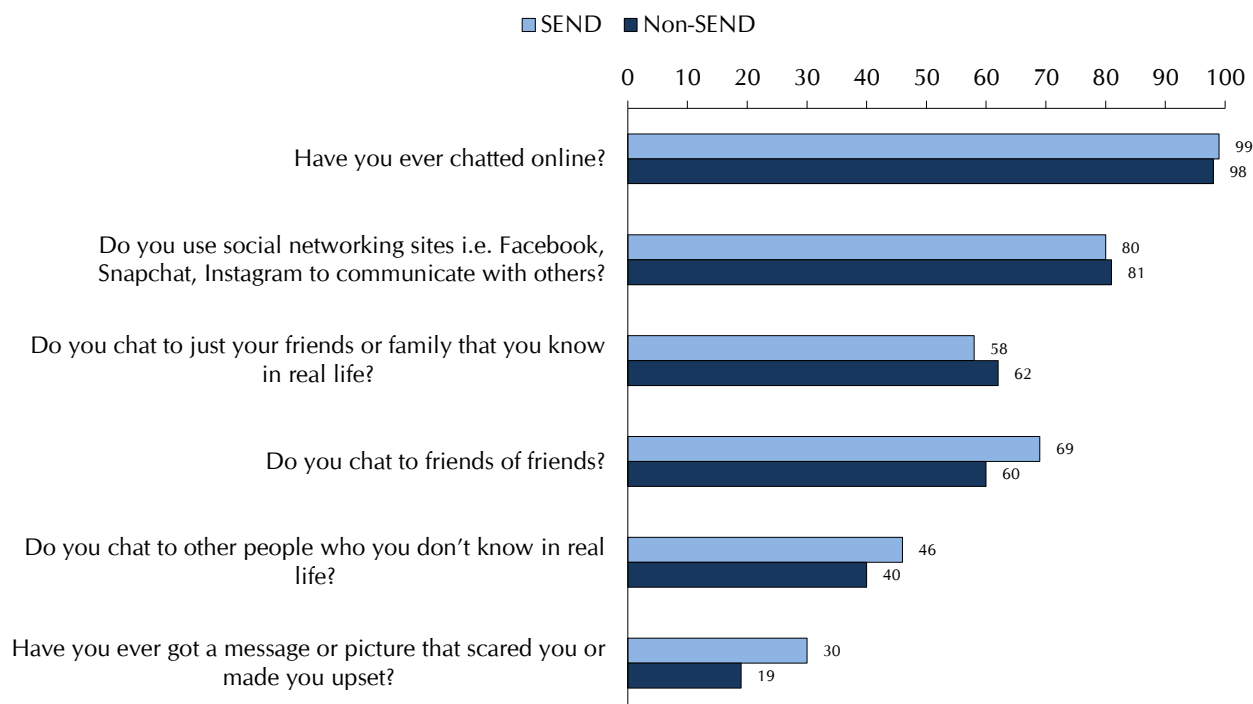
Q74a. Percentage answering that they have been a victim of crime in the last 12 months and didn't report it to the police, teachers or anyone in authority.

	SEND	Non-SEND
	All Years	All Years
Boys	5	7
Girls	10	7

Internet Safety

46% (43%) of boys and 48% (33%) of girls said they chat to other people who they don't know in real life and 13% (10%) of boys and 46% (28%) of girls said they have got a chat message or picture that scared them or made them upset.

Q75a-b. Percentage of pupils responding 'yes' to the following questions about being online:

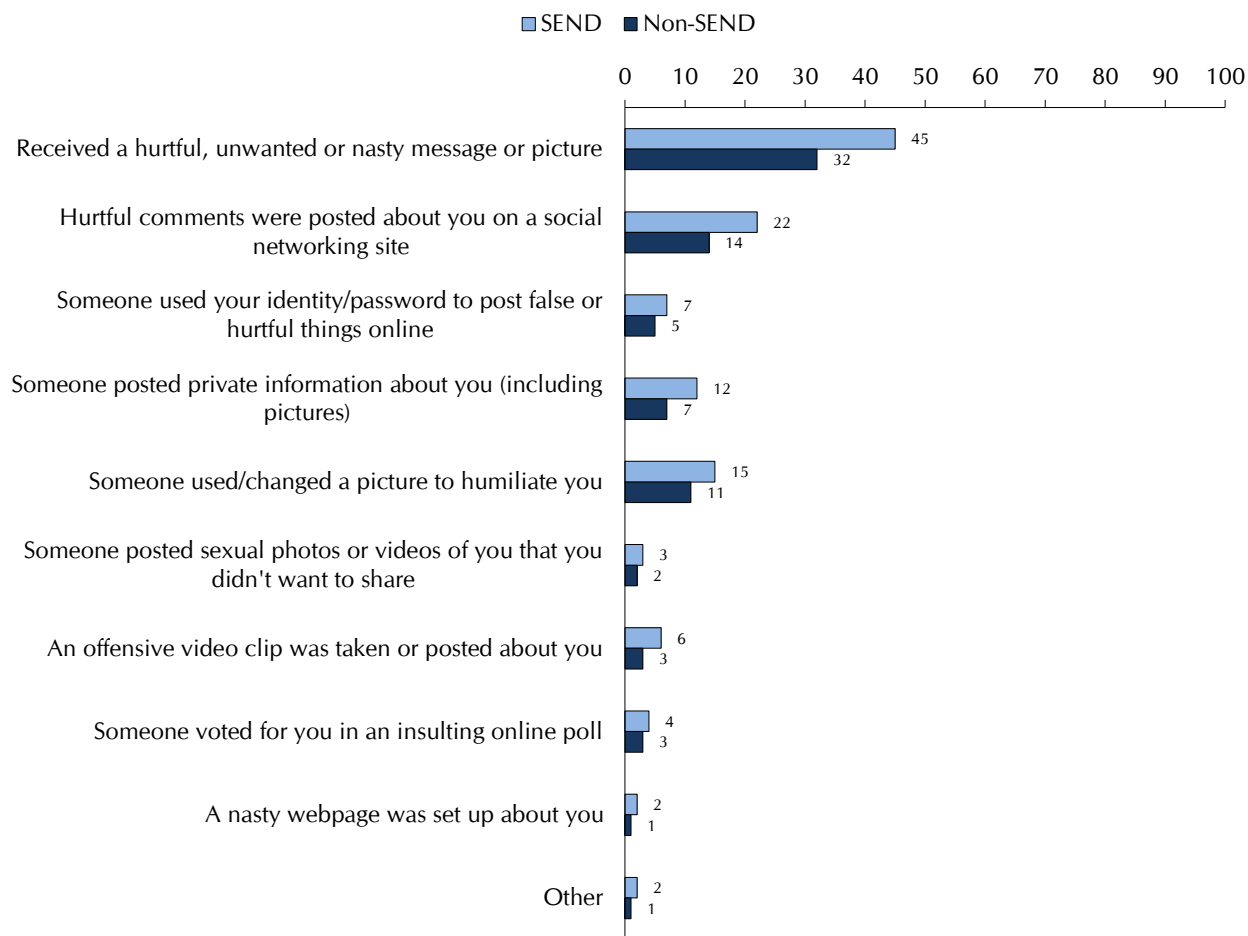


Q75a-b. Percentage of pupils responding 'yes' to the following questions about being online (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
Have you ever chatted online?	100 (98)	99 (98)	99 (98)
Do you use social networking sites i.e. Facebook, Snapchat, Instagram to communicate with others?	74 (79)	88 (83)	80 (81)
Do you chat to just your friends or family that you know in real life?	62 (61)	54 (65)	58 (62)
Do you chat to friends of friends?	71 (64)	68 (56)	69 (60)
Do you chat to other people who you don't know in real life?	46 (43)	48 (33)	46 (40)
Have you ever got a message or picture that scared you or made you upset?	13 (10)	46 (28)	30 (19)

30% (22%) of boys and 56% (41%) of girls said they have received a hurtful, unwanted or nasty message or picture online and 9% (5%) of boys and 14% (8%) of girls said someone has posted private information about them (incl. pictures).

Q75c. Have any of these things ever happened to you online?

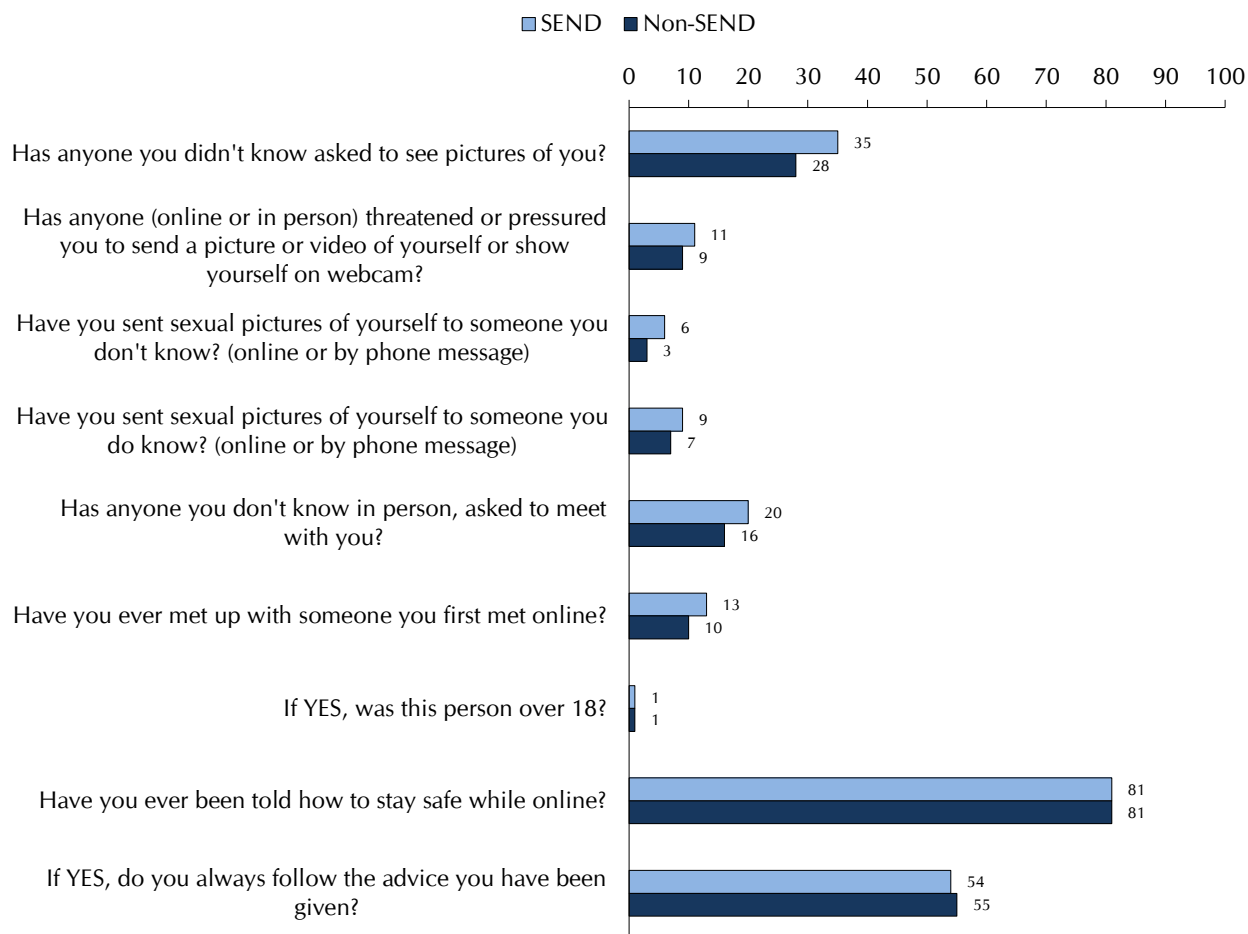


Q75c. Percentage of pupils responding that the following things have happened to them online (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
Received a hurtful, unwanted or nasty message or picture	30 (22)	56 (41)	45 (32)
Hurtful comments were posted about you on a social networking site	15 (9)	29 (18)	22 (14)
Someone used your identity/password to post false or hurtful things online	5 (3)	9 (6)	7 (5)
Someone posted private information about you (including pictures)	9 (5)	14 (8)	12 (7)
Someone used/changed a picture to humiliate you	9 (8)	21 (13)	15 (11)
Someone posted sexual photos or videos of you that you didn't want to share	2 (1)	4 (3)	3 (2)
An offensive video clip was taken or posted about you	4 (2)	8 (3)	6 (3)
Someone voted for you in an insulting online poll	4 (1)	5 (4)	4 (3)
A nasty webpage was set up about you	1 (1)	4 (1)	2 (1)
Other	0 (1)	4 (1)	2 (1)

23% (17%) of boys and 48% (38%) of girls said someone they didn't know has asked to see pictures of them.

Q75d-j. Percentage of pupils responding 'yes' to the following questions about being online:



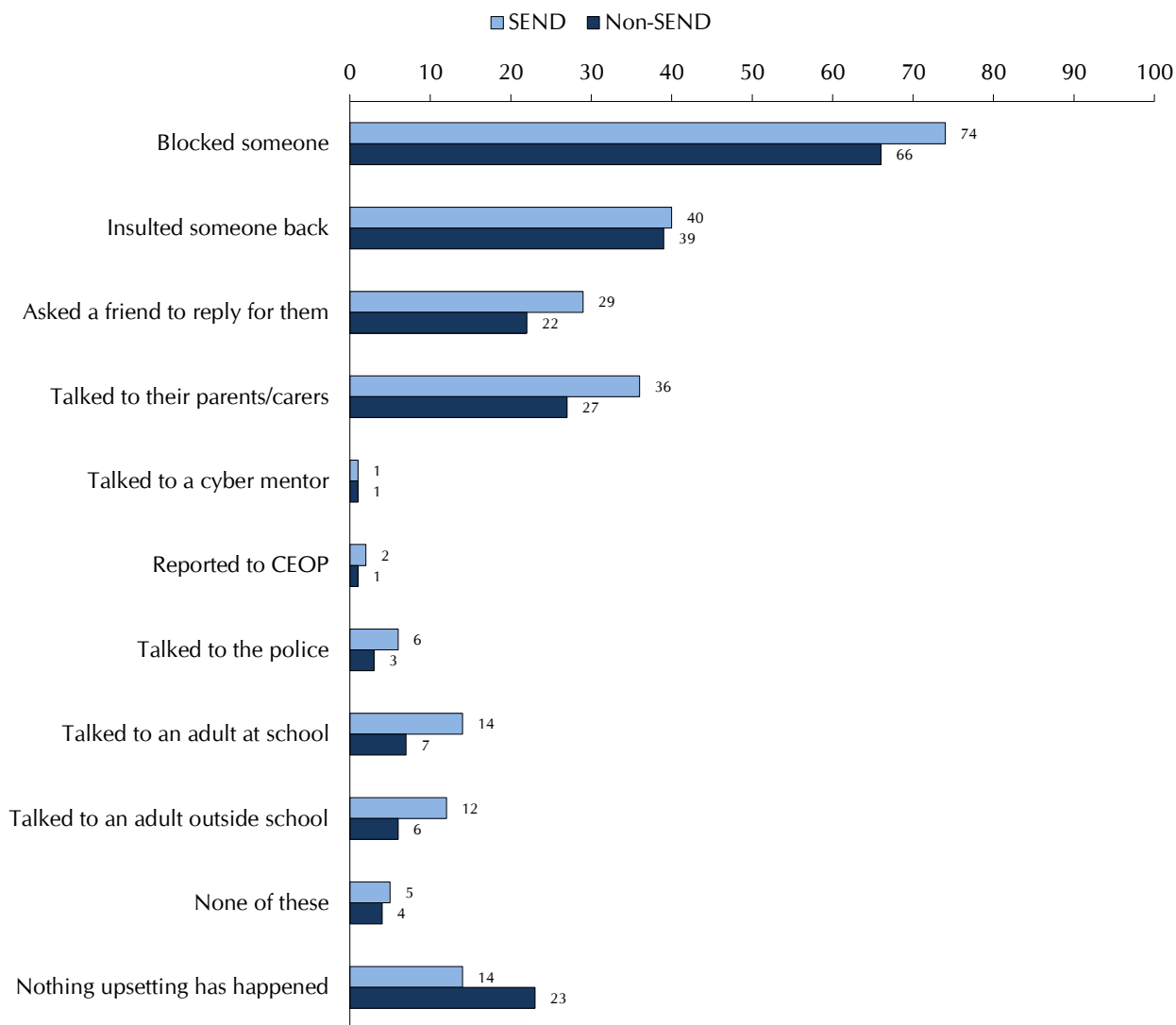
4% (4%) of boys and 16% (13%) of girls said someone (online or in person) threatened or pressured them to send a picture of video of themselves or show themselves on webcam.

Q75d-j. Percentage of pupils responding 'yes' to the following questions about being online (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
Has anyone you didn't know asked to see pictures of you?	23 (17)	48 (38)	35 (28)
Has anyone (online or in person) threatened or pressured you to send a picture or video of yourself or show yourself on webcam?	4 (4)	16 (13)	11 (9)
Have you sent sexual pictures of yourself to someone you don't know? (online or by phone message)	5 (2)	8 (4)	6 (3)
Have you sent sexual pictures of yourself to someone you do know? (online or by phone message)	6 (5)	11 (9)	9 (7)
Has anyone you don't know in person, asked to meet with you?	16 (10)	26 (22)	20 (16)
Have you ever met up with someone you first met online?	11 (8)	15 (11)	13 (10)
If YES, was this person over 18?	0 (0)	2 (1)	1 (1)
Have you ever been told how to stay safe while online?	78 (78)	84 (84)	81 (81)
If YES, do you always follow the advice you have been given?	50 (49)	55 (59)	54 (55)

64% (58%) of boys and 83% (74%) of girls said they have blocked someone because of something upsetting that happened online.

Q75k. Percentage of pupils responding that they have done the following because of something upsetting that happened online:



Q75k. Percentage of pupils responding that they have done the following because of something upsetting that happened online (Non-SEND data in brackets):

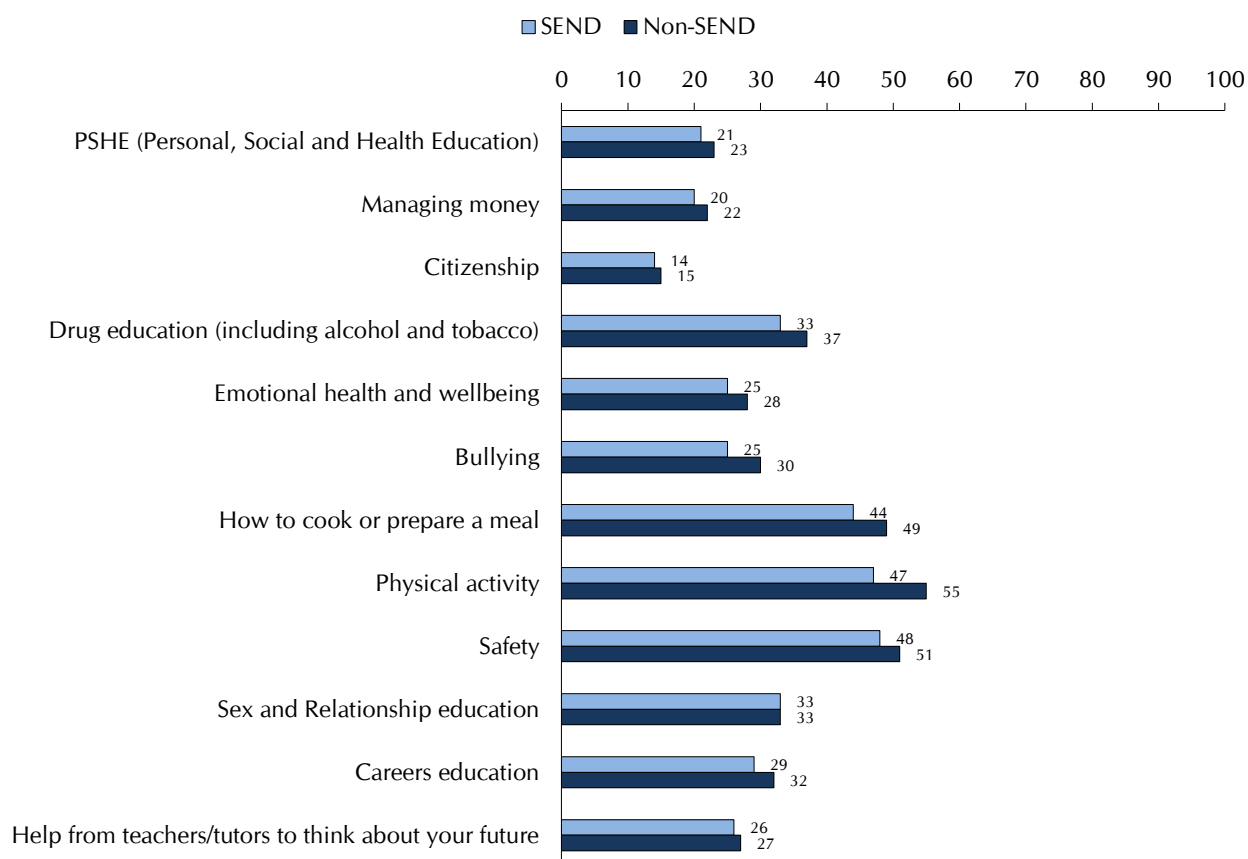
	All Years		Total
	Boys	Girls	
Blocked someone	64 (58)	83 (74)	74 (66)
Insulted someone back	40 (40)	40 (36)	40 (39)
Asked a friend to reply for them	19 (13)	38 (32)	29 (22)
Talked to their parents/carers	27 (19)	42 (35)	36 (27)
Talked to a cyber mentor	1 (1)	1 (0)	1 (1)
Reported to CEOP	2 (0)	2 (1)	2 (1)
Talked to the police	2 (1)	10 (4)	6 (3)
Talked to an adult at school	8 (4)	18 (10)	14 (7)
Talked to an adult outside school	9 (3)	17 (8)	12 (6)
None of these	9 (5)	3 (4)	5 (4)
Nothing upsetting has happened	16 (28)	13 (18)	14 (23)

School & Your Future

School lessons

21% (23%) of pupils said they have found information or education at school about PSHE 'quite' or 'very' useful.

Q76. Percentage of pupils responding that they have found information or education at school about the following 'quite' or 'very' useful:



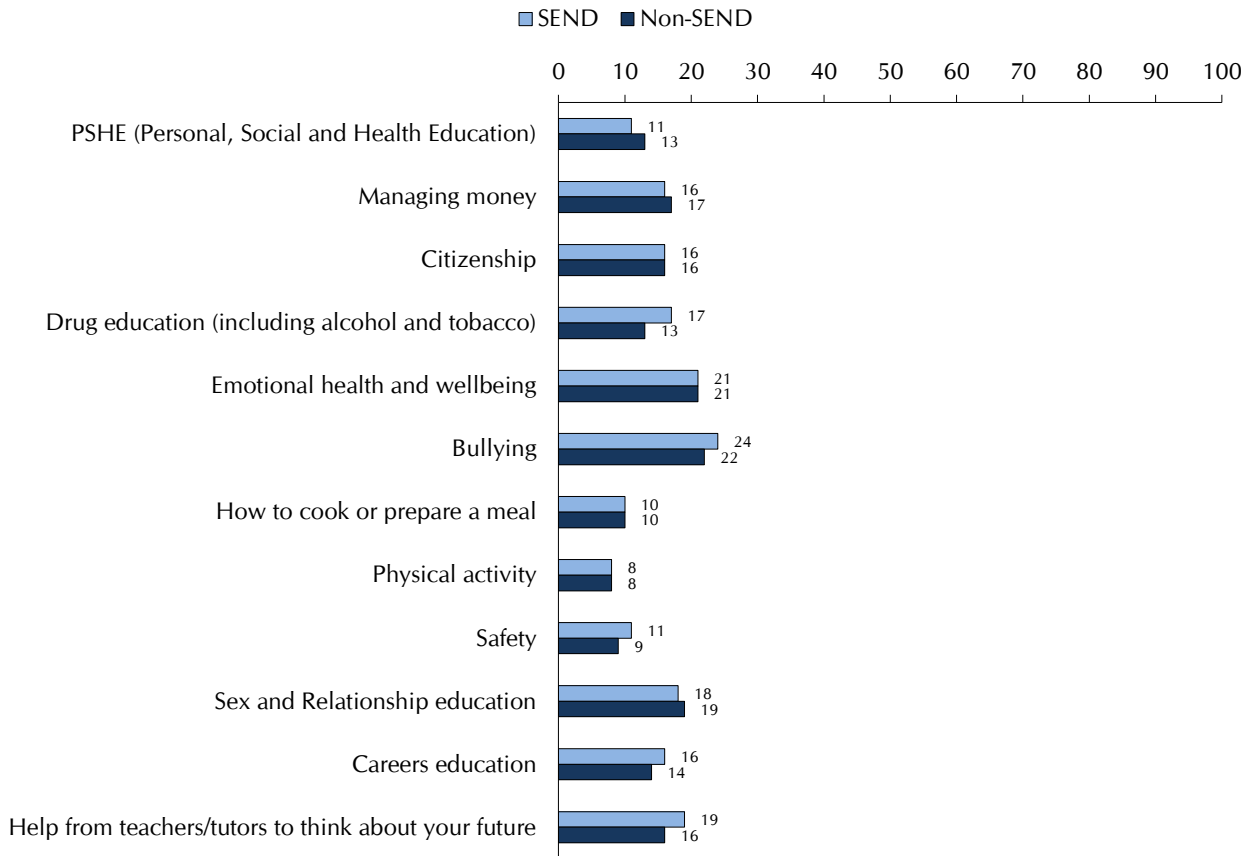
14% (15%) of pupils responded that they have found information or education at school about citizenship 'quite' or 'very' useful.

Q76. Percentage of pupils responding that they have found information or education at school about the following 'quite' or 'very' useful (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
PSHE (Personal, Social and Health Education)	22 (24)	20 (23)	21 (23)
Managing money	26 (24)	16 (21)	20 (22)
Citizenship	20 (18)	10 (13)	14 (15)
Drug education (including alcohol and tobacco)	31 (39)	34 (36)	33 (37)
Emotional health and wellbeing	27 (31)	22 (27)	25 (28)
Bullying	25 (31)	25 (30)	25 (30)
How to cook or prepare a meal	40 (46)	48 (52)	44 (49)
Physical activity	53 (59)	46 (53)	47 (55)
Safety	48 (51)	49 (52)	48 (51)
Sex and Relationship education	32 (33)	33 (33)	33 (33)
Careers education	37 (34)	19 (31)	29 (32)
Help from teachers/tutors to think about your future	34 (29)	18 (26)	26 (27)

16% (14%) of pupils said they have found information or education at school about careers education 'not at all useful'.

Q76. Percentage of pupils responding that they have found information or education at school about the following 'not at all useful':



16% (17%) of pupils responded that they have found information or education at school about managing money 'not at all useful'.

Q76. Percentage of pupils responding that they have found information or education at school about the following 'not at all useful' (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
PSHE (Personal, Social and Health Education)	7 (12)	14 (12)	11 (13)
Managing money	11 (15)	18 (18)	16 (17)
Citizenship	12 (15)	19 (17)	16 (16)
Drug education (including alcohol and tobacco)	17 (13)	17 (12)	17 (13)
Emotional health and wellbeing	13 (19)	25 (23)	21 (21)
Bullying	17 (21)	30 (21)	24 (22)
How to cook or prepare a meal	12 (9)	8 (10)	10 (10)
Physical activity	5 (7)	9 (9)	8 (8)
Safety	8 (8)	14 (9)	11 (9)
Sex and Relationship education	16 (17)	18 (20)	18 (19)
Careers education	10 (12)	22 (17)	16 (14)
Help from teachers/tutors to think about your future	13 (14)	24 (18)	19 (16)

Future plans

29% (32%) of Year 10+ pupils said they have had enough information and guidance about their options after Year 11, including apprenticeships, while 38% (34%) said they haven't.

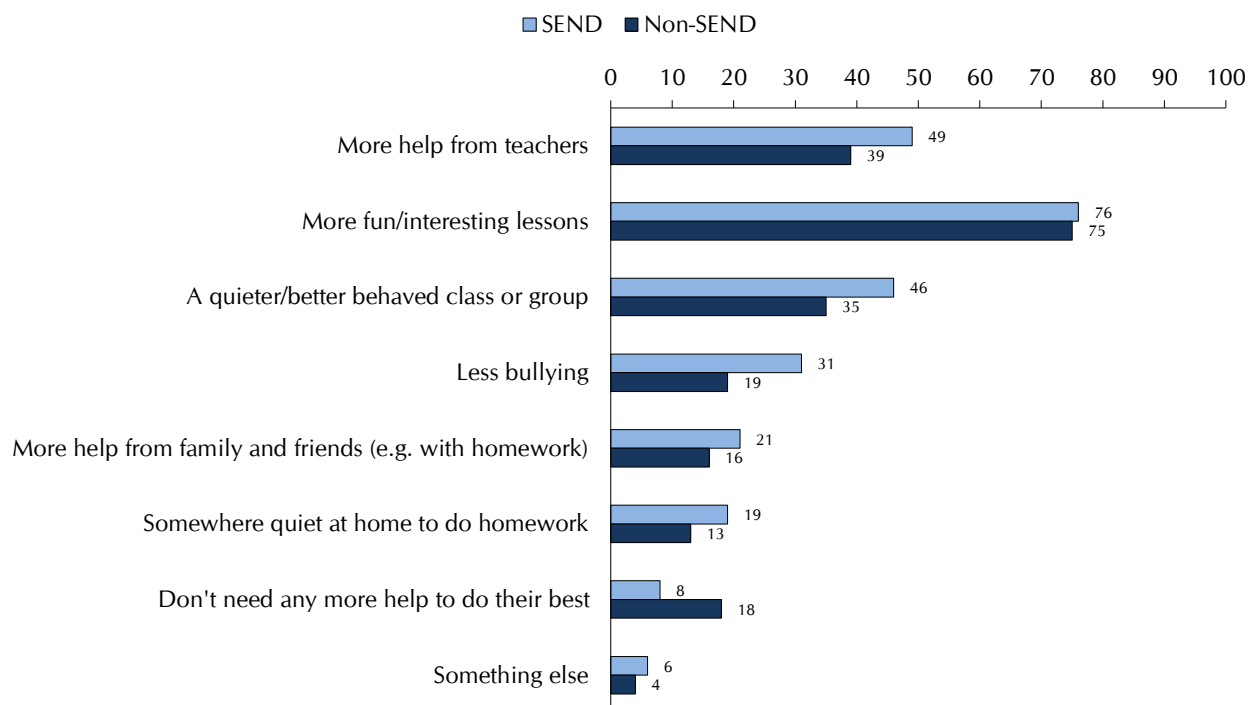
Q77. Percentage of Year 10+ pupils answering that they have had enough information and guidance about options after Year 11.

	SEND	Non-SEND
	Yr 10&11	Yr 10&11
Boys	43	38
Girls	26	26

Improvement

76% (75%) of pupils said more fun/interesting lessons might help them to do better in school.

Q78. Percentage of pupils responding that the following things might help them to do better in school:



46% (35%) of pupils said a quieter/better behaved class or group might help them to do better in school.

Q78. Percentage of pupils responding that the following things might help them to do better in school (Non-SEND data in brackets):

	All Years		Total
	Boys	Girls	
More help from teachers	42 (33)	56 (44)	49 (39)
More fun/interesting lessons	71 (74)	80 (77)	76 (75)
A quieter/better behaved class or group	36 (31)	54 (39)	46 (35)
Less bullying	19 (15)	38 (22)	31 (19)
More help from family and friends (e.g. with homework)	15 (12)	24 (19)	21 (16)
Somewhere quiet at home to do homework	13 (9)	22 (16)	19 (13)
Don't need any more help to do their best	13 (21)	4 (15)	8 (18)
Something else	4 (4)	7 (4)	6 (4)

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